

Spring Is In The Air

Winter is over, spring is in the air! Huzzah!!

Happy Father's Day to all our Dad's & Grandad's for the September 6th.

CDS Is Here

Container Deposit Scheme.

We are now an **Over The Counter Refund Point** for the **Victoria's Container Deposit Scheme**.

We have a Maximum of 100 Items for Walk in OR Bookings for Maximum of 200; you can Earn or Donate your Refund.

We are Only doing **Electronic Payments!!! NO CASH**

Operating during your normal Open Hours.

See the last page for more information or call us 5435 2486.



Tax Help

Started on the 20th of July. If you need assistance lodging your tax return drop in and see us Or see more information on page 3.

Pancake Breakfast

As usual, our free Pancake Breakfast on the first Monday each month of the school term continues. Drop in

for a free feed and gossip with other locals between 8:30 and 9:30am.

The breakfasts for next Term are:
7th September
5th October
2nd November
7th December



Free 'Fruit' Stand

"Take the First Step" to healthy eating and active living.

We are very fortunate to be participating in the Bendigo Community Health Services "Take the First Step" program.



We have a Free 'Fresh Fruit' Stand with a selection of fresh fruit, available for community members to drop in and grab what they need (during open hours).

Township Garage Sale

We are no longer organising this event due to the negative feedback received the last couple of years, as well as the increasing out of pocket expenses we have from running the day.

September School Holidays

We are closed during school holidays from 19th September to 5th October

—Janine.

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Find the Palm Tree

Somewhere located in this newsletter is hidden a grey Palm Tree from our logo, are you able to find it?

[August on page 5.](#)

Opening Hours (we open only during school terms)

Term Start Finish

Term 1: 27 Jan – 02 Apr

Term 2: 20 Apr – 26 Jun

Term 3: 13 Jul – 18 Sep

Term 4: 05 Oct – 18 Dec

Marong Neighbourhood House

Mon: 9.00am to 3.30pm

Tue: 9.00am to 3.30pm

Wed: 9.00am to 5.00pm

Thu: 2.00pm to 6.00pm

Fri: Closed

TOFS Op-Shop

Mon: 9.30am to 12.30pm

Tue: 9.30am to 12.30pm

Wed: 9.30am to 12.30pm

Fri: 9.30am to 12.30pm

Sat: 10.00am to 12.00pm

Activity Program

M O N	1:00pm - 3:00pm	Craft Circle	Bring along your current craft project and supplies. Enjoy a cuppa and chat while crafting. \$4 per session.
	9:00am - 11:00am	Playgroup	Children can play or participate in a friendly safe environment, facilitated by Ro. Bring along your own snacks. \$4 per family per session or \$20 for 6 sessions.
	9:30am - 10:30am	Walking Group	Meet at the Clubhouse at Malone Park. All ages and abilities welcome. Friendly, well-behaved dogs on leads also welcome. No cost.
T U E	1:00pm - 3:00pm	Family History	Kath can help you research your family history. Computers for research are available if required. Cost \$4 per session.
	10:00am - 11:00am	Over 60s Exercise Class	BOOKED OUT Mobility Exercise Class. Cost \$5 per person, limited places.
	1:30pm - 3:00pm	Art Class	Artist Rob shows you how to create your own piece of art. Materials and equipment supplied. \$4 per class.
W E D	7:00pm - 8:00pm	Yoga	Dec fitn TAKING A BREAK OVER WINTER
	9:00am - 11:00am	Playgroup	Children can play or participate in a friendly safe environment, facilitated by Ro. Bring along your own snacks. \$4 per family per session or \$20 for 6 sessions.
	12:30pm - 6:00pm	Tech Support	We are available if you need assistance with your smart phone, tablet or laptop. We are also able to assist with completing online forms.
S A T	10:00 - 3:00pm	Sewing Workshop	Judith and Shirley teach sewing, ideal for beginners. Bring your own machine. Usually fortnightly. Please call for exact dates. Cost \$4 each per class.

Contact Details



39 High St
Marong
Victoria, 3515

Phone: 03) 5435 2486
Mobile : 0494 102 904
Email: marongnhh@gmail.com



[Marong Neighbourhood House Page](#)



[Marong Neighbourhood House Group](#)



[Marong Neighbourhood House Playgroup Group](#)



[Marong Neighbourhood House - Op-Shop Page](#)



Website: www.marongnh.com.au



Op-shop website: marongnhh9.wixsite.com/marongopshop

Services Offered

Photocopying & Printing

For a small charge per page, document photocopying, printing of digital photographs, or printing documents in most popular formats can be done:

	A4	A3
B&W	\$0.20	\$0.30
Colour	\$0.40	\$1.00

Laminating

Documents can be protected by having them laminated. The fee per sheet is:

- \$1.50 for A4-size
- \$2.50 for A3-size

Binding

A4-size documents up to 80 pages costs \$2.00. Plastic & Card cover sheets are 50 cents each.

