



Dog Chat

Brought to you by
Illawarra Dog Training Club



April/ May 2019 Winter Edition



DOGSNSW
Promoting Responsible Dog Ownership

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President	Linda Thomas
Vice President	Tony Gardiner
Chief Instructor	Mark Johnston
Treasurer	Carol Zietsch
Secretary	Danielle Zietsch

Committee Members

George Bartolo OAM	Kyle Charnock
Dave Cooper	Phil Rath
Fiona Moulton	Lorraine Lipman
Geoff Taylor	

Life Members

Ron Wilson	Kay Jefferys	Peter Franks	George Bartolo OAM
June Franks	Phil Rath	Tony Gardiner	Bev Charnock
Kyle Charnock	Carol Zietsch		

Instructors

Mark Johnston	Linda Thomas	Tony Gardiner
Dave Cooper	Phil Rath	George Bartolo OAM
Lorraine Lipman	Geoff Taylor	John Hallett
Larissa Woods	Pam Townsend	Fiona Moulton
Heather Kennedy	Kat McGuiggan	David Chester

Ground Rules

- Dogs are to be kept on leads at all times, unless in training class and under direct supervision of an instructor
- Dogs are not to be tied to the club house or trees
- Bitches in oestrus (season) shall not be permitted on the grounds while training is in progress
- Classes using club equipment will be responsible for returning this equipment to the correct storage place under the supervision of the class instructor
- Parking on ground is for instructors and workers on that day only. Cars are to be parked no closer to the club house than the southern boundary fence of the electrical sub station
- Pick up your dogs droppings if they foul the ground. Plastic bags are available to ensure responsible disposal
- Be on the alert for other instructors requiring assistance in training their own dogs
- Do not automatically use equipment set up on the ground. It may have just been set up by an instructor who is in the process of preparing to use it. They may also be in the process of using it, but not necessarily in the immediate vicinity
- Equipment such as jumps and obstacles, are not for general use without supervision
- Children are to be kept away from dogs pegged near volunteers cars for both children and dogs safety
- Children are not permitted in class with parents
- Covered shoes to be worn at all times – no sandals or thongs
- No climbing of trees on the grounds

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Chief Instructors Report

Chief Instructors Report April/May 2019

Over the last 2 months our number have dropped off a little with dogs at training averaging 77 each week. We have been working hard on getting promotion testing done and well done to instructors on preparing members for promotion.

Diggers - In April Larissa and Lisa made the visit to Diggers, in May Lisa and Kathy visited, it great to see some new handlers getting involved.

And a Few Reminders,

Parking – the area at the northern end of the clubhouse is currently signposted for Truck Parking only, Council has been approached, and has agreed the signs are incorrect and will be updated to Truck Parking on weekdays only, at the Eastern end near the roundabout there is a yellow line indicating you are too close to the roundabout and parking is also prohibited.

A reminder from the Member Handbook, the rules exist for the safety of our members and their dogs, and apply during your attendance at training (note that this is not a complete list)

Ground Rules

Dogs are to be kept on leads at all times, unless in training classes and under direct supervision of an instructor.

Dogs are not to be tied to clubhouse structures or trees.

Pick up your dog's droppings if they foul the ground. Plastic bags are available to enable responsible disposal.

The Club will not tolerate physical or verbal abuse towards dogs or members

Children are to be kept away from dogs pegged near volunteers' cars for both children and dogs safety.

And lastly

Yellow Bandannas. We want ALL our members to enjoy the time spent on the grounds with their dog, so just a general reminder to look out for dogs that are wearing yellow bandannas, these bandannas indicate the dog is uncomfortable near dogs OR PEOPLE and the owner of the dog should be consulted before approaching.

We are our dogs advocate and we can certainly opt out of interactions if we feel it is not in our dogs' interest.

As always, A BIG Thank You to all Instructors and Helpers who volunteer their time to help members improve their communication with their dogs, your assistance is much appreciated by both members and myself.

