



# Peak Development Resources

## 2021 Topic List

Phone: (804) 233-3707  
Fax: (804) 233-3705  
Email: editor@peakdev.com

### Peak Development for... Medication Administration

Jan: Psychotherapeutic Agents: Lumateperone (Caplyta)  
Feb: Overview: New Drugs of 2020  
Mar: Adverse Drug Effects: Fluoroquinolones  
Apr: COVID-19 Update: Remdesivir  
May: Basic Pharmacology: Pharmacokinetics in Older Adults  
Jun: Migraine Treatment: Gepants  
Jul: Promoting Medication Adherence  
Aug: Immunizing Agents: Shingles Vaccine  
Sep: Cholesterol-Lowering Agents: PCSK9 Inhibitors  
Oct: Pain Management: Gabapentin  
Nov: Anticoagulant Agents: Prophylactic Heparin  
Dec: Bronchodilators: Long-Acting Beta Agonists

### Peak Development for... Nursing Assistants

Jan: End of Life Care: Psychosocial Needs  
Feb: Effective Communication: Which Styles Do You Use?  
Mar: Therapeutic Diets: Helping to Heal  
Apr: Infection Control: COVID-19—Overview and Update  
May: Care of the Patient with Restless Leg Syndrome  
Jun: Human Trafficking: Prevention and Detection  
Jul: Understanding Changes in Level of Consciousness  
Aug: Infection Control: Tuberculosis  
Sep: Safety: Fall Prevention—Not Just for Patients  
Oct: Caring for the Unconscious Patient  
Nov: Urinary Catheter Care: Keeping Your Patients Safe  
Dec: Providing Trauma-Informed Care

### Peak Development for... Health Unit Coordinators

Jan: End of Life Care: Patterns of Decline  
Feb: Wound Healing: How It Happens  
Mar: Disease Overview: Liver Failure  
Apr: Infection Control: COVID-19—Overview and Update  
May: Disease Overview: Inflammatory Bowel Disease  
Jun: The Patient with Traumatic Brain Injury  
Jul: Safety: Suicide Risks and Prevention  
Aug: Adaptability in the Workplace  
Sep: Disease Overview: Peripheral Arterial Disease  
Oct: Infection Control: Hand Hygiene and Glove Use  
Nov: Mechanical Lifts: Safety Overview  
Dec: The Patient Having Hip Surgery

### Peak Development for... Home Health Aides

Jan: Caring for the Client with Peripheral Neuropathy  
Feb: Effective Decision-Making Skills  
Mar: Legal Issues: Informed Consent  
Apr: Infection Control: COVID-19—Overview and Update  
May: Caring for the Client with Lupus  
Jun: Infection Control: Healthcare-Associated Infections  
Jul: Social Isolation: Health Effects on Older Adults  
Aug: Fever: Causes and Care  
Sep: Effective Communication: Is Yours Authentic?  
Oct: Skin Tears in Older Adults: Prevention and Management  
Nov: Safety: IV Therapy—Client Needs and Care  
Dec: End of Life Care: Bereavement

### Peak Development for... LTC Nursing Assistants

Jan: Effective Communication: Which Styles Do You Use?  
Feb: Therapeutic Diets: Helping to Heal  
Mar: Care of the Resident with Restless Leg Syndrome  
Apr: Infection Control: COVID-19—Overview and Update  
May: Human Trafficking: Prevention and Detection  
Jun: Understanding Changes in Level of Consciousness  
Jul: Infection Control: Tuberculosis  
Aug: Safety: Fall Prevention—Not Just for Residents  
Sep: Caring for the Unconscious Resident  
Oct: Urinary Catheter Care: Keeping Your Residents Safe  
Nov: Providing Trauma-Informed Care  
Dec: Hospice: Myths and Reality