Community Garden

Our community garden plots provide food share for the community.

Our worm farms, herb beds and fruit trees (apricots & plums, lemons & limes) are well established. If you'd like to grow your own produce, but don't have the room, plots are available for rent at \$10/year plus \$10 deposit for a garden key.

Computer Use

It is assumed that everyone has computer and internet access these days but that it not the case for everyone. We have computers with internet access available for use.

Please drop in during open hours for this service.

Free Wi-Fi

We offer password-protected Wi-Fi internet. When you drop in just ask for the password.

TOFS Op-Shop

Our Op-Shop (The Old Fire Shed Op-Shop or just TOFS), is located at 16 Cathcart Street, Marong.

All items are affordable and in excellent condition.

Details of opening hours are on page 1.



Free Library

We now have included childrens books.

It is free to borrow from the thousands of books.

Drop in and have a look during our open hours.

See the "Book of the Month" on page 5.

Have a look at the catalogues on our [website](#) or via QR code



Venue Hire

The Marong Neighbourhood House is available to hire at the following rates:

- Meetings: \$10.00
- Group Bookings: \$50.00
- Birthday Parties: \$50.00

There is a limit of 50 people inside the building. Please contact us for further information.

Recycling

We are a recycling drop-off point for the CoGB e-waste programme, soft plastics, blister packs, and Mobile Muster. More details on page 4.

IT & Online Assistance

Now days everything is online and we understand that not everyone knows how to navigate the internet. We provide assistance with safely accessing online services for everyday requirements e.g. MyGov, Centrelink, Super.

Tax Help

Need help lodging your tax return? If you earn \$70k a year or less and have simple tax affairs, the ATO's community-

based Tax Help program is for you! Appointments are available in person at Tax Help centres at Marong Neighbourhood House, from the 20th July with ATO-trained volunteers. To find more info and check if you're eligible, visit ATO website [HERE](#) OR drop in during open hours.



The newsletter can be emailed or posted to you at no charge. Please provide us with your details either by email, phone, or in person and we will add you to our distribution list. Your details will be kept confidence.

Spotlight



The community garden is located at 16 Cathcart St, Marong.

Volunteer and Member Access 7 days a week.
Garden Volunteers Mondays and Wednesdays 7am - 9:30am

The community garden provides a means to promote the growing of food and healthy eating, to provide education and training, to inspire and enable people to successfully grow their own.

Our garden beds are designed to suit everyone in the community. We have 'no bend' beds, beds accessible for wheelchairs and prams, and child friendly beds.



Our garden beds are currently planted out with seasonal vegetables, salads and herbs.

Our small orchard of fruit trees are winter dormant and will be pruned in the coming weeks.

The communal garden beds are cared for by the Community Garden volunteers, MNH co-ordinator, staff and committee of management, and members. Peter is our lead community garden volunteer.

Garden Bed Hire
Garden Beds: \$10.00 per year
Garden Key: \$10.00 deposit

Garden Waste

Organic waste will be managed onsite through composting. Inorganic waste will be removed from the site as either recycling or rubbish.

Worms

We have two worm farms for food scraps. Our worms are thriving so if you know of anyone who needs worms for fishing and if you are starting your own worm farm drop in and see us to get some.



Recycling Programs



CITY OF GREATER
BENDIGO

**CLOSE
THE
LOOP**

We are a drop-off point for soft plastic waste. Three bins for soft plastics are situated beside the pathway at the side of the House.

An arrangement has been struck between the City of Greater Bendigo and the Close the Loop company. The plastics we collect are taken to the Council collection point at Eaglehawk, and from there it is passed to Close the Loop for recycling into pallets, crates, trolleys, and road-base additive.

Nobody wants to pick the plastic out of the bin piece-by-piece, so **please** drop it off in see-through bags. Thank you.

If you drop your old mobile in to us, we will get it started on it's recycling journey in an official MobileMuster satchel. MobileMuster and their recycling partner companies then recover over 95% of the materials—glass, aluminium, precious & rare metals, plastic—even the paper and cardboard of the packaging are all saved from land-fill.



