

# MENÚ

NOVIEMBRE  
SEMANA 1

Alimentos **Doña**  
**Conchita**  
Desde 2001

## LUNES 3

|  |  |                                          |  |  |
|--|--|------------------------------------------|--|--|
|  |  | FESTIVO<br>DÍA DE<br>TODOS LOS<br>SANTOS |  |  |
|--|--|------------------------------------------|--|--|

## MARTES 4

|                     |                       |                 |                   |                             |
|---------------------|-----------------------|-----------------|-------------------|-----------------------------|
| CUCHUCO<br>DE TRIGO | POLLO MIEL<br>MOSTAZA | PURÉ DE<br>PAPA | PEPINO<br>GUISADO | ENSALADA<br>DE<br>ZANAHORIA |
|                     | CERDO A LA<br>PLANCHA |                 |                   |                             |

## MIÉRCOLES 5

|                  |                   |           |           |                     |
|------------------|-------------------|-----------|-----------|---------------------|
| SOPA DE<br>AVENA | POLLO<br>BECHAMEL | ESPAGHETI | CROUTONES | LECHUGA Y<br>TOMATE |
|                  | BOLOÑESA          |           |           |                     |

## JUEVES 6

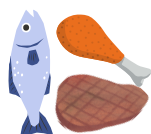
|                      |                   |                     |          |                                          |
|----------------------|-------------------|---------------------|----------|------------------------------------------|
| CREMA DE<br>VERDURAS | GOULASH DE<br>RES | CROQUETA<br>DE YUCA | LENTEJAS | E.<br>ESPINACA,<br>ZANAHORIA<br>Y TOMATE |
|                      | CERDO TERIYAKI    |                     |          |                                          |

## VIERNES 7

|                  |                    |                  |                       |                      |
|------------------|--------------------|------------------|-----------------------|----------------------|
| SOPA DE<br>PASTA | POLLO EN SALSA     | PAPA AL<br>HORNO | ZANAHORIA<br>AL BURRO | E. REPOLLO<br>Y PIÑA |
|                  | CARNE EN<br>BISTEC |                  |                       |                      |



SOPA O  
CREMA



PROTEÍNAS



ENERGÉTICO



GRANO/  
VEGETAL



ENSALADA  
FRESCA