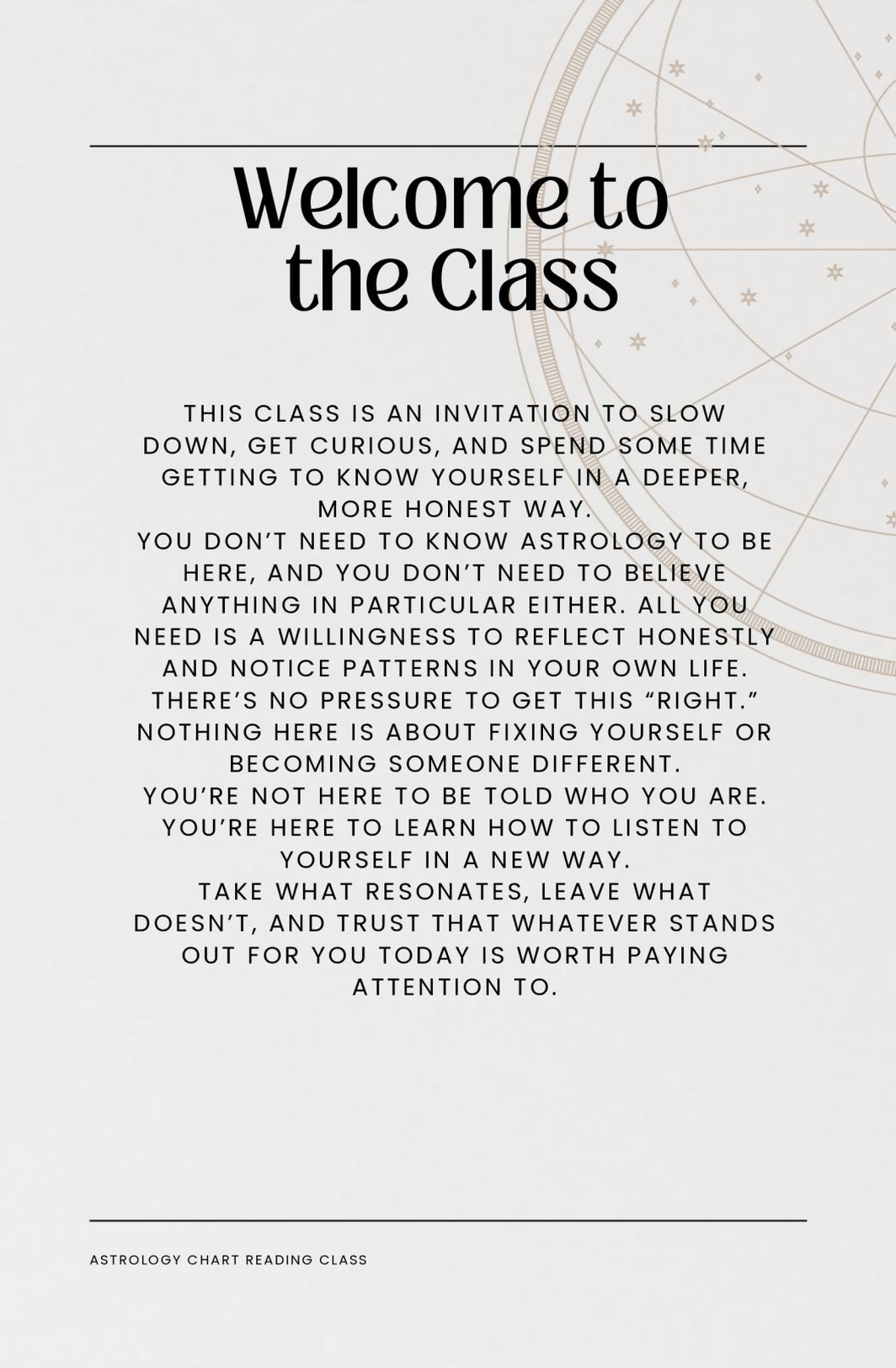

THE
MODERN

medium

NATAL CHART CLASS



Welcome to the Class



THIS CLASS IS AN INVITATION TO SLOW
DOWN, GET CURIOUS, AND SPEND SOME TIME
GETTING TO KNOW YOURSELF IN A DEEPER,
MORE HONEST WAY.

YOU DON'T NEED TO KNOW ASTROLOGY TO BE
HERE, AND YOU DON'T NEED TO BELIEVE
ANYTHING IN PARTICULAR EITHER. ALL YOU
NEED IS A WILLINGNESS TO REFLECT HONESTLY
AND NOTICE PATTERNS IN YOUR OWN LIFE.