EUFS
Pharmacies Est.1916

The Pharmacy that supports your Community!



pharmacycle™



Thanks to EUFS sponsorship, we take all brands of used, over-the-counter medication blister packs and Webster packs for recycling. Please ensure your blister packs are completely empty and dry before dropping them off. The programme accepts only the actual blister packs – do not include anything else. The blister packs are sent to Pharmacycle, then the metal foils are re-smelted and the plastics are melted down for reuse.

E-waste recycling

The City of Greater Bendigo has provided Marong Neighbourhood House with one of their small e-waste stations. Drop your e-waste items into us anytime—the e-waste station (bin) is under cover on the side verandah—and we will make sure they don't end up in landfill. We accept any small to medium sized mains or battery powered items, as well as:

Small taped-up batteries

Printer cartridges

Optical disk drives

Double adapters & power boards

USB memory/SD cards

Cables and leads

Computer keyboard & mouse

Chargers

Multi-adapter plugs



Book of the Month

Outback Calling

Author: Lindsay Armstrong

3 Book Collection:

The Australian's Convenient Bride

Rough, handsome cattle-station owner Steve Kinane needs a temporary housekeeper — and Chattie Winslow is perfect for the job.

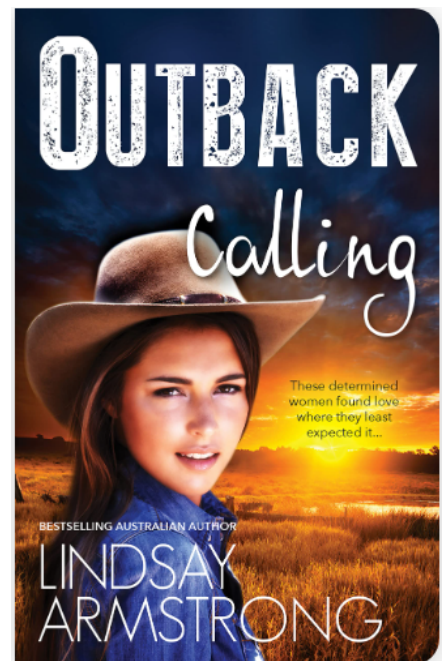
The Cattle Baron's Virgin Wife

Sienna Torrance is used to helping people get back on their feet. But she's finding rugged billionaire Finn McLeod an impossible patient!

The Unconventional Bride

Melissa Ethridge agreed to a marriage of convenience with Etienne Hurst to keep her family property from being sold. But what about giving up her freedom?

Genres: Rural romance, Contemporary romance

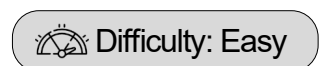
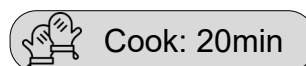
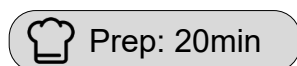
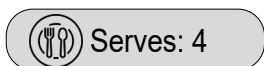


Recipe of the Month

One-Pan Meatball Parmigiana

This one-pan recipe is perfect for a family Father's Day dinner.

Make a double batch of meatballs to for an even quicker weeknight meal!



Ingredients

Italian Meatballs

500g pork and veal mince
½ cup (60g) grated Parmesan
2 garlic cloves, crushed
1 egg, lightly beaten
¼ cup dried breadcrumbs
Salt and pepper, to taste
1 tbsp olive oil

Parmigiana

1 tbsp olive oil
1 garlic clove, crushed
400g can diced tomatoes
400g can tomato puree
1 ⅔ cups (150g) Perfect Bakes 3 cheeses

Serve with: Garlic bread, Cos lettuce, cut into wedges and salad dressing.

Method

Italian Meatballs

Preheat the oven grill to high
Place mince, parmesan, garlic, egg and breadcrumbs in a bowl. Season with salt and pepper and mix well to combine. Roll level tablespoons of mixture into balls

Parmigiana

Heat the oil in an ovenproof skillet or frying pan over medium-high heat. Cook meatballs, turning occasionally, for 5 minutes or until browned. Remove from the pan and set aside
Heat remaining oil in skillet over low heat. Add the garlic and cook for 30 seconds. Add diced tomatoes and tomato puree. Stir to combine and bring to a simmer.
Return meatballs to pan. Scatter with Perfect Bakes cheese and bake under grill for 5-6 minutes or until cheese has melted and is golden. Serve the meatball parmigiana with cooked garlic bread and the cos salad with dressing.



