

MG/M Lions Club are Amazing!

Our very wonderful Lions Club has donated a battery powered Ryobi push mower to replace our old petrol mower.

They have also given us a cash donation, in which we are going to purchase a battery powered whipper snipper.

Your generosity is so very appreciated.
Thank You So Very Much!!!!



CDS Is Here

Container Deposit Scheme.

We are now an **Over The Counter Refund Point** for the **Victoria's Container Deposit Scheme.**

We have a Maximum of **50** items per transaction; you can Earn or Donate your Refund.

We are Only doing **Electronic Payments!!! NO CASH**

Operating during your normal Open Hours.

See the last page for more information or call us 5435 2486.



Tax Help

Starts on the 20th of July. If you need assistance lodging your tax return drop in and see us Or see more information on page 3.

Pancake Breakfast

As usual, our free Pancake Breakfast on the first Monday each month of the school term continues. Drop in for a free feed and gossip with other locals between 8:30 and 9:30am. The breakfasts for next Term are: 3rd August 7th September



Free 'Fruit' Stand

"Take the First Step" to healthy eating and active living.

We are very fortunate to be participating in the Bendigo Community Health Services "Take the First Step" program.



We have a Free 'Fresh Fruit' Stand with a selection of fresh fruit, available for community members to drop in and grab what they need (during open hours).

—Janine.

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Bendigo Bus Review



Find the Palm Tree

Somewhere located in this newsletter is hidden a grey Palm Tree from our logo, are you able to find it?

July on page 7.

Opening Hours (we open only during school terms)

Term Start Finish

Term 1: 27 Jan 02 Apr

Term 2: 20 Apr 26 Jun

Term 3: 13 Jul 18 Sep

Term 4: 05 Oct 18 Dec

Marong Neighbourhood House

Mon: 9.00am to 3.30pm

Tue: 9.00am to 3.30pm

Wed: 9.00am to 5.00pm

Thu: 2.00pm to 6.00pm

Fri: Closed

TOFS Op-Shop

Mon: 9.30am to 12.30pm

Tue: 9.30am to 12.30pm

Wed: 9.30am to 12.30pm

Fri: 9.30am to 12.30pm

Sat: 10.00am to 12.00pm

Activity Program

M O N	1:00pm - 3:00pm	Craft Circle	Bring along your current craft project and supplies. Enjoy a cuppa and chat while crafting. \$4 per session.
	9:00am - 11:00am	Playgroup	Children can play or participate in a friendly safe environment, facilitated by Ro. Bring along your own snacks. \$4 per family per session or \$20 for 6 sessions.
T U E	9:30am - 10:30am	Walking Group	Meet at the Clubhouse at Malone Park. All ages and abilities welcome. Friendly, well-behaved dogs on leads also welcome. No cost.
	1:00pm - 3:00pm	Family History	Kath can help you research your family history. Computers for research are available if required. Cost \$4 per session.
W E D	10:00am - 11:00am	Over 60s Exercise Class	BOOKED OUT Mobility Exercise Class. Cost \$5 per person, limited places.
	1:30pm - 3:00pm	Art Class	Artist Rob shows you how to create your own piece of art. Materials and equipment supplied. \$4 per class.
	7:00pm - 8:00pm	Yoga	Decide if you want to take a break over winter TAKING A BREAK OVER WINTER
T H U	9:00am - 11:00am	Playgroup	Children can play or participate in a friendly safe environment, facilitated by Ro. Bring along your own snacks. \$4 per family per session or \$20 for 6 sessions.
	12:30pm - 6:00pm	Tech Support	We are available if you need assistance with your smart phone, tablet or laptop. We are also able to assist with completing online forms.
S A T	10:00 - 3:00pm	Sewing Workshop	Judith and Shirley teach sewing, ideal for beginners. Bring your own machine. Usually fortnightly. Please call for exact dates. Cost \$4 each per class.

Contact Details



39 High St
Marong
Victoria, 3515

Phone: 03) 5435 2486
Mobile : 0494 102 904
Email: marongnhh@gmail.com



[Marong Neighbourhood House Page](#)



[Marong Neighbourhood House Group](#)



[Marong Neighbourhood House Playgroup Group](#)



[Marong Neighbourhood House - Op-Shop Page](#)



Website: www.marongnh.com.au



Op-shop website: marongnhh9.wixsite.com/marongopshop

Services Offered

Photocopying & Printing

For a small charge per page, document photocopying, printing of digital photographs, or printing documents in most popular formats can be done:

	A4	A3
B&W	\$0.20	\$0.30
Colour	\$0.40	\$1.00

Laminating

Documents can be protected by having them laminated. The fee per sheet is:

- \$1.50 for A4-size
- \$2.50 for A3-size

Binding

A4-size documents up to 80 pages costs \$2.00. Plastic & Card cover sheets are 50 cents each.