Thanks Mark

Welcome To Our New Members

First Name	Name	Breed
JAN		
ROBERT	GEORGIA	ROTTWEILLER
ANN		
AMANDA	TED	GOLDEN RETRIEVER
ZOE		
MICHAEL	XENA	PUG
ROS		
EMMA	HARRY	GOLDEN RETRIEVER
TRACY	LULU	CAVOODLE
AMY	COCO	CAVOODLE
RILEY		
TIFFANY	VALKRIE	WEIMARANER
CHRIS		
SUSANNAH	HOLLY	GOLDEN RETRIEVER
CLEM	ABE	GOLDEN RETRIEVER
LYN	ANGUS	BEAGLEIR
JOSIE	ZIGGY	GOLDEN RETRIEVER
AMANDA	MURPHY	COBBERDOG
BEN		
TOM	BELLA	BORDER COLLIE
LYNN		
MARIA	XENA	KELPIE
CHERIE	BANJO	CAVOODLE
CASSANDRA	BINDI	CATTLE DOG
JEREMY		
JASON	JIM	ROTTWEILLER
MARIE	ROSIE	BORDER COLLIE X CATTLE DOG
FRANKI		
ALEXANDER		
DANIEL		
AARON	LUNA	GOLDEN RETRIEVER
JESSICA		
BEN	MURPHY	BORDER COLLIE X POODLE
KIARA	NALA	AMERICAN STAFFY
JOSH	JAZZ	CATTLE DOG X
KATARINA	HUGO	STAFFORDSHIRE BULL TERRIER
GRAHAME	BANJO	AUSTRALIAN TERRIER
SHARON	MILA	CAVOODLE



Promotions

Class 1 Basic to Class 2 Stabilising:

To be able to be promoted from class 1 to class 2 you and your dog must be able to complete the following exercises

1. Your dog is comfortably walking next to your left leg.
2. Your dog is able to sit next to your left leg on command.
3. Your dog is able to stand next to your left leg on command
4. You are able to call your dog back to you on lead and continue walking.
5. You are able to complete left and right turns successfully
6. You are able to complete left and right about turns successfully.
7. Your dog can sit and stay with you standing beside it, in position for 30 seconds.

Handling the lead with 2 hands on most of the time and using the lead to position the dog. At this stage it is much more important that the handlers mechanics are good – giving clear commands, guiding the dog as necessary, and praising the dog. If the dog makes a mistake and is effectively guided by the handler this is a positive.

Class 2 Stabilising to Class 3 Challenge:

To be able to be promoted from class 2 to class 3 you and your dog must be able to complete the following exercises

1. Your dog is comfortably walking next to your left leg.
2. Your dog is able to sit next to your left leg on command.
3. Your dog is able to stand next to your left leg on command
4. You are able to complete left and right turns successfully.
5. You are able to complete left and right about turns successfully.
6. You are able to call your dog back to you and get them to place finish as one exercise.
7. Your dog can calmly work at fast pace with you.
8. Your dog can sit and stay with you standing in front, in position for 30 seconds.
9. Your dog can stand and stay with you standing beside it, in position for 30 seconds.

At this stage it is expected that to sit and stand, very little guiding is necessary (< 3 out of 5 times) Still walking using the lead to position the dog, giving feedback to the dog when it is in position

Class 3 Challenge to Class 4 Finishing:

To be able to be promoted from class 3 to class 4 you and your dog must be able to complete the following exercises

1. Your dog must be able to walk comfortably next to your left leg using a loose leash.
2. Your dog must be able to drop next to your left leg on command.
3. You are able to complete left and right turns successfully
4. You are able to complete left and right about turns successfully
5. You are able to call your dog back to you on lead and have them sit directly in front of you.
6. You are able to get your dog to do a place finish as a separate exercise
7. You are able to get your dog to successfully complete an off lead recall to front on command.
8. Your dog can calmly work with you at slow pace.
9. Your dog can sit and stay with you standing in front, in position for 30 seconds, returning around your dog
10. Your dog can stand and stay with you standing in front, in position for 30 seconds
11. Your dog can stay in the down with you standing beside it in position for 30 seconds.

At this stage it is expected that to sit and stand and drop come and place, very little guiding is necessary (< 3 out of 5 time)

Still walking on lead but with a loose leash the majority of the time



IDTC Annual General Meeting 2019

June 4th {Meeting}

Election of returning officer for coming A.G.M on 6th August 2019.

Notice of forthcoming A.G.M. with list of positions for election and notice of closing dates.

Criteria and closing dates for postal votes listed, nomination forms available, include categories for positions.

July 16th

Nominations for elected positions close and requests for postal votes close. Nomination forms must be signed by the nominee and at least one other member.

BY July 23rd

Alphabetical list of nominees for elected positions sent to members who formally and correctly requested a postal vote.

This list to include the number of committee meetings scheduled and attended over the current year for all candidates who are standing for re-election.