THERE'S NO PRESSURE TO GET THIS "RIGHT."
NOTHING HERE IS ABOUT FIXING YOURSELF OR
BECOMING SOMEONE DIFFERENT.

YOU'RE NOT HERE TO BE TOLD WHO YOU ARE.
YOU'RE HERE TO LEARN HOW TO LISTEN TO
YOURSELF IN A NEW WAY.

TAKE WHAT RESONATES, LEAVE WHAT
DOESN'T, AND TRUST THAT WHATEVER STANDS
OUT FOR YOU TODAY IS WORTH PAYING
ATTENTION TO.

What to Expect Today

THIS CLASS IS NOT ABOUT MEMORIZING
ASTROLOGY.
IT'S ABOUT LEARNING HOW TO CONTEMPLATE
YOUR CHART.

IN THIS CLASS, WE WILL:

- FOCUS PRIMARILY ON YOUR **BIG THREE** (SUN, MOON, RISING) + YOUR CHART RULER LEARN
- A **3-STEP CONTEMPLATION PROCESS** YOU CAN USE AGAIN AND AGAIN PRACTICE
- ASKING **BETTER QUESTIONS** INSTEAD OF RUSHING TO ANSWERS

*You are not meant to read or use **all** of the material today. Think of it as a reference you can return to as different parts of your life ask for attention.*

IF YOU LEAVE WITH:

- ONE NEW INSIGHT
- AND ONE NEW WAY OF UNDERSTANDING YOURSELF

THE CLASS HAS DONE ITS JOB!

The Practice

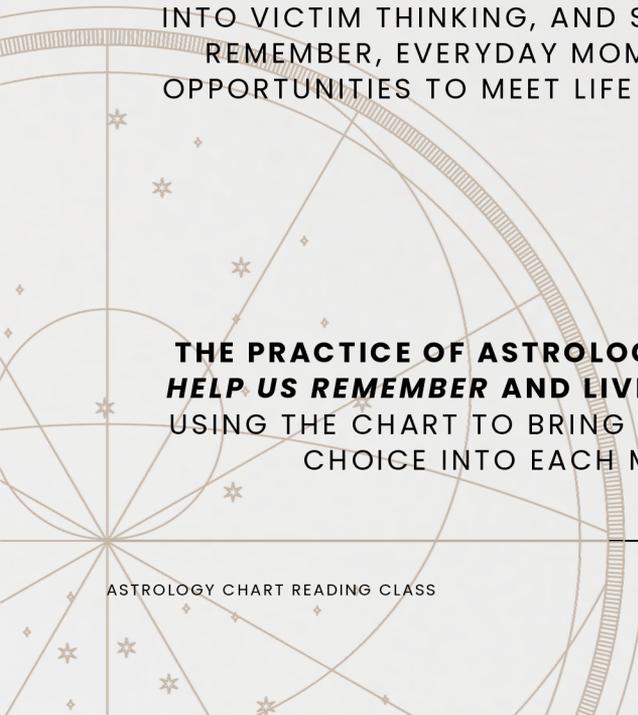
ASTROLOGY IS A LANGUAGE FOR UNDERSTANDING OUR RELATIONSHIP WITH THE UNIVERSE, NOT SOMETHING OUTSIDE OF US, BUT SOMETHING WE'RE PART OF.

YOUR NATAL CHART SHOWS THE SPECIFIC *FLAVOUR OF THE UNIVERSE* YOUR SOUL TOOK ON IN THIS LIFETIME. IT REFLECTS THE ENERGY AND PERSPECTIVE YOU'RE HERE TO DEVELOP THROUGH LIVED EXPERIENCE.

THE CHART ITSELF DOESN'T CHANGE.
LIFE DOES.

PEOPLE, CONVERSATIONS, OUR UPBRINGING, AND CHALLENGES ARE WHAT ACTIVATE OUR EVOLUTION. LIFE KEEPS ASKING US TO BECOME MORE CONSCIOUS OF WHY WE'RE HERE.

WHEN WE FORGET, WE REPEAT PATTERNS, SLIP INTO VICTIM THINKING, AND SUFFER. WHEN WE REMEMBER, EVERYDAY MOMENTS BECOME OPPORTUNITIES TO MEET LIFE WITH INTENTION.



THE PRACTICE OF ASTROLOGY IS A TOOL TO HELP US REMEMBER AND LIVE CONSCIOUSLY, USING THE CHART TO BRING AWARENESS AND CHOICE INTO EACH MOMENT.