Community Garden

Our community garden plots provide food share for the community.

Our worm farms, herb beds and fruit trees (apricots & plums, lemons & limes) are well established. If you'd like to grow your own produce, but don't have the room, plots are available for rent at \$10/year plus \$10 deposit for a garden key.

Computer Use

It is assumed that everyone has computer and internet access these days but that it not the case for everyone. We have computers with internet access available for use.

Please drop in during open hours for this service.

Free Wi-Fi

We offer password-protected Wi-Fi internet. When you drop in just ask for the password.

TOFS Op-Shop

Our Op-Shop (The Old Fire Shed Op-Shop or just TOFS), is located at 16 Cathcart Street, Marong.

All items are affordable and in excellent condition.

Details of opening hours are on page 1.



Free Library

We now have included childrens books.

It is free to borrow from the thousands of books.

Drop in and have a look during our open hours.

See the "Book of the Month" on page 5.

Have a look at the catalogues on our [website](#) or via QR code



Venue Hire

The Marong Neighbourhood House is available to hire at the following rates:

- Meetings: \$10.00
- Group Bookings: \$50.00
- Birthday Parties: \$50.00

There is a limit of 50 people inside the building. Please contact us for further information.

Recycling

We are a recycling drop-off point for the CoGB e-waste programme, soft plastics, blister packs, and Mobile Muster. More details on page 4.

IT & Online Assistance

Now days everything is online and we understand that not everyone knows how to navigate the internet. We provide assistance with safely accessing online services for everyday requirements e.g. MyGov, Centrelink, Super.

Tax Help

Need help lodging your tax return? If you earn \$70k a year or less and have simple tax affairs, the ATO's community-

based Tax Help program is for you! Appointments are available in person at Tax Help centres at Marong Neighbourhood House, from the 20th July with ATO-trained volunteers. To find more info and check if you're eligible, visit ATO website [HERE](#) OR drop in during open hours.



The newsletter can be emailed or posted to you at no charge. Please provide us with your details either by email, phone, or in person and we will add you to our distribution list. Your details will be kept confidence.

Spotlight

IT or Online Assistance

We can assist with troubleshooting and fixing common laptop and mobile device issues, for example: setup difficulties, installing & removing Apps, email setup, connectivity problems.

Now days everything is online and we understand that not everyone knows how to navigate the internet. We provide assistance with safely accessing online services for everyday requirements e.g. MyGov, Centrelink, Super.

We help people to utilise technology, stay connected and stay safe online.

The internet can be daunting for those unfamiliar with it, even more so for our senior community members. We encourage and work with our senior community members.

Difficulties our senior community members face when using technology:

- Poor vision
- Access challenges
- Fear of being scammed
- Cost-related concerns
- Access to a stable internet connection
- Lack confidence

**For Assistance Drop In
Thursday Afternoons**



Recycling Programs



CITY OF GREATER
BENDIGO

**CLOSE
THE
LOOP**

We are a drop-off point for soft plastic waste. Three bins for soft plastics are situated beside the pathway at the side of the House.

An arrangement has been struck between the City of Greater Bendigo and the Close the Loop company. The plastics we collect are taken to the Council collection point at Eaglehawk, and from there it is passed to Close the Loop for recycling into pallets, crates, trolleys, and road-base additive.

Nobody wants to pick the plastic out of the bin piece-by-piece, so **please** drop it off in see-through bags. Thank you.

If you drop your old mobile in to us, we will get it started on it's recycling journey in an official MobileMuster satchel. MobileMuster and their recycling partner companies then recover over 95% of the materials—glass, aluminium, precious & rare metals, plastic—even the paper and cardboard of the packaging are all saved from land-fill.



The Pharmacy that supports your Community!



Thanks to EUFS sponsorship, we take all brands of used, over-the-counter medication blister packs and Webster packs for recycling. Please ensure your blister packs are completely empty and dry before dropping them off. The programme accepts only the actual blister packs – do not include anything else. The blister packs are sent to Pharmacycle, then the metal foils are re-smelted and the plastics are melted down for reuse.

E-waste recycling

The City of Greater Bendigo has provided Marong Neighbourhood House with one of their small e-waste stations. Drop your e-waste items into us anytime—the e-waste station (bin) is under cover on the side verandah—and we will make sure they don't end up in landfill. We accept any small to medium sized mains or battery powered items, as well as:

Small taped-up batteries

Printer cartridges

Optical disk drives

Double adapters & power boards

USB memory/SD cards

Cables and leads

Computer keyboard & mouse

Chargers

Multi-adapter plugs



Book of the Month

Half Moon Lake

Author: Kirsten Alexander

Inspired by a real case, *Half Moon Lake* is a captivating historical novel set in America's Deep South about a lost boy - and the two mothers who both seek to claim him.

