

Aware. Empowered. Safe.

Krav Maga Self-Defense Workshop for the Cincinnati Jewish Community

This course is designed to help our community feel safer, more aware, and more confident through practical, proven self-defense training.

You'll learn how to:

- Recognize and avoid potential threats
- Protect yourself using simple, effective techniques
- Strengthen confidence and personal safety mindset
- Skills taught by experienced Krav Maga instructors.

Real skills. Real confidence.

No Charge. Open to the community.

Open to Seniors, Adults, College Students, Teenagers and Kids accompanied by an adult.

RSVP at <https://jlive.app/events/14394> for location details.



**Sunday, February 22
2:30pm to 5:00pm**

Krav Maga is an Israeli self-defense system. Developed for the Israel Defense Forces (IDF), it is known for its focus on real-world situations.

The program will start with a special presentation honoring local IDF soldiers.



Brought to you by The Cincinnati Coalition for Israel



If you were confronted on the street – are you prepared?