

# TEAM-BUILDING

**THE IMPROV ACADEMY** is Prague's busiest improvisational comedy group, with weekly shows and four different levels of courses for all experience levels. We also develop and run specifically tailored workshops and performances featuring professionally trained instructors. Jeff Koch, the company founder, has had satisfied clients such as eBay/ZETA, Coca-Cola, Pfizer, The Ministry of Foreign Affairs, The American Cultural Embassy, GSA, and more.

Our talented and experienced instructor(s) will come to your place of business or venue of your choice and lead your team through hours of transformative fun, teaching valuable skills of **group-dynamism, positivity, confidence in public-speaking** and effortless **creativity** through storytelling. You'll learn fun and useful warm-ups, games, scenarios and life skills.

## Warm-Ups

- We will play through a selection of games to energize ourselves physically and mentally.
- The warm-ups promote skills valuable in improv and the professional world.

## Stage Presence, Status, and Voice

- Through characterization and physicality, participants will learn to make physical and vocal decisions to emphasize their status within the room.
- Participants will become more aware of reading the body language of others and themselves.
- Participants will better understand how to powerfully command a stage with their positioning, posture, and vocal choices.

## Storytelling

- Through our innate ability to tell stories, participants will learn to keep audiences engaged in all kinds of circumstances.
- Participants will play games attempting to tell stories in groups, pairs, and individually, with an ever-changing set of rules and circumstances.
- This promotes confidence, teamwork, and public speaking skills.

## Improv Scenes

- Finally, all the skills practiced will be employed in creating completely brand-new and made up on-the-spot improvised scenes.
- Participants will be guided through each scene as needed.
- While continuing to promote confidence, teamwork, stage presence, and public speaking skills, improvised scene work also allows participants to put their trust in those around them. In improv, we always have each other's back.

No materials required. Just bring yourself and an open mind.

*PRICING IS VARIABLE DEPENDING ON YOUR BUDGET AND NEEDS*