

What is a SPA?

Los Angeles County is divided into eight "Service Planning Areas" (SPA's) for health care planning purposes. Each SPA has an Area Health Office that is responsible for planning public health and clinical services according to the health needs of local communities. Some examples of healthcare planning activities include:

- >> assessing health needs of local communities
- >> providing services through Department of Health Services clinics and community partners
- >> promoting health & preventing disease collaborating with community groups to improve the health of SPA residents

Health District and Service Planning Area (SPA) Boundaries

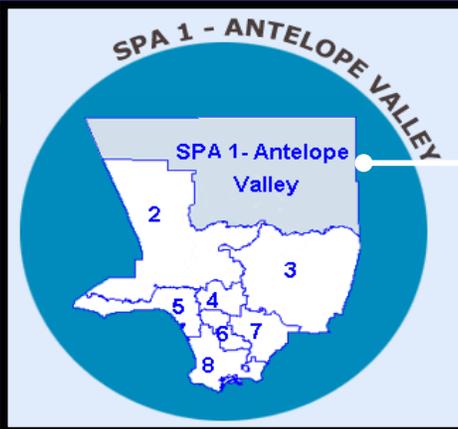
SPA 1 Antelope Valley	SPA 5 West
SPA 2 San Fernando	SPA 6 South
SPA 3 San Gabriel	SPA 7 East
SPA 4 Metro	SPA 8 South Bay <small>Includes Catalina Island</small>



Included in this guide is a list of resources for learning the health characteristics of people in each service planning area. This information is intended to get you started with the research process for learning about the needs of the people you may serve and to help you identify the types of programs available in specific regions that may wish to partner with your efforts or that you may refer people to for ongoing follow-up care.

Please refer to the following link to learn more about a service planning area <http://lapublichealth.org/spa/>.

SPA 1: Antelope Valley



Smoking prevalence among adults is greater in SPA 1 than in any other SPA in LA County.

A larger proportion of adults and children suffer from asthma in SPA 1 than in most other SPAs.

Heart disease is the leading cause of death for SPA 1.

The infant death rate among African Americans in Antelope Valley was 28.4 per 1,000 live births, more than five times higher than the overall rate in the County for all ethnicities.

ACTON
AGUA DULCE
ANTELOPE ACRES
BORON
CALIFORNIA CITY
DEL SUR
GORMAN
JOHANNESBURG
LAKE HUGHES
LAKE ELIZABETH
LAKE LOS ANGELES
LANCASTER
LEONA VALLEY
LITTLEROCK
LLANO
MOJAVE
MONOLITH
NORTH EDWARDS
PALMDALE
PEARBLOSSOM
QUARTZ HILL
RANDBURG
RIDGECREST
ROSAMOND
SALTDALE
SANDBERG
TEHACHAPI
VALYERMO
WILSONA GARDENS
WILLOW SPRINGS

The SPA 1 boundaries are Kern County to the north, San Gabriel Mountains and Santa Clarita to the south, San Bernardino County to the east, and Ventura County to the west.

