



Elite Camp and Development Camp

Featuring Olympians Kristen Santos and Julie Letai

Saturday/Sunday June 22-23 784 River Rd, Shelton CT

Scan code (top right) or visit ctspeedskating.com/camp to register



Kristen Santos



Julie Letai

Photos: US Speedskating

Elite Camp

6 hours of ice + 2 dryland sessions, with focus on passing, relays, race strategy and competitive training opportunities. A Group: NEST Time standards. B Group 2:00/1000m or 0:59/500m or better. Limit 24 skaters. Coached by our guest olympians

Development Camp

6 hours of ice + 2 dryland sessions, The Development Camp is designed to be a fun and age appropriate camp focused on developing skills in athletes who do not yet meet the Elite Camp standards. The camp will be coached by one or more of our guest Olympians and CTSS coaches!

Assistant coaches include CT Speed Skating coaches Dave Money Penny (Kristen's Coach while at CTSS) and Jon Winter (former US Rowing Team member) Email ctspeedskating@gmail.com for more info.