All voting forms to be initialled and numbered on the top right hand corner, include a stamped and addressed envelope for return of ballot paper.

A record is to be kept of number of ballot forms issued

August 6th {Meeting} Annual General Meeting.

All elected positions declared vacant and returning officer takes the chair.

Pre-prepared ballot papers {as used for postal votes}, numbered and initialled in top right hand corner.

Current list of members entitled to vote supplied to returning officer.

Election of not less than 2 scrutineers.

Counting of votes to be done by the returning officer, assisted by the scrutineers

The president or the vice president or any person standing for election may also be present at the counting of votes

POSTAL VOTING PROCEDURE:

REQUEST

Request for a postal vote must be made to the secretary at least 21 days prior to the A.G.M. ie by 16th July 2019.

This request must be in writing, signed by the member requesting such a vote and must include a stamped, addressed envelope.

Promotions

Class 1 Basic to Class 2 Stabilising:

Brad and Nala
Michelle and Anjea
Jim and Raven
Kelly and Buddy
Burim and Indie
Danielle and Lola
Mikayla and Lola
Victor and Lizzie
Tanja and Momo
Emily and Gracie
Julie and Louis
Cherie and Banjo

Ryan And Lulu
Albert and Zara
Ben and Murphy
Ebony and Diesel
Ethan and Charlie
Kellie and Bella
Susannah and Abraham
Billy and Mabey
Clem and Holly
Susanna and Romio
Jayden and Monte

Ron and Peanut

Ashlee and Obie
Dermot and Moet
Callissa and Lulu
Ben and Lola
Jan and Reyne
Luka and Roxy
Grahame and Banjo
Aaron and Luna
Michael and Xena
Jasmine and Dusty

Class 2 Stabilising to Class 3 Challenge:

Peter and Gus
Greg and Bonny
Danielle and Georgy
Tracey and Mousse
Lorna and Zoe

Burim and Indie
Josh and Shado
Kim and Moet
Jennifer and Skoda
Jim and Raven

Pip and Charley
Daniel and Charlie
Kirsten and Astro
Jan and Reyne
Catherine and Ivy

Class 3 Challenge to Class 4 Finishing:

Eliaz and Bruno
Nicole and Winnie
Joe and Quake
Stephen and Bella
Shannon and Brandi
Julia and Eros



Want to Get Happy? Walk Your Dog!

We all know that our dogs need walks. They need exercise, as well as mental stimulation, to be content and stable. Of course, it doesn't hurt us to get some outdoor physical exercise, as well. So every day, we leash our dogs up and hit the pavement or the trail. But it isn't just our sense of responsible dog ownership and the health benefits that get us (and keep us) walking. A small study by a researcher at the University of Liverpool found that a prime motivation for walking our dogs is that it makes us happy. And why does it make us happy? Because we believe it makes our dogs happy, too.

You and Your Dog Share the Benefits of Dog Walking

Dogs get to smell interesting things, check out the sights, and spend time with their owners. And, the bonding, exercise, and connecting with nature raises our spirits, too. The research was conducted using interviews and personal written materials from a small group of dog owners. It revealed that they were motivated to continue walks because they felt their dogs were enjoying it. Their motivation decreased if the dog seemed too old or too lazy to walk regularly, or was misbehaving. The study found that, although dog owners described the walks as "for the dog," their responses showed that the dog's needs aligned with their own. Their happiness was contingent on believing that the dog was feeling happiness and enjoyment.

There have been numerous studies on the benefits dog walking brings for humans:

- Boosts motivation to get some exercise, especially if you feel you're doing it for your canine friend. In fact, dog owners walk significantly more than people who don't own dogs, 150.3 minutes versus 110.9 minutes per week.
- Helps manage stress. Just being around a dog can lower your levels of cortisol, the human stress hormone.
- Increases self-esteem. The companionship of our nonjudgmental and loving canine friends has several mental health benefits, including increasing our sense of self-esteem.
- Connects us with nature. While your dog is connecting with nature, so are you. If you put down your phone, pay attention to your surroundings, and get in touch with nature, it can increase your focus and well-being. Anecdotally, dog walking is useful for problem-solving and getting yourself "unstuck."
- Increases your sense of community. Dog walking is a great opportunity for

socializing, for both you and your dog. Your dog gets to experience new people, surroundings, and other dogs. And you might find yourself chatting with other dog walkers or neighbour's.

