



-----Assist! to Independence-----

Assist! To Independence is providing the following services during COVID-19 Pandemic to Low Income Elders and People with Disabilities of the Dine/Hopi/San Juan Southern Paiute Tribes in and around Tuba City areas. Please call **928 660 8018** to request services or to ask questions. Thank you.

Services to be provided:

Water hauling (water for washing and or drinking), please indicate.

Propane –transportation to refill propane/ driver can pick up propane bottle and take to store for refill for heating or cooking (at customer's expense)

Food and Sanitizing Essentials for families in Quarantine or for Elders who have no transportation. (pick up/drop off Food box from Food bank i.e., St. Jude's)

These items will be dropped off at your home via No Contact Method. Please **DO NOT** come out of your home when deliveries are being made.

Thank you and please call **918 660 8018** to set up services or to ask questions. Thank you.