



Lion's-Roar September 10, 2021

September is Suicide Prevention Month National Suicide Prevention Lifeline 800-273-8255

Since the pandemic began, students have experienced intense stress and some of the biggest challenges they may experience in a lifetime. We must ensure that we prioritize the mental and emotional health of students who will likely be entering a very different school environment this fall. During Suicide Prevention Week (September 5-11), World Suicide Prevention Day (Friday, September 10th), Suicide Prevention Month (the month of September) and throughout the year, schools are encouraged to use the following resources to engage students, staff and the larger school community: [CDE's Mental Health Resources web page](#), CDE's [Help for Students in Crisis web page](#), the [LivingWorks Online Training](#) for middle and high school staff and students, and the [Back to School: Mental Health Thrival Kit](#) from [Suicideispreventable.org](#).



Class Attendance This Week

Carr-Knudson - 9/7, 9/8, 9/9, 9/10 (YAHOO!! Perfect Attendance)

Christensen - Better luck next week.

Crawford - 9/7, 9/10

Hambro - Better luck next week.

Lafayette/Sanders - Better luck next week.

O'Hara - 9/7

Sinclair - Better luck next week.

Trifa - 9/7, 9/8, 9/9 (Nearly had it!)

Morning Drop Off

Please **do not** drop your children off in the morning before 8 am; our Playground Supervisors must be present. You must stop at the Stop Sign in the driveway. Drive very slowly when going through our campus at all times. Please be responsible and abide by the protocols in place. The safety of our students, staff, and community is our top priority!

Remembering 9/11

Remembering 9/11 on this 20th year. This year is the 20th anniversary of the Sept. 11, 2001 terrorist attacks. This posting is acknowledgement and remembrance of the sorrow of that day but also the dedication, commitment and strength of those who responded to the tragic events.

Bus Passes and Fees

Bus fees were due today. If you ordered one for your child(ren) look for it in their backpacks. They will include a mini zip tie so that you can attach it to their backpacks for the bus drivers to see. They must be visible in order for the student to ride the bus starting Monday, 9/13. If you did not order a bus badge, but would like your child to ride the bus, please email us here at the office so that we may assist you. Tanya Duron - tduron@heluesd.org or Samantha Banks - sbanks@heluesd.org The combined bus route schedule attached has a few adjustments from the schedule sent earlier today. We will continue to update you as we hone in on accurate pick-up and drop-off times.

Health and Safety

Daily pre-screening - Daily pre-screening is required prior to riding the bus or coming on campus. Pre-screening includes any of the following. Take temperature - Temperature should be below 100.4. Ask "How do you feel today?", "Can you smell this?" or "What does this smell like?", "Can you taste your breakfast?" or "What does your breakfast taste like today?" If there is not sense of smell or taste, please stay home.

Face Masks - Students are doing a wonderful job of wearing face masks indoors. Wearing face masks outdoors is optional. Please remember that face coverings should be washed daily.

Hand washing - Please remember to wash or sanitize hands frequently. At minimum when entering or exiting a room.

COVID - 19 Positive Case or Exposure. What to expect.

If HELUS has a positive case the following will happen. A general informational notification will be sent school wide to all families. A separate isolate or quarantine notification will be sent to those in close contact to the positive person with a timeline and instructions on what to do. Students in isolation or quarantine may request a short term independent study contract to continue student learning. Students may return to school after the isolation, quarantine period, or negative test clearance.

Helus PTA News!

Join us TONIGHT for the PTA Food Truck Friday!

Feel free to reach out to us anytime with questions or ideas, or to ask for a digital copy of our membership forms, at heluspta@gmail.com.

Planning Ahead...

September 10 -Board Meeting in-person room 8 and streamed virtually.

September 10 - PTA, Food Truck Friday at the Lake Hughes Community Center from 5pm - 7:30pm

September 16 – Picture Day!

September 20 - School Site Council Meeting

September 21 - School Pandemic Climate Committee Meeting

September 24, PTA Middle School Dance

October 11 - 22, PTA, Boo Pops

October 12 - Board Meeting room 8

October 22 - End of First Academic Quarter

October 28 - Picture Retakes

October 29 - Report Card Issued

November 1 - 12, PTA Cookie Dough Fundraiser

November 2 - 5, Minimum Days School Dismissal 1:00, Parent Conferences

November 11 - No School Veterans Day

November 22-26, No School Thanksgiving Break