Activity Page

Sudoku

	6		8				3	
9		2		5		4		8
	8		2			1	7	
		7		3	4			2
6	2				5		4	
		3	9			6		
3				2			9	1
	1		4	7		3		
8		6			1		2	4

Local Football Finals Teams

N	S	H	B	R	I	D	G	E	W	A	T	E	R
S	N	R	N	N	T	H	B	E	N	D	I	G	O
A	E	T	O	C	H	T	A	E	H	R	D	E	M
N	E	N	I	A	M	E	L	T	S	A	C	C	A
D	L	C	O	L	B	I	N	A	B	B	I	N	I
H	L	T	G	I	S	B	O	R	N	E	B	E	D
U	I	L	I	H	U	N	T	L	Y	E	N	D	E
R	V	L	L	I	H	D	I	M	A	R	Y	P	N
S	H	N	G	R	H	W	Y	M	I	T	S	A	G
T	C	T	L	E	B	O	W	A	A	G	O	L	U
M	T	P	L	E	A	S	A	N	T	R	L	O	L
D	I	S	N	O	T	G	N	I	K	C	O	L	L
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C	L	L	B	E	A	G	L	E	H	A	W	K	G

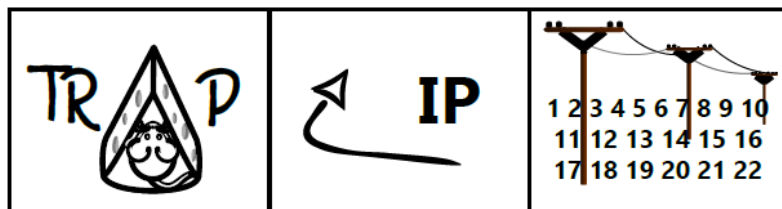
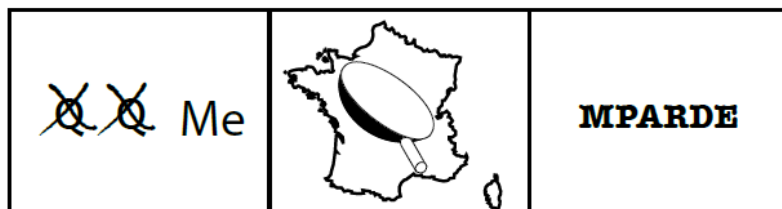
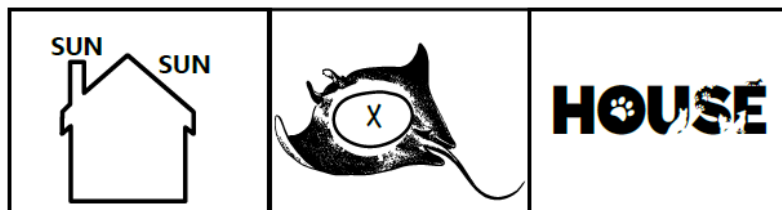
LEITCHVILLE
MARONG
CASTLEMAINE
NTHBENDIGO
MAIDENGULLY
SANDHURST
BRIDGEWATER
EAGLEHAWK
COLBINABBIN
HEATHCOTE
PYRAMIDHILL
MTPLEASANT
HUNTLY
STHBENDIGO
GISBORNE
LOCKINGTON

Riddles

1. What gets bigger when more is taken away?
2. What can you keep after giving to someone?
3. What invention lets you look right through a wall?
4. What has many needles, but doesn't sew?
5. What has hands, but can't clap?
6. What has a thumb and four fingers, but is not a hand?
7. What has a head and a tail but no body?
8. Where does one wall meet the other wall?
9. What building has the most stories?
10. What kind of coat is best put on wet?
11. What is the end of everything?



Brain Teaser



Did You Know

- Australia has 3.3 times more sheep than people.
- Australia has over 750 different reptile species, more than any other country in the world.
- The name 'Australia' comes from the Latin word 'australis', meaning southern.

Community Information

Lockwood Ward By-election

Lockwood Ward includes Lockwood, Maiden Gully, Marong, Myers Flat, Shelbourne, Wilsons Hill and parts of Long Gully and Ironbark.

- Voting in this by-election is by post.
- VEC will mail ballot packs to all enrolled voters from Monday September 14, 2026.
- Make sure you return your ballot pack before 6 pm on Friday October 2, 2026.

Candidates are:

Emily Edgar, MaryAnn Martinek, Robert Holian, David Thorpe, Grant Lockwood, Ajay Mishra



Candidates Public Meeting
Monday 7th September
Marong Primary School
7pm

Bloomin Bendigo



Bendigo Annual Tulip Display
View Street, Pall Mall,
Conservatory Gardens
12th – 26th September



Bloom After Dark
View Street, Pall Mall,
Conservatory Gardens
18th September – 3rd October
Nightly 5:30pm – 9:30pm



Marong Neighbourhood House acknowledges that we work and live on the country of the Dja Dja Wurrung people. We acknowledge Aboriginal and Torres Strait Islander people as the Traditional Custodians of the land and waterways, and pay our respects to Elders past, present, and emerging. We celebrate the rich heritage and the continuing culture of the First Peoples of this nation.



