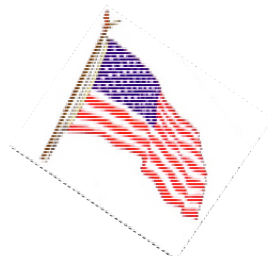




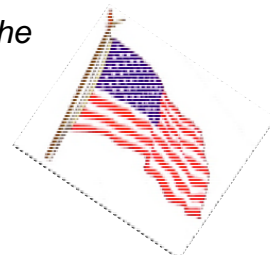
Lion e-Roar

September 11, 2020



“One of the worst days in America’s history saw some of the bravest acts in Americans’ history. We’ll always honor the heroes of 9/11. And here at this hallowed place, we pledge that we will never forget their sacrifice.” —

President **George W. Bush** at the Pentagon in 2008



Perfect Attendance This Week CONGRATULATIONS to.....

Hambro - 9/8, 9/9, 9/10

Christensen – 9/11

Carr-Knudsen - 9/9

Lewis - 9/8, 9/9, 9/10, 9/11 –Perfect attendance every day since first day of school! Yahoo!

O’Hara - 9/9, 9/10, 9/11

Crawford – 9/9, 9/10, 9/11

Lafayette - 9/8, 9/9, 9/10

Parent Feedback on How School is Going

We’d like your input on the first few weeks of school. Click on the link to complete the survey <https://forms.gle/Vwf2nvkdEBeHz66S9>.

Deadline is 6:00 PM, today, September 11, 2020.

FREE MEALS at HELUS Drive-Through

Free Lunches and Breakfast is provided at HELUS drive through between 11:30-12:30 M-F by the AVUHS District. This will be offered through December. Here is the link to check the menu <https://avfood.org/district/avhdsd/files/CombinedAugSep.pdf> Applications are still being accepted for **Free or Reduced Lunch Program** December – June please visit www.avfood.org. One application is needed per family annually.

IT Help and Google Parent Training

Need tech support? Email it@heluesd.org

Parents’ Guide to Google Classroom <https://www.youtube.com/watch?v=2lowi-gmbys>

Google Classroom Tutorial for Students and Parents <https://www.youtube.com/watch?v=xfggtCi7hdo>

How to Use Google Classroom for Parents! <https://www.youtube.com/watch?v=lgS-hoSljnw> How to see grade.

Students Return To Campus Planning

HELUS has formed a committee to develop a plan and prepare for students to return to campus. The committee meets virtually Thursday’s from 3:30-4:30. Feel free to reach out to your representatives. Committee members and the stakeholders represented are below.

Linda Lewis	llewis@heluesd.org	LTA – Lakes Teacher’s Association
Terra Lafayette	tlafayette@heluesd.org	LTA – Lakes Teacher’s Association
Melanie Dohn	mdohn@heluesd.org	Board of Education
Lola Skelton	lskelton@heluesd.org	Board of Education
Laura Lockwood	llockwood@heluesd.org	SSC – School Site Council
Lisa Chavez	lafaysmile@aol.com	SSC – School Site Council
Maggie Dion	gega1379@gmail.com	PTA- Parent Teacher’s Association
Vicki Prera	heluspta@gmail.com	PTA - Parent Teacher’s Association
Lori Slaven	Lslaven@heluesd.org	District – HELUS Management
Jean Cummings	jcumings@heluesd.org	District – HELUS Management
Amy White	awhite@heluesd.org	CSEA –CA Schools Empl. Association
Tanya Duron	tduron@heluesd.org	CSEA - CA Schools Empl. Association

Resource - CA Parent & Youth Helpline –Emotional support for families challenged by the pressures of COVID-19

Parents Anonymous® Inc. launched the California Parent & Youth Helpline® in partnership with Governor Gavin Newsom as part of his initiative to address the impacts of COVID-19. Since 1969, Parents Anonymous® has provided weekly evidence-based support groups for parents, children and youth nationwide. <https://caparentyouthhelpline.org/> or 855-427-2736.

Resource - Suicide Prevention Week

September 6th – 12th is Suicide Prevention Week. California’s theme this year is “Hope, Resilience and Recovery,” with a focus on promoting resiliency through social and emotional learning and celebrating recovery. Here is a 2 minute video on prevention <https://preventsuicide.lacoe.edu/parents-students/parents/general/> or follow this link to more information <https://preventsuicide.lacoe.edu/>. Lastly, 1-877-7-CRISIS is Suicide Prevention Center Hotline.

Planning Ahead...

September 12 – T-shirt Pick up, Salt Lick, 10:00-1:00

October 23 – End of 1st Academic Quarter

October 26 – Virtual Attendance and Participation Awards Ceremony

October 30 – eReport Cards will be emailed out

November 3-5 — Minimum Days, Parent Teacher Conferences

November 11 – No School, Veterans Day

November 23 -27 — No School, Thanksgiving Holiday