- Alleviates boredom for both of you. Walking alone can feel lonely or even boring. And sitting alone in the yard isn't too exciting for your dog, either. A walk with an enthusiastic canine is instant companionship.

5 Tips for a Safer, Happier Dog Walk

- Aim for walking five times a week for about thirty minutes.
- Supervise your dog around other dogs and young children.
- Clean up after your dog.
- Keep walks shorter in extreme heat or cold.
- Bring fresh water for both of you to drink.

Dog walking is packed with physical and mental health benefits, which alone should be enough reason to do it. But most of all, we enjoy it because our dogs enjoy it. Now, doesn't that make you want to hook on the leash, go outside, and get happy?



Unconditional Love

When a dog offers you his heart
Accept it with a smile
For his love will last a lifetime –
Which is such a little while.

When a dog offers you his heart
Take it gladly and with pride
For he will be a faithful friend
Ever by your side.

A dog loves you because you're you –
Not for how you speak or what job you do
You could be short, tall, thin or fat
Or ugly as sin, he doesn't care about that.

A dog knows if you're good or bad
He can see inside your soul
When he decides you're okay
To earn your love is his main goal.

When you're sad, he'll comfort you
And kiss away each tear
You may even wake up in the morning
With a cold nose in your ear.

When eventually the time comes
And the lights in his eyes dim
A new star will shine in Heaven
In remembrance of him.

You'll gaze up at the midnight sky
And you will hear him say –
"I'm so glad you were my human
We'll meet again some day!"

So, if this poem has caused a tear to fall
That's because you love the dog who's giving you his all
Go travel on together, happily paw in glove
He's the only one who'll ever give you unconditional love.

When a dog offers you his heart
Accept it with a smile
For his love will last a lifetime –
Which is such a little while.

Does your Dog like to jump?

Here are a few handy tips to keep 4 Paws on the floor

Redirect with a simple behavior cue like 'SIT' or 'STAND'.

Use a special toy or treats. Keep it by the door and offer it as soon as you enter. This will also help redirect your dog's focus from jumping.

Continue to reward 4 paws on the floor. Once calm, get down to their level to greet. If they start to jump just stand up and wait until they calm down and try again.

Stay calm. Don't get angry or frustrated. Your dog is just happy to see YOU!

If your dog is over excited when visitors call, try using baby gates or a leash to maintain distance and wait for calm before allowing anyone approach them.

ALWAYS reward the good behavior you would like to see more of.



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Doggie Treat of The Month

Fro - Yo Dog Treats

Ingredients

- 1 cup plain non-fat Greek yoghurt
- ¼ cup no-sugar added creamy peanut butter
- 1 banana
- 2 tablespoons ground flax seeds
- 8 mini dogbone treats

Directions

1. Blend yoghurt, peanut butter, banana, and flaxseed meal in a food processor or blend until smooth. Pour into 8 lined cups of a muffin tin (silicone cupcake liners work great for these), filling cups halfway. Top each one with a dogbone treat.
2. Cover with plastic wrap and freeze until solid, at least 2 hours. Pop treats out of tin, remove lines, and freeze in a zip-loc plastic freezer bag up to 2 weeks.



Breed of The Month

Beagle

The Beagle is member of the hound group of domesticated dogs and its ancestry can be dated back 2,500 years. Similar in appearance to the Foxhound, the Beagle also has a very advanced sense of smell and were employed to track game like rabbits and deer. These days they are often employed by security and police forces to sniff out contraband and serve all over the world in this role.

The name *Beagle* has been around since circa 1475. The modern breed of Beagle as we know them today was developed in the UK in the 1830s. The Beagle is a mix of a number of breeds, including: the Southern Hound, the North Country Beagle and the Talbot Hound.

Although, like many breeds of dog, the Beagle was first developed for hunting purposes, they're known for their gentle and even-tempered ways. With a reputation for being joyful and playful, the Beagle is a popular choice for young children. They are very excitable, however, and their advanced sense of smell can cause them all sorts of distractions whilst down the street or in the park so careful supervision is recommended.

When in a home environment Beagles can become easily bored so stimulation through play time and regular exercise is a must. They can suffer from loneliness or separation anxiety also, so it's important to give them plenty of human attention.

While the Beagle isn't demanding when it comes to exercise it's a good idea to walk them as often as possible. Once or twice a day is great with the odd longer walk or run a good idea. The breed is [prone to weight problems](#) if not given enough exercise.