'They said he was their boy. And so he was . . .'

In 1913, on a summer's day at Half Moon Lake, Louisiana, four-year-old Sonny Davenport walks into the woods and never returns.

The boy's mysterious disappearance from the family's lake house makes front-page news in their home town of Opelousas. John Henry and Mary Davenport are wealthy and influential, and will do anything to find their son. For two years, the Davenports search across the South, offer increasingly large rewards and struggle not to give in to despair.

Genres: Mystery, Historical Fiction.



Recipe of the Month

Korma Marinated Lamb Shoulder with Spinach Lentils

This slow cooked Indian Lamb Shoulder Korma is full of rich flavour and fall-apart texture. Marinated in a creamy korma sauce and cooked with lentils, it's a crowd-pleaser that can be made all year round.

 Serves: 4

 Prep: 10m

 Marinate: 4hrs or overnight Cook: 4hrs

 Difficulty: Easy

Ingredients

- 1.6kg shoulder of lamb, with bone
- 1 India Korma simmer sauce
- 2 tablespoons vegetable oil
- 1 brown onion, diced
- 1 cup brown lentils, rinsed
- 2 cups chicken stock
- 120g bag baby spinach leaves
- 1 bunch coriander, sprigs removed
- Steamed basmati rice, to serve
- 1 cup thick Greek-style yoghurt

Method

Using a sharp knife, make 4 diagonal slashes on both sides of lamb. Place into a roasting pan. Pour the India Korma simmer sauce over one side of lamb and using your fingers rub into slashes and all over meat. Cover and refrigerate overnight to marinate.

Preheat oven to 160°C / 140°C fan forced.

Remove roasting pan from refrigerator and stand for 20 minutes for meat to come to room temperature. Drizzle half the oil over lamb and pour in ½ cup water. Roast for 3 hours (cover with foil if lamb is browning too much). Add onion, lentils and stock to lamb, cover with foil and roast for a further 1 hour or until lentils are cooked and lamb is pull-apart tender.

Transfer lamb to a serving platter and cover loosely to rest. Stir spinach into lentils until just wilted. Spoon lentil mixture around lamb. Sprinkle with coriander sprigs and serve with rice and yoghurt.



Activity Page

Sudoku

7	3			1			2	
		9	6			1		
	1			5	7			4
	5		2		1		9	
9		3		4		8		1
	6	1		7	9			2
4			1			5		

2026 Fifa World Cup Teams

B	O	Y	A	U	G	A	R	A	P	B	O	A	A
A	T	I	J	A	P	A	N	Y	I	N	J	O	E
D	R	D	P	I	R	A	N	A	O	A	U	A	R
A	D	S	E	R	I	R	J	Y	A	T	J	I	O
R	R	E	A	A	D	N	O	A	I	S	E	A	K
J	A	G	A	I	N	A	R	U	B	I	C	U	H
I	S	R	E	R	S	R	D	G	A	K	U	S	T
N	D	U	P	N	A	U	A	U	R	E	A	T	U
O	A	A	N	Q	T	D	N	R	A	B	D	R	O
U	Y	T	A	K	A	I	N	U	I	Z	O	A	S
B	R	A	Z	I	L	T	N	O	D	U	R	L	Y
O	Z	U	A	L	Z	U	A	A	U	I	Z	I	A
A	G	U	O	R	A	O	I	R	A	S	O	A	U
S	A	I	B	M	O	L	O	C	S	C	O	H	E

IRAN
ECUADOR
URUGUAY
JAPAN
QATAR
COLOMBIA
AUSTRALIA
SOUTHKOREA
SAUDIARABIA
ARGENTINA
UZBEKISTAN
BRAZIL
PARAGUAY
JORDAN

Riddles

1. What can you catch, but not throw?
2. What kind of band never plays music?
3. What is cut on a table, but is never eaten?
4. What has words, but never speaks?
5. What runs all around a backyard, yet never moves?
6. What can travel all around the world without leaving its corner?
7. What is full of holes but still holds water?
8. What can you break, even if you never pick it up or touch it?
9. What can't talk but will reply when spoken to?
10. The more of this there is, the less you see. What is it?