The Fundamental *BUILDING BLOCKS*

ASTROLOGY IS A WAY OF UNDERSTANDING HOW DIFFERENT PARTS OF YOU WORK TOGETHER AND HOW YOUR SOUL GROWS THROUGH EVERYDAY LIFE.

PLANETS = THE CHARACTERS

Planets are the different **characters** in your inner world. Each has a role and function, each with different needs, in your psyche.

SIGNS = THE CHARACTER'S STYLE

Signs describe **how** each character operates. They show their motivations, fears, coping strategies, and what success looks like for them. This is how that part of you tries to get its needs met.

HOUSES = THE LIFE AREAS

Houses show **where** in your life these characters are most active. They highlight the areas that keep *activating* certain parts of you and asking them to grow.

THE BIG PICTURE

Planet in **Sign** in **House** shows which inner character is involved, how they're motivated to act, and where life keeps bringing them opportunities for growth.

The 3-Step Process

A WAY TO WORK WITH YOUR CHART AS A
PATH OF GROWTH

STEP 1: ASK THE PLANET QUESTION (WHAT)

- What part of me is this?
- What does it need to function well?
- How does it behave when on autopilot?
- How can I nourish it?

STEP 2: ANSWER THE PLANET QUESTIONS THROUGH THE SIGN IT'S IN (HOW)

The sign shows **how** this part of you operates, **how** it goes on autopilot, and **how** it learns to grow and be nourished. *As you read the sign description, use it to ponder the questions from Step 1*

STEP 3: LOOK TO THE HOUSE WHERE THE PLANET LIVES (WHERE)

As you look at the house, use it to deepen your contemplation:

- What kinds of experiences or situations keep bringing this energy forward?
- How am I currently expressing the sign's energy in this area of life?
- How can I work with these experiences more consciously to grow the higher expression of the sign?

There is nothing to “know”- Just stay curious.

Your Big Three Foundation

EVERY CHART READING STARTS WITH THE BIG THREE BECAUSE THEY DESCRIBE THE CORE STRUCTURE OF YOUR SOUL'S JOURNEY IN THIS LIFETIME.

Everything else in the chart builds on this foundation.

YOUR BIG THREE:

☉ ***SUN— YOUR DIRECTION OF GROWTH***

YOUR EVOLVING SENSE OF IDENTITY AND PURPOSE. THE SUN SHOWS WHO YOU'RE BECOMING OVER TIME AND WHAT KIND OF SELF-EXPRESSION BRINGS YOU ALIVE.

☾ ***MOON — YOUR EMOTIONAL CONDITIONING***

YOUR INSTINCTIVE EMOTIONAL PATTERNS AND NEEDS. THE MOON SHOWS WHAT FEELS FAMILIAR AND SAFE, AND WHAT MUST BE UNDERSTOOD AND CARED FOR SO GROWTH CAN HAPPEN.

↑ ***RISING (ASCENDANT) — YOUR SOUL'S ENTRY POINT***

THE LENS THROUGH WHICH YOUR SOUL ENTERS THIS LIFE AND MEETS EXPERIENCE. THE ASCENDANT SETS THE TONE FOR HOW YOUR ENTIRE CHART EXPRESSES ITSELF IN THE WORLD.

Your Chart Ruler

The Navigator of Your Life

YOUR CHART RULER IS THE PLANET THAT RULES YOUR RISING SIGN. THIS PLANET REPRESENTS YOUR SOUL'S PRIMARY **STRATEGY** FOR GROWTH IN THIS LIFETIME - IT'S THE ENERGY YOU'RE MEANT TO DEVELOP AND EXPRESS MOST FULLY.

FINDING YOUR CHART RULER:

1. **LOOK AT YOUR RISING SIGN** (THE SIGN ON YOUR 1ST HOUSE CUSP)
2. **FIND THE RULING PLANET** OF THAT SIGN (USING THE CHART ON NEXT PAGE)
3. **LOCATE THAT PLANET** IN YOUR CHART - NOTE ITS SIGN AND HOUSE

CONTEMPLATING YOUR RISING SIGN + CHART RULER TOGETHER:

Your Rising sign is your filter - how you see and approach the world. **Your chart ruler** is your navigator - the energy that guides how you move through life.

Your Chart Ruler

The Navigator of Your Life

THE CONTEMPLATION PROCESS:

1. *START WITH YOUR RISING SIGN QUESTIONS:*

- A. HOW DO I NATURALLY APPROACH NEW SITUATIONS?
- B. WHAT ENERGY DO I LEAD WITH WHEN MEETING THE WORLD?
- C. HOW DO OTHERS EXPERIENCE ME FIRST?

