

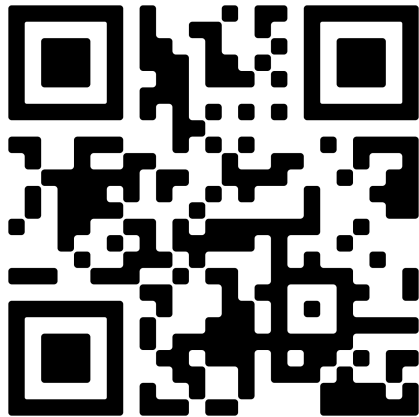
Elite Camp Featuring 2022 Olympian Kristen Santos

Saturday/Sunday June 25-26 784 River Rd, Shelton CT

6 hours of ice + 2 dryland sessions, with focus on passing, relays and race strategy. A Group: NEST Time standards. B Group 2:00/1000m or 1:00/500m or better (if you are close, please contact us ctspeedskating@gmail.com). Limit 20 skaters to ensure individual attention.

June 25	June 26
Dryland 10:00-11:30 AM	Ice 8:50-10:20 AM
Ice 12:00-1:30	Dryland 11:00-12:30
Break 1:30-3:30	Break 12:30-1:30
Ice 4:00-6:30	Ice 3:00-4:30

Scan below to register (or link below)



Getty Images

[Register here: ctspeedskating.com/camp](https://ctspeedskating.com/camp)

Kristen is one of the fastest skaters in the world. She won multiple medals including a gold medal at the 2021 Fall World Cup series and is a 2022 Olympian. Assistant coaches for the camp include CT Speed Skating club coaches Dave Money Penny (Kristen’s Coach while at CTSS) and Jonathan Winter (former US National Rowing Team member) Email ctspeedskating@gmail.com for more info.