

A Concerned Momma (Lets Talk PPCM)

Name:

Date:

Dear Doctor/Birth Worker,

First, a big thank you!

I have been made aware of Peripartum Cardiomyopathy(PPCM) as an unrecognized and misdiagnosed form of heart failure that affects 1 in 1300 women annually, and know the number continues to increase each year.

The CDC has named “missed or delayed diagnosis” as a key factor behind maternal deaths, and cardiologists and OB-GYNs admit that PPCM is often misdiagnosed or ignored.

I have requested you order me an NT-proBNP blood test to rule out PPCM, and upon my request, I was rejected out of the option.

I am asking that you notate this refusal in my **medical chart** with a copy provided to me, the reason for the refusal.

Sincerely,