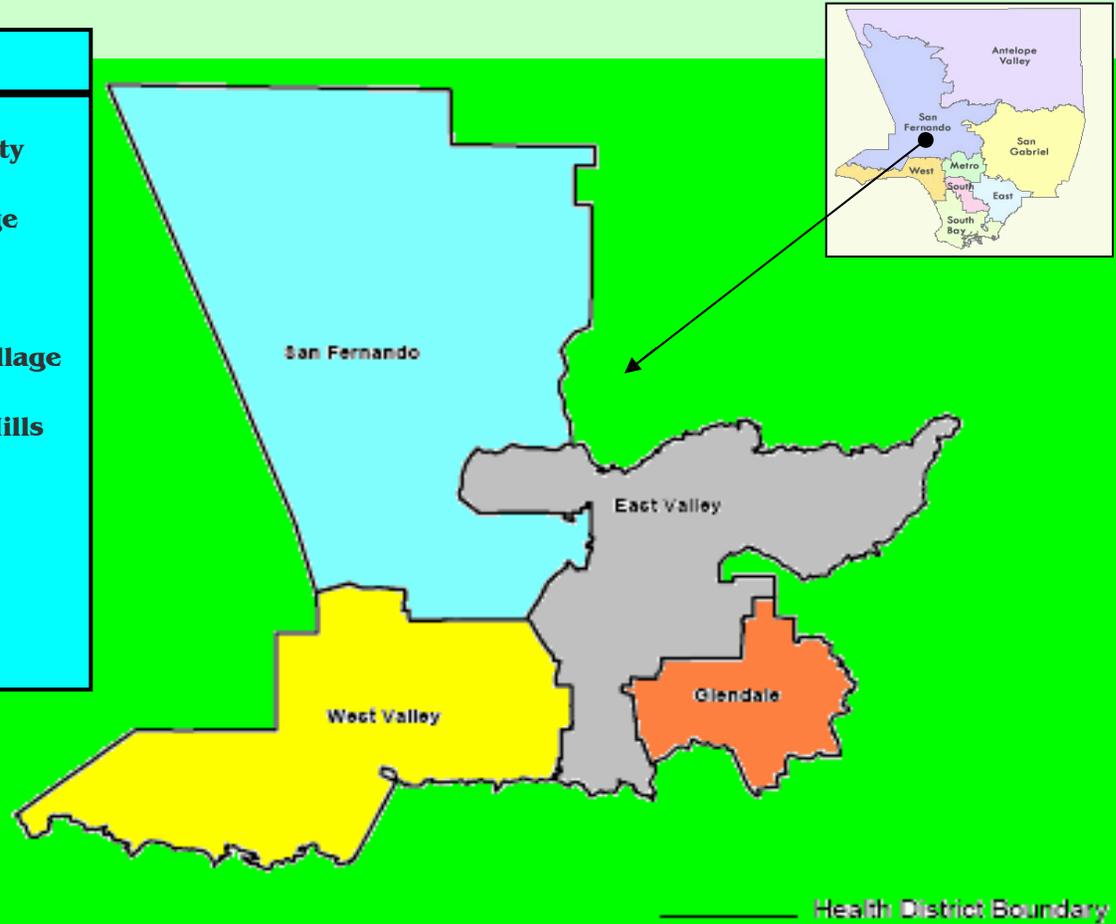
Information courtesy of:



SPA 2: San Fernando Valley

Incorporated Cities Include:

Agoura Hills	North Hills	Tugunga
Burbank	North Hollywood	Universal City
Calabasas	Northridge	Valencia
Canoga Park	Pacoima	Valley Village
Canyon Country	Panorama City	Val Verde
Castaic	Reseda	Van Nuys
Chatsworth	San Fernando	West Hills
Encino	Sand Canyon	Westlake Village
Glendale	Santa Clarita	Winnetka
Granada Hills	Saugus	Woodland Hills
Hidden Hills	Sepulveda	
La Canada	Sherman Oaks	
La Crescenta	Stevenson Ranch	
La Canyon	Studio City	
Flintridge	Sunland	
Mission Hills	Sylmar	
Newhall	Tarzana	



Approximately, 14.6% of the population in the San Fernando Valley and 6.1% of the population in the Santa Clarita Valley live below the poverty level.

In 2004, estimates show that approximately 332,000 adults and children remain without health insurance in SPA 2, which represents 25% of the adult population (18-64) and 8.3% of children (0-17).

The SPA 2 boundaries are as follows:
 Westlake Village/Calabasas to the West
 Glendale/La Cañada-Flintridge to the East
 Santa Monica Mountains to the South
 Castaic to the North

Information courtesy of:



SPA 3: San Gabriel



A smaller proportion of adults in SPA 3 meet weekly physical activity standards (vigorous activity for at least 20 minutes at least 3 days/week or moderate activity for at least 30 minutes at least 5 days/week) than do adults in all other SPAs.

A majority of the API language speaking households in three cities in the San Gabriel Valley are linguistically isolated: El Monte, San Gabriel, and Rosemead.

