



Peak Development Resources

2023 Topic List

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Peak Development for... Medication Administration

Jan: Antiviral Agents: Paxlovid
Feb: Overview: New Drugs of 2022
Mar: Anti-Inflammatory Agents: Meloxicam
Apr: Anti-Diabetic Agents: Tirzepatide (Mounjaro)
May: Adverse Drug Effects: Malignant Hyperthermia
Jun: Cholesterol-Lowering Agents: Statins
Jul: Antihypertensive Agents: ACE Inhibitors
Aug: Bronchodilators: Short-Acting Beta Agonists
Sep: Basic Pharmacology: Effects of Renal Impairment
Oct: Psychotherapeutic Agents: Lybalvi
Nov: Anticoagulant Agents: Warfarin
Dec: High-Alert Medications: Insulin Safety

Peak Development for... Nursing Assistants

Jan: End of Life Care: Patterns of Decline
Feb: Communication: Respect in the Workplace– Give It, Get It
Mar: Caring for the Patient with COPD
Apr: The Impact of Culture: Awareness and Appreciation
May: Caring for the Patient with Long Covid Syndrome
Jun: Promoting Effective Bowel Elimination
Jul: LGBTQ+ Patient: Providing Inclusive and Sensitive Care
Aug: Caring for the Patient with Wound Drainage
Sep: Promoting and Preserving Patient Dignity
Oct: The Patient with Oral Thrush: Prevention and Detection
Nov: Skin Tears in Older Adults: Prevention and Management
Dec: Pain Management: Helping Your Patients

Peak Development for... Health Unit Coordinators

Jan: Disease Overview: Peripheral Neuropathy
Feb: Communication: Managing Conflict Effectively
Mar: Understanding Trauma-Informed Care
Apr: Infection Control: Tuberculosis
May: The Patient with Spinal Cord Injury
Jun: Understanding Pressure Injuries
Jul: Protect Yourself: Lifting and Moving
Aug: The Patient with Edema
Sep: Infection Control: Use of Personal Protective Equipment
Oct: Polish Your Time Management Skills
Nov: End of Life Care: When Coping Doesn't Help
Dec: Disease Overview: Guillain-Barré Syndrome

Peak Development for... Home Health Aides

Jan: Burnout: Don't Go Down in Flames
Feb: Understanding Changes in Level of Consciousness
Mar: Infection Control: Monkeypox
Apr: Effective Communication: Social Intelligence
May: Care of the Client with Restless Leg Syndrome
Jun: Caring for the Client with Shingles
Jul: Meeting Mobility Needs of the Elderly
Aug: Caring for the Unconscious Client
Sep: Critical Thinking Skills: Working Smarter
Oct: Providing Trauma-Informed Care
Nov: Skin Cancer: Be on the Lookout
Dec: Safety: Fall Prevention—Not Just for Clients

Peak Development for... LTC Nursing Assistants

Jan: Communication: Respect in the Workplace– Give It, Get It
Feb: Caring for the Resident with COPD
Mar: The Impact of Culture: Awareness and Appreciation
Apr: Caring for the Resident with Long COVID Syndrome
May: Promoting Effective Bowel Elimination
Jun: LGBTQ+ Resident: Providing Inclusive and Sensitive Care
Jul: Caring for the Resident with Wound Drainage
Aug: Promoting and Preserving Resident Dignity
Sep: The Resident with Oral Thrush: Prevention and Detection
Oct: Skin Tears in Older Adults: Prevention and Management
Nov: Pain Management: Helping Your Residents
Dec: End of Life Care: Bereavement