



Impact Report

A MESSAGE FROM OUR FOUNDER

LetsTalkPPCM was founded so that no mother facing Peripartum Cardiomyopathy (PPCM) would feel alone or unheard. What began as a survivor-led effort to share experiences and education has grown into a global awareness platform connecting families, clinicians, researchers, and advocates.

A YEAR WITH UNIQUE CHALLENGES

This year, our community continued to transform pain into purpose. Survivors bravely shared their stories, healthcare professionals engaged in education, and supporters helped expand programs that bring hope and resources to mothers navigating PPCM.

Together, we are helping save lives through awareness, education, and community support.

IMPACT SNAPSHOT

700+

Survivor stories shared to help mothers feel seen and supported

100k

New media viewers and audience members reached

2 Million

People educated about PPCM through content, collaborations, and campaigns



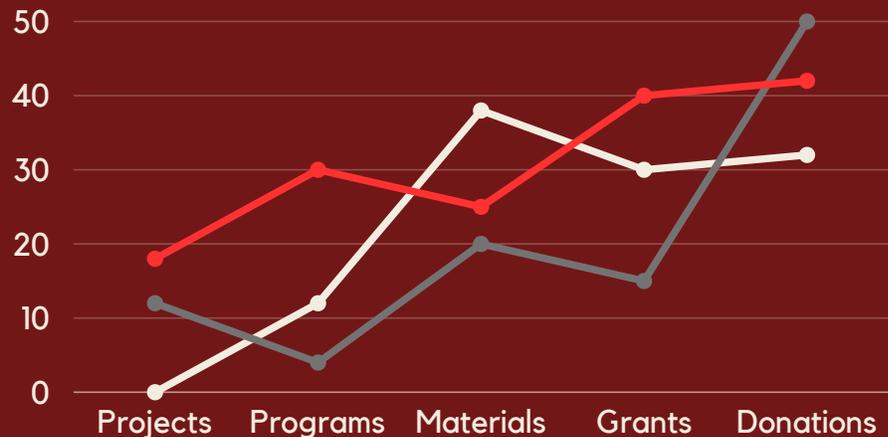


FUNDS RAISED

\$14,000.00

Cultural awareness of PPCM also grew with increased discussion in media and television storytelling.

These educational efforts help ensure earlier recognition of PPCM symptoms and improved maternal cardiac care.



PROJECTS

DETAILS

OUTCOME

Hope & Healing Fund
| PPCM Heart Moms

A direct support initiative providing encouragement, care packages, and assistance to mothers navigating PPCM recovery.

- 25 Heart Sisters supported
- \$2,500 invested in survivor assistance

Research & Advocacy -
Birthday Fundraisers
and Events

Supporting and amplifying PPCM research initiatives while connecting the community to medical advancements.

- 5 research initiatives connected to the community
- \$1,000 donated toward BNP blood testing research

Ongoing Medical
Education & Awareness

Educational webinars, workshops, and conference participation designed to increase awareness of PPCM among healthcare providers and birth professionals.

- 15,000+ medical staff and birth workers educated
- \$10,500 secured through grants to fund free education initiatives

We couldn't have
done it without your
generous *support.*

Thank you
to all our donors
and volunteers.

Because of this community:

- More mothers are being heard.
- More clinicians are learning about PPCM.
- More families are finding support.

✉ Info@letstalkppcm.org

🌐 <https://letstalkppcm.org>

