

Balancing Oxy Tonic, D+ and Electro Tonic

Your BALANCING PROCEDURE will assure that you take Oxygenic D+, Oxy Tonic and Electro Tonic in proper proportion.

Oxy Tonic is a potent protector against pathological hyperplasia, and it is a powerful metabolic spark. **Oxygenic D+** is a strong protector against pathological disintegration, as well as a powerful antioxidant.

Electro Tonic helps you to maintain electrolyte balance.

Your metabolism may require a higher amount of one and very little of the others. This Balancing Procedure will determine the ideal quantities of each supplement for your individual needs.

IMPORTANT: *The directions for the Balancing Procedure are different for patients who often experience diarrhea. If you are one of those people, then skip “Method 1” and go to “Method 2” now and follow only those instructions.*

- **Method 1: If you have no tendencies towards loose stools/ diarrhea then start here:**

STEP 1: Take no Oxy D+. For 3 days, take 1/2 scoop of Oxy Tonic in water first thing in the morning. On the 4th day, increase the Oxy Tonic supplementation from 1/2 to 1 scoop. On the 7th day, increase the Oxy Tonic to 1 and 1/2 scoops. On the 10th day, increase the Oxy Tonic to 2 scoops.

STEP 2: When you experience a stool that is a bit more loose than normal, or a stool that has a definite sulfur odor (or, when you have reached the 12th day with no bowel reaction), then you can assume that you have achieved saturation with negative valence sulfur --- the crucial anti-oxidant of your Oxy Tonic. (If you had an episode of diarrhea, that is no problem at all, that is just one sure way to know that you achieved systemic saturation with negative valence sulfur.)

When saturation is reached, go to the Table below. The Table tells you the amount of Oxy Tonic you will take before breakfast every morning (no longer necessarily first thing in the morning), and the amount of Oxy D+ you will take daily before your evening meal.

<u>Oxy Tonic Saturation:</u>	<u># Oxy Tonic:</u> < breakfast	<u># Oxygenic D+:</u> < evening meal
1/2 scoop	1/4 scoop	45 drops
1 scoop	1/2 scoop	22 drops
1 1/2 scoops	3/4 scoop	10 drops
2 scoops	1 scoop	5 drops

To maintain electrolyte balance, you will take 1 tsp of Electro Tonic before your evening meal. *

• **Method 2. If you are a person who frequently experiences loose stool or diarrhea - start here:**

STEP 1: [Ignore the Table above.], Take approximately 1/4 scoop of Oxy Tonic first thing in the morning, and take 35 drops of Oxy D+ before your evening meal. On the 4th day, increase your Oxy D+ from 35 to 40 drops, and keep your Oxy Tonic at 1/4 scoop. Every 3 days increase your Oxy D+ by 5 drops.

STEP 2: Stop the clinical trial when 3 days have gone by with no loose stool. The amounts of Oxy D+ and Oxy Tonic you have taken that 3-day span will now become a permanent part of your Diphasic Nutrition Plan --- taking the Oxy Tonic before breakfast, and the Oxy D+ before your evening meal.

To maintain electrolyte balance, you will take 1 tsp of Electro Tonic first thing every morning and 1 tsp before your evening meal*.

NOTE: If during this procedure you do not go through 3 consecutive days without a loose stool after you have taken 90 drops (1/2 tsp) of Oxy D+ for 3 days, then stop. The amount of Oxy D+ that will be permanently part of your Diphasic Nutrition Plan is 45 drops (1/4 tsp), to be taken before your evening meal. Your need for Oxy Tonic will be zero.

To maintain electrolyte balance, you will need 3 tsp of Electro Tonic before breakfast and 1 tsp before your evening meal.

*If the blood pressure is low, add 1/8 tsp. salt to the Electro Tonic.