Marong Neighbourhood House celebrates, values and includes people of all backgrounds, genders, sexualities, cultures, bodies and abilities.

Walking and cycling improvements

What's happening?



The City is exploring street improvements to help make walking and cycling safer, more comfortable and convenient across Urban Bendigo, Marong, Elmore and Heathcote.

We're inviting the community to tell us where these improvements could make the greatest difference. Your local knowledge will help us identify streets, routes and destinations that should be considered as priorities. You can add pins to the map and tell us about your experience.

Possible street changes may include:

- ~ One way vehicle access
- ~ Full or partial road closures, while keeping access for people walking and cycling
- ~ Timed vehicle access changes
- ~ Pocket parks, planters, bollards acting as physical barriers
- ~ Safer crossings
- ~ Measures to slow traffic
- ~ Temporary trial treatments



Why are we asking?

To gathered community feedback about walking and cycling in 2018, 2024 and 2025. This first stage of community engagement checks whether past feedback is still current. It also gives you a chance to tell us more targeted locations which could be considered for street changes to improve walking and cycling conditions.

For each location, tell us:

- ~ What currently makes walking or cycling difficult or uncomfortable here?
- ~ Are drivers using this street as a cut through to avoid other roads or intersections?
- ~ What destinations could be reached if safer walking and cycling was enabled on this street e.g. schools or local shops.

Drop a pin on a place you want to tell us about.

Add a short note to explain what happens there.

You can add more than one pin. Add as many as you would like.

In the next stage of the project, the City will share a list of priority locations. The community will be able to comment on whether the locations are suitable and whether the proposed changes could improve safety and comfort.

Some options may be tested through temporary trials before any longer-term decision is made. A trial would allow the City to check how the change works in practice. This may include checking traffic speeds, traffic volumes, local access, walking and riding conditions, and effects on nearby streets.

Community Feedback closes on Monday September 21.

Link here: <https://letstalkgreaterbendigo.com.au/walking-and-cycling-improvements#marong>

7	6	1	8	4	9	2	3	5
9	3	2	1	5	7	4	6	8
4	8	5	2	6	3	1	7	9
1	9	7	6	3	4	5	8	2
6	2	8	7	1	5	9	4	3
5	4	3	9	8	2	6	1	7
3	7	4	5	2	6	8	9	1
2	1	9	4	7	8	3	5	6
8	5	6	3	9	1	7	2	4

N	S	H	B	R	I	D	G	E	W	A	T	E	R
S	N	R	N	N	T	H	B	E	N	D	I	G	O
A	E	T	O	C	H	T	A	E	H	R	D	E	M
N	E	N	I	A	M	E	L	T	S	A	C	C	A
D	L	C	O	L	B	I	N	A	B	B	I	N	I
H	L	T	G	I	S	B	O	R	N	E	B	E	D
U	I	L	I	H	U	N	T	L	Y	E	N	D	E
R	V	L	L	I	H	D	I	M	A	R	Y	P	N
S	H	N	G	R	H	W	Y	M	I	T	S	A	G
T	C	T	L	E	B	O	W	A	A	G	O	L	U
M	T	P	L	E	A	S	A	N	T	R	L	O	L
D	I	S	N	O	T	G	N	I	K	C	O	L	L
N	E	S	T	H	B	E	N	D	I	G	O	N	Y
C	L	L	B	E	A	G	L	E	H	A	W	K	G

Riddle Answers

1. A hole
2. A promise
3. A window
4. Christmas tree
5. A clock
6. A glove
7. A coin
8. On the corner
9. The library
10. A coat of paint
11. Letter g

Brain Teaser Answers

1. Sunroof
2. X-ray
3. Doghouse
4. Excuse me
5. French fry/French fries
6. Pardon me
7. Mousetrap
8. Turnip
9. Phone numbers
10. Uproar
11. Thunderstorm
12. Weekend

Electronic Payments Only

NO CASH

VICTORIA'S CONTAINER DEPOSIT SCHEME

MARONG NEIGHBOURHOOD HOUSE

Over The Counter Refund Point

Maximum of **100** Items for Walk in
OR

Bookings for Maximum of **200**

Call **03) 5435 2486**

Earn or Donate your Refund

Location: **39 High Street, Marong, Vic**

Open Hours

Mon & Tue 09:00am - 03:30pm

Wed 09:00am - 05:00pm

Thu 02:00pm - 06:00pm

Fri, Sat, Sun Closed

NO CASH