Beagles are generally sized between 33 and 41 cm and weigh between 8 and 14 kgs. A happy and healthy Beagle will usually live to between 12 and 15 years of age.

Personality and Temperament

Beagles are famously gentle animals, at times almost docile and lethargic in their nature. Known as the even-tempered dog, it's their reliability that has made them such a popular choice for families with small children.

Although shy with new faces, Beagles aren't aggressive with strangers and once time is spent with them, they are usually won over very quickly. Being a hound, the beagle is prone to howling when left alone and [suffering separation anxiety](#). They are loyal, almost to a fault and need a generous amount of human contact to remain happy.

Beagles are clever dogs but can be distracted easily. Their superior nose can often lead them astray when not supervised and their single-mindedness can often cause them to difficult to train. They are eager to please their owners, however, and food-reward style training often proves to be the best route.

They will generally get along well with other dogs in the home but, as always, early socialising is a good idea to avoid aggressive confrontation down the track.

Beagle Facts!

- Snoopy from Peanuts is perhaps the world's most famous Beagle.
- Humans have some 5 million scent receptors. Beagles have a rather impressive 220 million. It's no wonder they're employed as sniffer dogs the world over.
- The ship that Charles Darwin travelled on whilst compiling most of the specimens used for his book *The Origin of Species* was called HMS Beagle, named after the breed.
- Queen Elizabeth I and King James I both adored Beagles. Since then the breed has become synonymous with the idea of the 'royal dog', although Queen Elizabeth II is more of a Corgi lover.
- Former US President Lyndon Johnson owned a number of Beagles and was famously criticised for picking one up by the ears whilst greeting it on the Whitehouse lawn.
- You can tell a purebred Beagle by the white tip on its tail.
- Some 8,018 dogs were used for animal testing in the UK in 2004. Of this number, 7,779 were Beagles. They are favoured for their small build and passive temperament.
- Barry Manilow's Beagle, 'Bagel' was featured on a number of his album covers. On his 1975 album 'Tryin' to Get a Feeling', he was pictured wearing a 'I LOVE BEAGLES' t-shirt.



Trial Results

Trial Results

Northern Suburbs 28/4/19

Carol and Cruze CD 192 points 1st Place



Golden Retriever Club NSW 5/5/19

Carol and Cruze CD 195 points 2nd Place - am trial

Carol and Cruze CD 194 points 1st Place - pm trial

Novice Title – Congratulations Carol & Eraky Cruze Control



Sutherland Dog Training Club 19/5/19

Carol and Cruze CD 195 points 2nd Place - Highest Scoring Gundog



Mark and Kaos RN 97 points 1st Place

Congratulations Mark & Kaos – great first effort!!! Well Done!

Upcoming Events

Puppy Prep Classes

July 6 – 27

August 3 – 24

Illawarra Diggers Visits

27 July

31 August

If you are interested in attending Illawarra Diggers with your dog please talk to our Chief Instructor Mark so he can assess your dog's suitability.

IDTC Double Obedience Trial 2019

Sunday 7th July 2019

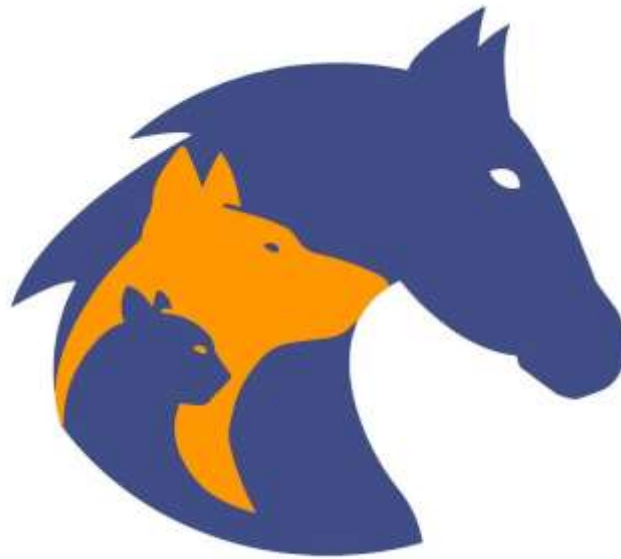


**IDTC Annual Dinner Friday 23 August
2019 – See Danni to Pre-Order**

All Members and Partners invited

The Lost Lobster

<https://thelostlobster.com.au/>



WOONONA

PETFOOD & PRODUCE



DOGSNSW
Promoting Responsible Dog Ownership

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