

Find Your Focus – Your Eight Communication Focal Points

When you participate in the **Find Your Focus** Programs you realize that communication with others is a key to staying focused and succeed in acquiring that which you desire.

Very rarely have I met a person who has any formal training in communication with others. When our communications are off base, it is difficult to maintain and sustain your focus.

These Eight Communication Focal Points will allow you to eliminate distractions such associated with poor communication with others, especially those closest to you.

When you focus on proper and powerful communications with others, it allows a smooth pathway for you to focus on accomplishing your goals. A smooth pathway to powerful communication is less of a distraction than poor communication. Being less distracted allows you to be better focused.

Memorize and incorporate these Eight Communication Focal Points, and you will find yourself less distracted and more focused than ever.

Here are Your Eight Communication Focal Points:

Being Thoughtful of Others

It is not always easy to put others needs before our own, however, when you do, you realize how they reciprocate;

Being Thankful

Gratitude is always the right attitude. Be thankful for the things you have versus jealous or envious of the things you don't;

Being Truthful & Honest

Everyone wants others to be truthful and honest with them. When you are less than truthful and honest, you waste time thinking about your untruthfulness and dishonesty.

Being Humble and Thoughtful

Listening to others, without involving your ego or pride. Think of other's feelings and conditions before you think of yours;

Being Objective

Emotionally reserved and being based in truth & fact;

Being Openminded

Being impartial and unbiased when others are communicating;
Remaining considerate of other's ideas;

Being 100% Responsible

Taking 100% responsibility for your Thoughts, Feelings, & Actions;

Being Willing & Understanding

Being okay with trying other people's ideas and accepting when things do not always work out as expected.