



Beyond the Books: A holistic path to progress

## Statement of Purpose: Specialist Therapeutic & Educational Support for Adults

**Service Provider:** A Different Approach Tutoring and Therapy Services Ltd (ADA Ltd)

**Lead Practitioner:** Jennie Jepps, BSc(Hons) | PGCE | PGCert SEND

### Target Groups:

- Adults (18–65+) with SEND, Neurodivergence, and Complex SEMH needs.
- Elderly Residents within Residential, Nursing, or Memory Care settings, including those living with **Dementia**.

### 1. Our Mission & Objectives

The core objective of **ADA Ltd** is to enhance the quality of life, emotional wellbeing, and functional independence of adults across the lifespan. We provide a person-centred bridge between care and cognitive engagement, ensuring that residents have access to high-quality therapeutic interventions that promote dignity, autonomy, and self-worth.

### 2. Therapeutic Framework & Scope of Service

We deliver evidence-based interventions designed to meet the **CQC "Effective" and "Responsive"** criteria:

- **The Brick-by-Brick® programme [LEGO® brick based therapy]:** Used to facilitate social communication, fine motor skills, and collaborative problem-solving. This serves as a vital tool for **cognitive stimulation and memory rehabilitation** for adults with **Dementia**.
- **Drawing and Talking:** A non-intrusive therapeutic technique used to support residents in processing past trauma, current emotional distress, or the **anxieties associated with aging and loss**.
- **The STILL Method:** Targeted anxiety coaching providing residents with a "biological toolkit" to manage emotional dysregulation, sensory overwhelm, and the anxieties associated with **transitions into care**.
- **Functional Life Skills & Literacy:** Bespoke 1-to-1 tutoring for adults looking to maintain or improve their functional skills for daily living or vocational pathways.

### 3. Alignment with CQC Fundamental Standards & Legislation

- **Person-Centred Care:** Interventions are mapped against the individual's Care Plan. We conduct suitability assessments to ensure therapy matches the resident's current cognitive and physical state.
- **Mental Capacity Act (2005):** We operate in strict accordance with the **Mental Capacity Act 2005**, empowering residents to make their own decisions regarding their therapeutic journey.
- **Safety & Safeguarding:** We operate under a robust Safeguarding Policy compliant with the **Care Act 2014**. The Lead Practitioner holds an **Enhanced DBS (Adult and Child Barred Lists)** on the Update Service.



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#### 4. Professional Accountability & Reporting

Care Managers receive high-level administrative support to assist with their CQC compliance requirements:

- **Impact Reporting:** Monthly summaries detailing engagement levels, emotional progress, and wellbeing.
- **Multi-Disciplinary Collaboration:** We are available to contribute to **Best Interests Meetings, Care Plan Reviews**, and liaison with family members or advocates. *Note: Attendance at formal multi-agency meetings is classed as Professional Consultancy and is subject to a separate hourly professional fee.*
- **Corporate Compliance:** We maintain Public Liability, Professional Indemnity, and Cyber Insurance.

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**Lead Director:** Jennie Jepps , BSc(Hons) | PGCE| PGCert SEND