Cities within SPA 3:

ALHAMBRA	LA VERNE
ALTADENA	MONROVIA
ARCADIA	MONTEREY PARK
AZUSA	PASADENA
BALDWIN PARK	PAMONA
CLAREMONT	ROSEMEAD
COVINA	SAN DIMAS
DIAMOND BAR	SAN GABRIEL
DUERTE	SAN MARINO
ELMONTE	SIERRA MADRE
GLENDORA	SOUTH ELMONTE
INDUSTRY	TEMPLE CITY
IRWINDALE	WALNUT
LA PUENTE	WEST COVINA



Information courtesy of:

SPA 3 is situated between the San Gabriel Mountains to the north and the Whittier Hills to the south. The SPA's western border is defined by the western boundaries of the cities of Pasadena, South Pasadena, Alhambra, and Monterey Park. Its eastern boundary is the San Bernardino County line, contiguous with the city boundaries of Claremont, Pomona, and Diamond Bar. SPA 3's southern border runs below a series of unincorporated areas (the Whittier Narrows Recreation Area, Hacienda Heights, Rowland Heights) and the Orange County line.



Spa 4: Metro



SPA 4 has the highest rate of incidence for new AIDS cases (per 100,000 persons) among all other SPAs in LA County.

Children 0-17 years old in SPA 4 are the least likely to have a regular source of health care of all SPAs.

SPA 4 and SPA 6 have a larger proportion of adults reporting that they or their children are in fair or poor health, when compared to other SPAs.

SPA 4 has the largest percentage of uninsured adults (37.6%) and the second largest percentage of uninsured children (14.3%) with respect to all other SPAs in the county.

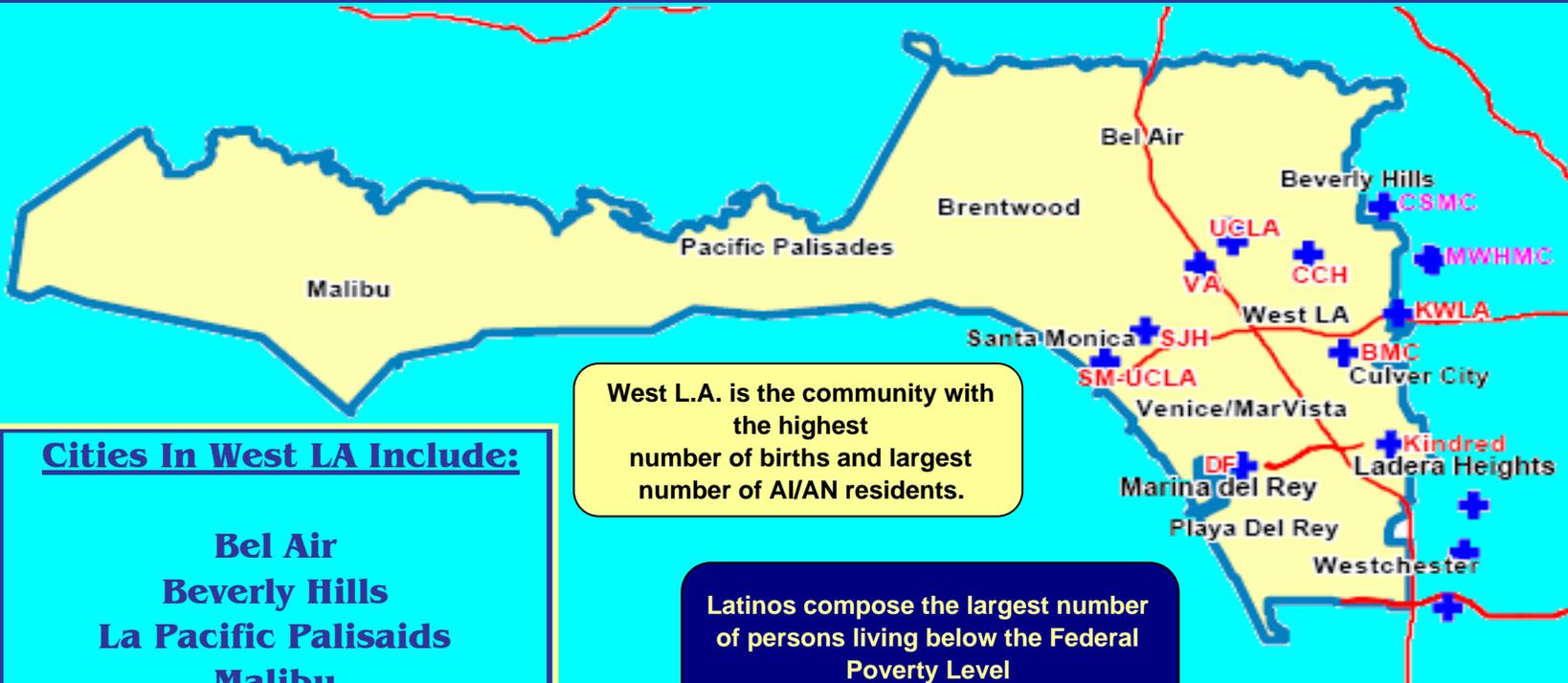
Cities within SPA 4 include:

