

What we do

We provide free/confidential services to survivors of crime and/or their families based on individual clients' needs and interests:

- Mental health care, including therapy and medication management
- Case management
- Outreach to our clients



- Medical Services
- Substance abuse treatment
- Legal aid
- Housing referrals
- Employment services
- Food
- Crisis management
- Other services

Contact us



(424)-306-7710



SafeHarborTRC@dhs.lacounty.gov



Harbor-UCLA Medical Center
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Torrance, CA 90509



Our Mission

To promote healing, recovery, and growth for trauma survivors and their families through holistic, integrated, community-centered, and evidence-based services steeped in a social justice framework

SAFE HARBOR TRAUMA RECOVERY CENTER

Est. July 2019



HELPING SURVIVORS
OF TRAUMA HEAL

Who we are

Our team includes:

- Psychologists
- Physicians
- Social workers
- Case managers
- Peer Advocates (Community Health Workers)



Eligibility

Individuals, as well as their families and loved ones, are eligible if they have:

- Crime-related physical violence
- Sexual assault or abuse
- Domestic violence
- Human trafficking
- War or other conflict crimes that led to seeking asylum in the U.S.
- Many other circumstances may apply

We do not turn away any individuals based on their immigration status.

How can trauma affect you?

Trauma can have **negative effects on your day-to-day life** and can last for days, months, and in some cases, years.

Family members and loved ones can experience secondary trauma as a result of their connection to someone who has experienced a traumatic event.

How it works

Call us or send an email

Please leave a phone number, address, or other information we can use to contact you

Someone will reach out

We will get in touch with you to better understand your needs and begin the intake process

Receive the services that are most important for **your needs**

We work with a network of community partners to address multiple aspects of your recovery