WHERE AM I WITH THIS HABIT: ______

How do I know I am in this stage? What support do I need? How do I relate to myself and this habit with kidness?		stage am I in?	
What support do I need?			
What support do I need?			
What support do I need?			
What support do I need?			
What support do I need?			
What support do I need?			
	How do	o I know I am in this stage?	
	EA71 4	. 1 7 10	
How do I relate to myself and this habit with kidness?	vvnat s	support do 1 need?	
How do I relate to myself and this habit with kidness?			
How do I relate to myself and this habit with kidness?			
How do I relate to myself and this habit with kidness?			
How do I relate to myself and this habit with kidness?			
How do I relate to myself and this habit with kidness?			
How do I relate to myself and this habit with kidness?			
	How do	o I relate to myself and this habit with kidness?	