Hollywood/Wilshire	Central	Northeast
Hancock Park	Los Feliz	Boyle Heights
Hollywood Hills	Korea Town	Eagle Rock
Hollywood	Chinatown	El Sereno
Park La Brea	Echo Park	Glassell Park
Mount Olympus	Westlake	Highland Park
	Silverlake	Monterey Hills

Information courtesy of:



SPA 5: West Los Angeles



Cities In West LA Include:

Bel Air
Beverly Hills
La Pacific Palisads
Malibu
Marina Del Rey
Santa Monica
Venice
Westchester
Westwood

West L.A. is the community with the highest number of births and largest number of AI/AN residents.

Latinos compose the largest number of persons living below the Federal Poverty Level in SPA 5.

Among all SPAs, SPA 5 contains the highest percentage of children with current asthma.



Information courtesy of:



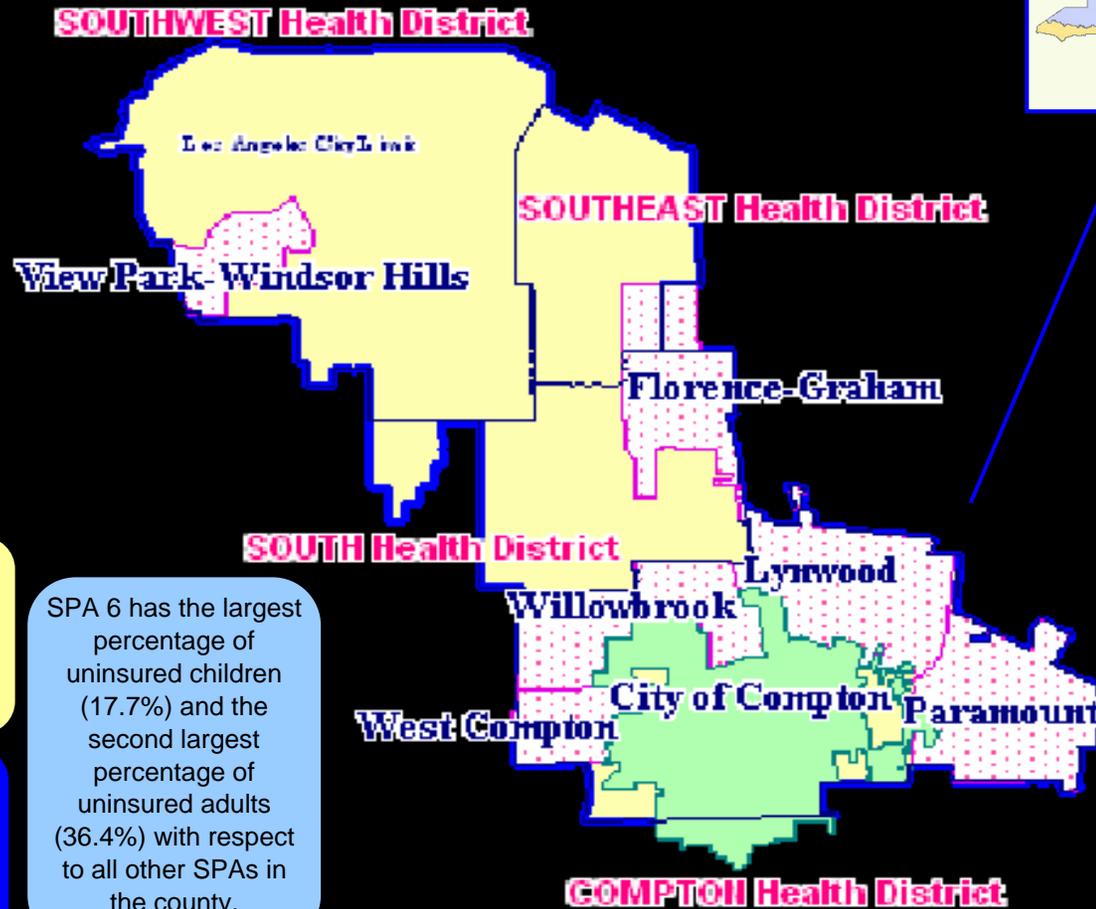
SPA 5's western border is the Ventura County line. Its eastern boundary runs south along Laurel Canyon Boulevard, Doheny Drive, the eastern border of Culver City, and La Cienega Boulevard through the western side of Baldwin Hills and Ladera Heights to Imperial Highway. The northern border follows a number of mountain roads beginning with Mulholland Highway on the west, through state parklands, up the western border of Topanga State Park, and along Mulholland Drive to the east. The coastline, reaching from Carrillo State Beach to El Segundo, forms the SPA's southern boundary.