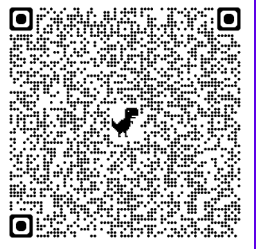


Brain Teaser

	EL C RIC	
DOft.OR		$\frac{5\text{kg}}{\text{weight}}$
Way 	Way go go	

Community Information

[Free Tickets Here](#)



AUGUST 05 2026

BENDIGO COMMUNITY DISABILITY EXPO

ALL SEASONS HOTEL
10AM - 1PM

THANK YOU TO OUR SPONSORS









Learn,
Train,
Skill up,
Your Next Step

TRAINING & SKILLS FAIR

CENTRAL VICTORIA

Wednesday 2 September 2026
10:00 am – 2:00 pm

FREE



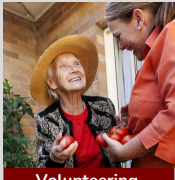
Health & Care



Construction & Trades



Courses & Study



Volunteering

10 am - 12 noon
Training & Skills Expo in the Town Hall

12:30 pm - 2 pm
Workshops & Panel Discussions

- Transitioning from school to work & training
- Return to study & training
- Pathways into vocational education & training

 Accessible early entry - Opens 9:45am · Sensory-friendly early access

Learn more
& register



📍 Castlemaine Town Hall, Lyttleton Street, Castlemaine
🌐 www.mountalexander.vic.gov.au/Business-and-Growth

Discovery Centre Guided Tour of Space



Visit Website QR code



or Link

HERE



Marong Neighbourhood House acknowledges that we work and live on the country of the Dja Dja Wurrung people. We acknowledge Aboriginal and Torres Strait Islander people as the Traditional Custodians of the land and waterways, and pay our respects to Elders past, present, and emerging. We celebrate the rich heritage and the continuing culture of the First Peoples of this nation.



Marong Neighbourhood House celebrates, values and includes people of all backgrounds, genders, sexualities, cultures, bodies and abilities.

Lockwood Ward By-election

There's a by-election coming up for Lockwood Ward in October 2026 following the passing of Councillor Donna Nicholas.

Lockwood Ward includes Lockwood, Maiden Gully, Marong, Myers Flat, Shelbourne, Wilsons Hill and parts of Long Gully and Ironbark.

- ~ Voting in this by-election is by post.
- ~ VEC will mail ballot packs to all enrolled voters from Monday September 14, 2026.
- ~ Make sure you return your ballot pack before 6 pm on Friday October 2, 2026.



Help shape the future of buses in Bendigo

We want to hear from you.

Your feedback will help us plan bus services that better meet your needs.

Consultation closes on
23 August 2026.



Scan the QR code or visit
engage.vic.gov.au/Bendigo-Bus
to find out more and have your say.



Department
of Transport
and Planning

This project is in its planning phase and
there is currently no funding for changes.

7	3	6	8	1	4	9	2	5
5	4	9	6	3	2	1	7	8
2	1	8	9	5	7	3	6	4
6	5	4	2	8	1	7	9	3
9	2	3	7	4	6	8	5	1
1	8	7	3	9	5	2	4	6
8	7	5	4	2	3	6	1	9
3	6	1	5	7	9	4	8	2
4	9	2	1	6	8	5	3	7

B	O	Y	A	U	G	A	R	A	P	B	O	A	A
A	T	I	J	A	P	A	N	Y	I	N	J	O	E
D	R	D	P	I	R	A	N	A	O	A	U	A	R
A	D	S	E	R	I	R	J	Y	A	T	J	I	O
R	R	E	A	A	D	N	O	A	I	S	E	A	K
J	A	G	A	I	N	A	R	U	B	I	C	U	H
I	S	R	E	R	S	R	D	G	A	K	U	S	T
N	D	U	P	N	A	U	A	U	R	E	A	T	U
O	A	A	N	O	T	D	N	R	A	B	D	R	O
U	Y	T	A	K	A	I	N	U	I	Z	O	A	S
B	R	A	Z	I	L	T	N	O	D	U	R	L	Y
O	Z	U	A	L	Z	U	A	A	U	I	Z	I	A
A	G	U	O	R	A	O	I	R	A	S	O	A	U
S	A	I	B	M	O	L	O	C	S	C	O	H	E

Riddle Answers

1. A cold
2. Rubber band
3. A deck of cards
4. A book
5. A fence
6. A stamp
7. A sponge
8. A promise
9. An echo
10. Darkness

Brain Teaser Answers

1. Look me in the eye
2. Electric blanket
3. Banknote
4. One foot in the door
5. Bookcase
6. Five kilograms overweight
7. Highway
8. Way to go
9. Toothpick
10. Underdogs
11. Heartbeat
12. Light rain

I need a six-month vacation twice a year. 😂

Electronic Payments Only

NO CASH

VICTORIA'S CONTAINER DEPOSIT SCHEME

MARONG NEIGHBOURHOOD HOUSE

Over The Counter Refund Point

Maximum of **50** Items for Walk in
OR

Bookings for Maximum of **200**

Call **03) 5435 2486**

Earn or Donate your Refund

Location: 39 High Street, Marong, Vic

Open Hours

Mon & Tue 09:00am - 03:30pm

Wed 09:00am - 05:00pm

Thu 02:00pm - 06:00pm

Fri, Sat, Sun Closed

NO CASH