



Do you quilt, sew, craft, or want to learn? If yes, read on!

If no, give this to a crafty friend / veteran / retiree!

Valiant Hearts League™ is here!

Mission: Providing a quilt of comfort to active / veteran Canadian military, RCMP, and first responders who could benefit from a wrapped thank you, while also providing opportunities to craft and improve mental wellness.

Why: Military, RCMP, and all first responders make significant commitments when they serve, and we would like to thank them with a quilt or comfort item to support them.

What: Events and programs to promote making and celebration of League quilts, in addition to actively working to combat the effects and stigma of OSIs (operational stress injuries) including PTSI, PTSD, TBI, anxiety, and depression.

Legacy: The League is built on a legacy fueled by inspiring Canadians including Margaret Eaton Bishop, Ethel Mulvany, Adelaide Montgomery, Mary Kelly, Lexley Zwaal, along with friends and family we've lost to the destructive effects of mental illness.

Join today!

Join the League and get active with us (most of this is quilting and making things, but we'll need help from fundraisers, organizers, and spirit raisers, too!). When you join, you'll get a membership card, some lumpy mail, you can join in for regular calls / podcasts, and you'll have access to inspiring people you need to meet, tips, patterns, pics of presentations, and more! (You do not have to pay to join if you wish to quilt with us, but you'll need to join to have access to the perks such as your gift in the mail, access to tips, classes, and the deeper community that is developing).

Choose your path:

- Join for \$50/year (12 months) to become a League Member (**Just \$35 plus tax until July 31, 2023!) or
- \$500 to be a Patron of the League for 12 months, followed by the annual renewal rate in 12 months, or renew as a Patron for \$500 again, and become an automatic Lifetime Patron, with no more renewals required. or
- \$1000 to be a Lifetime Patron of the League, paid in one payment, no renewals required.

*Membership fees will cover costs to offset quilting, longarming, batting, fabric acquisition, and programming. Receipts will be provided.

*Note that members will have to pay to attend events just as you do now with guilds/clubs, but we will fundraise to keep costs as low as possible.

*Guild memberships and corporate sponsorships are available and welcome. Ask for details!

*All fees are subject to 5% GST or tax appropriate in your region.

For more information, contact us by using the contact form here on our website.



Valiant Hearts' League™ - Membership Application

We are collecting this information to add you to our membership list, and to reach you about League membership and related activities. Your information is kept protected, and will never be sent or sold to a third party.

Please note that your entire payment must be received in order for your membership to be activated. To be certain this is the organization for you, we encourage you to check out our website and the mission, vision, values statements there. If you have questions, please reach out to us.

First name, last name		
Email (This will be a frequent form of contact. Please print neatly or type.)		
Cell Phone number		Landline if no cell
Mailing address		
Street address, suite		
City/Town, prov/territory		
Postal code		
Select your sign up level:		
League Member	\$50 per year + tax	
Patron of the League	\$500 per year + tax, and renew in 2024 at \$50 for 12 months, or as a patron again	
Lifetime Patron of the League	\$1000 + tax now, and no renewal fee, ever!	
Tell us a bit about your sewing/quilting/volunteer experience.		
Tell us how you would love to help support the League (i.e.: quilting, longarming, craft events/workshops, fundraising, organizing events in your local area, attending our events, etc.)		

Please do not send credit card information by mail or email. When we receive your form we will send an invoice you can easily pay online that has all the information you need.

You'll also find us here,

<https://www.buymeacoffee.com/rivetingstudios>