2. *THEN LOOK TO YOUR CHART RULER:* APPLY THE 3-STEP PROCESS TO YOUR CHART RULER PLANET

3. *CONNECT THEM TOGETHER:*

- A. HOW DOES MY CHART RULER SUPPORT OR CHALLENGE MY RISING SIGN APPROACH?
- B. WHAT IS MY NAVIGATOR (CHART RULER) TEACHING MY FILTER (RISING SIGN)?

Working with Empty Houses

IF A HOUSE YOU'RE EXPLORING HAS NO PLANETS:

1. LOOK AT THE SIGN ON THE CUSP OF THAT EMPTY HOUSE

2. ASK THE SIGN'S QUESTIONS AND USE NOURISHMENT STRATEGIES IN RELATION TO THAT LIFE AREA

Example: Empty 4th House with Cancer on cusp → "What am I really trying to protect at home? How can I nurture without smothering in my family relationships?"

3. FIND THE RULING PLANET OF THAT SIGN (SEE RULERS CHART)

4. APPLY THE 3-STEP PROCESS TO THAT RULING PLANET WHEREVER IT IS IN YOUR CHART

5. CONNECT THE DOTS: HOW DOES THAT RULING PLANET (AND ITS SIGN AND HOUSE) RELATE BACK TO THE EMPTY HOUSE LIFE AREA?

Sign Rulers



ARIES → MARS



TAURUS → VENUS



GEMINI → MERCURY



CANCER → MOON



LEO → SUN



VIRGO → MERCURY



LIBRA → VENUS



SCORPIO → MARS
(TRADITIONAL) /
PLUTO (MODERN)



SAGITTARIUS →
JUPITER

CAPRICORN →
SATURN



AQUARIUS → SATURN
(TRADITIONAL) /
URANUS (MODERN)



PISCES → JUPITER
(TRADITIONAL) /
NEPTUNE (MODERN)



Working with Two Rulers:

*For Scorpio, Aquarius, and Pisces, you get two rulers to work with. Think of the **traditional ruler** as your "old way" of handling that life area, and the **modern ruler** as your "new way" that's trying to emerge. Look at both planets to get the full picture.*

Example: Empty 8th House with Scorpio on cusp → Look at both Mars (your old way of dealing with intense situations) and Pluto (the deeper transformation that wants to happen). Both show you different layers of how you experience that area of life.

Using This Practice in Real Life

Once you understand the process with your Big Three, you can apply it to any area of life when something feels charged, repetitive, or is asking for your attention:

RELATIONSHIP PATTERNS REPEATING?

VENUS + MARS + 7TH HOUSE

CAREER FEELS MISALIGNED?

10TH AND 6TH HOUSE + ANY PLANETS THERE

FAMILY DYNAMICS TRIGGERING YOU?

4TH HOUSE + MOON

COMMUNICATION BREAKING DOWN?

MERCURY + 3RD HOUSE

MONEY ISSUES SURFACING?

2ND HOUSE + ANY PLANETS THERE

FEELING POWERLESS OR STUCK?

MARS + PLUTO + 8TH HOUSE

LIFE FEELS SMALL OR MEANINGLESS?

JUPITER + NEPTUNE + 9TH AND 12TH HOUSE

CREATIVE ENERGY BLOCKED?

5TH HOUSE + ANY PLANETS THERE

Reminders to take with you

QUESTIONS OVER ANSWERS - SIT WITH THE QUESTIONS,

LET AWARENESS UNFOLD NATURALLY

EMPTY HOUSES MATTER TOO - USE THE RULING PLANET TO
UNDERSTAND ANY LIFE AREA

NOURISH WHAT FEELS "UNFED" - USE THE SIGN'S
STRATEGIES WHEN A PLANET NEEDS ATTENTION

YOUR AWARENESS IS YOUR PURPOSE - EVERY TIME YOU
CHOOSE CONSCIOUSNESS OVER REACTION, YOU'RE
EVOLVING

* **THE GOAL IS GROWTH, NOT PERFECTION** - YOUR CHART
SHOWS YOUR SOUL'S LEARNING PATH, NOT YOUR
LIMITATIONS

* **TRUST THE PROCESS** - YOUR CHART IS ALIVE AND WILL
REVEAL WHAT YOU NEED WHEN YOU NEED IT

Remember: You ARE the universe learning to know itself.
Your chart is your roadmap home.!

Thank you for attending
the Astrology Chart Reading Class!

Casey E. Amy
THE MODERN MEDIUM

Notes

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