SPA 6: South



Cities Within SPA 6:

Compton
Crenshaw
Florence
Lynwood
Paramount
Rosewood
Watts
West Adams
Willowbrook
Windsor Hills



SPA 6 has the highest percentage of childhood overweight (based on grades 5,7, & 9), the highest adult sedentary behavior and poorest adult nutrition ratings of all SPAs in the county.

SPA 4 and SPA 6 have a larger proportion of adults reporting that they or their children are in fair or poor health, when compared to other SPAs.

SPA 6 has the largest percentage of uninsured children (17.7%) and the second largest percentage of uninsured adults (36.4%) with respect to all other SPAs in the county.

SPA 6 has irregular boundary lines. On the north, SPA 6 borders Los Angeles City communities such as Mid-City, Country Club Park, Pico Union, and Koreatown. The southeastern tip of Downtown Los Angeles and the city boundaries of Vernon, Huntington Park, South Gate, Downey, and Bellflower form the SPA's eastern border. Southern borders align with the city boundaries of Carson and Long Beach, and the unincorporated area of Rancho Dominguez; the southern tip of Compton extends into SPA 8 (South Bay/Harbor). SPA 6's western boundary proceeds along the borders of the neighboring cities of Inglewood and Culver City, extending south and east along portions of La Cienega Boulevard, Fairfax Avenue, Van Ness Avenue, Vermont Avenue, and Figueroa Street.

Information courtesy of:



SPA 7: East

Incorporated Cities include:

Bellflower Health District:

- Artesia
- Bellflower
- Cerritos
- Hawaiian Gardens
- Lakewood
- Norwalk
- Signal Hill

Filipinos compose the largest population of API groups in SPA 7.

East Los Angeles Health District:

- City of Commerce
- East Los Angeles
- Montebello

San Antonio Health District:

- Bell
- Bell Gardens
- Cudahy
- Downey
- Huntington Park
- Maywood
- South Gate
- Vernon

Whittier Health District:

- La Habra Heights
- Pico Rivera
- Santa Fe Springs

HEALTH DISTRICTS

- Bellflower
- East Los Angeles
- San Antonio
- Whittier

- Public Health Center
- Personal Health Center
- Public-Private Partners (PPP)
- Freeway
- SPA boundary

Prepared by Los Angeles County DHS, Public Health, Office of Health Assessment and Epidemiology, March, 2003



- 1 - Whittier Health Center
- 2 - Bellflower Health Center
- 3 - Edward R. Roybal Comprehensive Health Center
- 4 - AltaMed Health Services
- 5 - Tavarua Health Center
- 6 - Bell Gardens Health Center
- 7 - Hawaiian Gardens Health Center
- 8 - Universal Care

As of 2003, SPA 7 had the largest percentage of adults diagnosed with diabetes (9.4%) in the county.

In LA County in 2003, SPA 7 had one the highest percentages of live births where the mother received late or no prenatal care and had one of the highest rates of teenage pregnancy.

