



YOUTH MENTAL HEALTH FIRST AID TRAINING

IDENTIFY. UNDERSTAND.
RESPOND.

Get Certified and Earn 4.0 CEU* Credits!

*BRN, CAADE, CADTP, CAMFT, CCAPP, NCC, NCHEC

Learn skills and gain confidence to assist young people experiencing mental health problems and substance-use issues. Topics covered include: anxiety, depression, substance-use disorders in which psychosis may occur, disruptive behavior disorders (including ADHD), and eating disorders.



FREE
Virtual Training!
Pacific Time

- **4/5/2023,**
9:30 AM – 2:30 PM
(30-min lunch)
- **4/12 – 4/13/2023,**
9:30 AM – 12:00 PM
- **4/27/2023,**
9:30 AM – 2:30 PM
(30-min lunch)
- **5/4/2023,**
9:30 AM – 2:30 PM
(30-min lunch)
- **5/24– 5/25/2023,**
9:30 AM – 12:00 PM

Open to Community
Members in the
Antelope Valley & San
Fernando Valley
(18 yrs.+)

**Receive a Target Gift
Card!**

Register Now

<https://tinyurl.com/TTCMHFA>

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**TARZANA TREATMENT
CENTERS**

18700 Oxnard St.
Tarzana, CA 91356

**Questions or
Help Registering**

Please Contact Us At:
TTCMHFA@tarzanatc.org



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Pacific Time

- **8/8/2023,**
10:00 AM – 3:00 PM
(30-min lunch)
- **8/17/2023,**
10:00 AM – 3:00 PM
(30-min lunch)
- **8/22 - 8/23/2023,**
10:00 AM – 12:30 PM

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FREE
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Pacific Time

- **6/15/2023,**
10:00 AM – 3:00 PM
(30-min lunch)
- **6/21-6/22/2023,**
10:00 AM – 12:30 PM
- **7/11-7/12/2023,**
10:00 AM – 12:30 PM
- **7/19/2023,**
10:00 AM – 3:00 PM
(30-min lunch)
- **7/27/2023,**
10:00 AM – 3:00 PM
(30-min lunch)

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