

# LET'S PLANT

Sligo Church Garden Club

Planning the Plot &  
Starting the Seeds

Sunday, March 8, 2026,  
12:00 PM

## DESIGNING YOUR GARDEN PLOT

Kenneth Flemmer

- Choosing high-yielding vegetables
- Easiest veggies for beginners
- Shade-tolerant vegetables and herbs
- Using the UMD Extension Vegetable Planting Calendar

## ABOUT OUR PRESENTERS

### Eton Codling

Retired USDA agronomist based in Beltsville. With 57 published works, Dr. Codling specialized in soil science and nutrient management.

### Kenneth Flemmer

Executive Director, Adventist Community Services of Greater Washington.

Avid gardener with a passion for helping communities grow—both plants and people.

## STARTING YOUR VEGETABLE SEEDS

Eton Codling

- Proper seed spacing
- Seed trays vs. cups
- Best planting depth
- Ideal soil for young plants
- Composting basics

**All are welcome!**

**Beginners to seasoned growers.**

- Go to [sligochurch.org](https://sligochurch.org) calendar for Zoom information.

**Questions?**

- [gardeningclub@sligochurch.org](mailto:gardeningclub@sligochurch.org)