Information courtesy of:



SPA 8: South Bay



SPA 8 communities include:

Avalon	Los Angeles
Carson	Long Beach
El Segundo	Manhattan Beach
Gardena Palos	Verdes Estates
Hawthorne Ranch	Palos Verdes
Hermosa Beach	Redondo Beach
Inglewood	Rolling Hills
Lawndale	Torrance

SPA 8 has high mortality rates for both cardiovascular disease and stroke in comparison to the county average.

The suicide rate among adults ages 55 years and older (per 100,000 population) is highest in SPA 8.

Along with large populations in the cities of Los Angeles, Long Beach, and Carson, more than one thousand Pacific Islanders live in the cities of Compton, Torrance, and Hawthorne.

SPA 8 has the second highest rate of incidence for new AIDS cases (per 100,000 persons) compared with all other SPAs in LA County.

Los Angeles County Service Planning Area 8 (South Bay/Harbor) is a mosaic of communities, ports, and incorporated municipalities, including the corridor that links the City of Los Angeles to all major ports of entry for international trade. The coastline along the Pacific Ocean serves as the western and southern border of SPA 8, from the City of El Segundo to the north, around the Palos Verdes Peninsula to the Los Angeles and Long Beach Harbors on the south; the SPA includes Santa Catalina Island. The eastern boundaries of the City of Long Beach, generally parallel to the San Gabriel River, constitute the eastern border for SPA 8. Its northern boundary is a jagged line that runs from 64th Street in the City of Inglewood-at the northernmost tip of the region-to Figueroa Street, south to State Highway 91 (the Artesia Freeway), and east along the northern border of the City of Long Beach to 70th Street.

Information courtesy of:



INCORPORATED CITIES IN LOS ANGELES COUNTY AND THEIR ASSOCIATED SERVICE PLANNING AREAS

If your organization has already determined a region for your health fair, you may use the following chart to learn which service planning area your region falls within. Once you identify the service planning area specific to your location, you may use other resources in this guide to help you understand the characteristics and health needs of the people that your organization may serve at your health fair or health outreach event. If a particular city is not listed in this chart, it may be an unincorporated city. To see a list of unincorporated cities and the agency that plans its programs and city services, please refer to the Los Angeles county website at: <http://www.lacounty.info/counicrp.htm>

CITY	SPA	CITY	SPA	CITY	SPA	CITY	SPA
Agoura Hills	2	Diamond Bar	3	Lawndale	8	Redondo Beach	8
Alhambra	3	Downey	7	Lomita	8	Rolling Hills	8
Arcadia	3	Duarte	3	Long Beach	8	Rolling Hills Estate	8
Artesia	7	El Monte	3	Los Angeles*	2	Rosemead	3
Avalon	8	El Segundo	8	Los Angeles*	4	San Dimas	3
Azusa	3	Gardena	8	Los Angeles*	5	San Fernando	2
Baldwin Park	3	Glendale	2	Los Angeles*	6	San Gabriel	3
Bell	7	Glendora	3	Los Angeles*	8	San Marino	3
Bell Gardens	7	Hawaiian Gardens	7	Lynwood	6	Santa Clarita	2
Bellflower	7	Hawthorne	8	Malibu	5	Santa Fe Springs	7
Beverly Hills	5	Hermosa Beach	8	Manhattan Beach	8	Santa Monica	5
Bradbury	3	Hidden Hills	2	Maywood	7	Signal Hill	7
Burbank	2	Huntington Park	7	Monrovia	3	South El Monte	3
Calabasas	2	Industry	3	Montebello	7	South Gate	7
Carson	8	Inglewood	8	Monterey Park	3	South Pasadena	3
Cerritos	7	Irwindale	3	Norwalk	7	Temple City	3
Claremont	3	La Canada Flintridge	2	Palmdale	1	Torrance	8
Commerce	7	La Habra Heights	7	Palos Verdes Estates	8	Vernon	7
Compton	6	La Mirada	7	Paramount	6	Walnut	3
Covina	3	La Puente	3	Pasadena	3	West Covina	3
Cudahy	7	La Verne	3	Pico Rivera	7	West Hollywood	4
Culver City	5	Lakewood	7	Pomona	3	Westlake Village	2
Diamond Bar	3	Lancaster	1	Rancho Palos Verdes	8	Whittier	7

* Cities within Los Angeles fall within five different service planning areas.

Information courtesy of:

