



# Dog Chat

Brought to you by  
**Illawarra Dog Training Club**



# October/November 2019

# Merry Christmas



# **Executive Committee Members**

## **2019/2020**

<b>President</b>	Linda Thomas
<b>Vice President</b>	Tony Gardiner
<b>Chief Instructor</b>	Mark Johnston
<b>Treasurer</b>	Carol Zietsch
<b>Secretary</b>	Danielle Zietsch

## **New 2019/2020 Committee Members**

George Bartolo OAM	Kyle Charnock
Loreena Tate	Phil Rath
Fiona Moulton	Lorraine Lipman
	Kim P

## **Life Members**

Ron Wilson	Kay Jefferys	Peter Franks	Carol Zietsch
June Franks	Phil Rath	Tony Gardiner	Bev Charnock (dec)
Kyle Charnock	George Bartolo OAM		

## **Instructors**

<b>Mark Johnston</b>	<b>Linda Thomas</b>	<b>Tony Gardiner</b>	<b>Dave Cooper</b>
Phil Rath	Lorraine Lipman	Geoff Taylor	John Hallett
Larissa Woods	Pam Townsend	Fiona Moulton	David Chester
Heather Kennedy	Kat McGuigan	George Bartolo OAM	

# **Ground Rules**

- Dogs are to be kept on leads at all times, unless in training class and under direct supervision of an instructor
- Dogs are not to be tied to the club house or trees
- Bitches in oestrus (season) shall not be permitted on the grounds while training is in progress
- Classes using club equipment will be responsible for returning this equipment to the correct storage place under the supervision of the class instructor
- Parking on ground is for instructors and workers on that day only. Cars are to be parked no closer to the club house than the southern boundary fence of the electrical sub station
- Pick up your dogs droppings if they foul the ground. Plastic bags are available to ensure responsible disposal
- Be on the alert for other instructors requiring assistance in training their own dogs
- Do not automatically use equipment set up on the ground. It may have just been set up by an instructor who is in the process of preparing to use it. They may also be in the process of using it, but not necessarily in the immediate vicinity
- Equipment such as jumps and obstacles, are not for general use without supervision
- Children are to be kept away from dogs pegged near volunteers cars for both children and dogs safety
- Children are not permitted in class with parents
- Fully enclosed **shoes** must be worn at all times

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# **Chief Instructors Report**

We have had a quiet month of training during October and November had improved attendance averaging about 63 dogs on the ground at training, including a couple of weeks of bad weather where we had < 50 dogs on the ground. We have worked hard at maintaining promotions so members can progress their training.

Diggers - In October Larissa, and Lisa and in November Larissa, Lisa and Kathy made the visit to Diggers I am sure the residents enjoyed the interactions.

Few Reminders,

## **Covered Shoes,**

Through the week the grounds are a public park, so we have little control over what might be left on the grounds, please remember to wear covered shoes to training. We have recently picked up some syringes on the grounds, so please be aware.

## **Membership Badges**

It adds to the administrative load if you don't have your membership badge or know your member number, please endeavour to bring your badge to each training day

**Yellow Bandannas.** We want ALL our members to enjoy the time spent on the grounds with their dog, so just a general reminder to look out for dogs that are wearing yellow bandannas, these bandannas indicate the dog is uncomfortable near dogs **OR PEOPLE** and the owner of the dog should be consulted before approaching.

As ALWAYS A BIG Thank You to all Instructors and Helpers who volunteer their time to help members improve their communication with their dogs, your assistance is much appreciated by both members and myself.

Thanks Mark

# Trial Results

## **Penrith 6/10/19**

Fiona and Storm	Rally O Advanced	80 points	2 <sup>nd</sup> Pass
Tony and Ash	Open	185 points	

## **State Titles 7/10/19**

Fiona and Storm	Rally O Advanced	94 points	1 <sup>st</sup> place, 3 <sup>rd</sup> Pass – <b>TITLE</b>
Tony and Ash	Open	183 points	3 <sup>rd</sup> Place

## **Southern Highlands 20/10/19**

Fiona and Storm	Rally O Excellent	90 points	2 <sup>nd</sup> place, 1 <sup>st</sup> Pass,
Tony and Ash	Open	174 points	2 <sup>nd</sup> place
Linda and Jet	CCD	86 points	3 <sup>rd</sup> Pass - <b>TITLE</b>



# Welcome To Our New Members

SHARYN	RUBI	GOLDEN RETRIEVER
KYO		
JEFF	BOSS	ENGLISH STAFFY
NEVAEH		
MELANIE	TASHA	LABRADOODLE (MINIATURE)
CAROL	HAZEL	CAVOODLE
MARILYN	TRADIE	CHINESE CRESTED
GAYLE	FRANK	LABRADOR X
MICHAEL		
KERRI	CHARDY	BLUE CATTLE DOG
CLARA	RUDI	CAVOODLE
RON	KIRI	BORDER COLLIE X
JAMIE	LUCY	SPOODLE
DAVID		
SUE	TESS	STAFFIE CROSS
MURRAY	ZARA	AUSSIE BULLDOG
LACHLAN	DEXTER	LABRADOR
DAIN	SCOOTER	SILKY TERRIER
LISA	ZIGGY	SILKY TERRIER
AMY	ROXY	KELPIE X JACK RUSSELL
JACKY	PEPPER	DE BORDEAUX
GEOFF	IZZY	LABRADOR
HELEN		
AMY	GERTIE	GREAT DANE X BULL ARAB
ANASTASIA	PIPSEN	ENGLISH STAFFY
JOSEF	PADDY	ENGLISH STAFFY
KATHERINE	DUSTY	AUSTRALIAN SHEPHERD
GEORGIA	BONNIE	BORDER COLLIE
JACQUI		
DAVID	SADIE	GERMAN SHEPHERD
SARAH		
BETH	BILLY	MINIATURE SCHNAUZER
JOE		
BRIDEY	JUNE BUG	LAGOTTO ROMAGNOLO
KELSEY	REG	RIDGEBACK
LEWIS		
JENNY	BENNY	MIXED TERRIER CROSS
THOMAS		
DENISE	BINDI	KOOLIE X KELPIE
PAUL		
MEJAN	TANSY	KELPIE
PHILLIP	MOLLY	KELPIE
ALISON		
CLARE		
CHRIS	LUI	KELPIE

SAM		
LEANNE	SHADO	ENGLISH STAFFY
TONY	WINNIE	AMERICAN STAFFY
RICKY	MOLLY	ENGLISH STAFFY
LILY	LULU	AMERICAN STAFFY
RACHEL	SMURF	STAFFY
ROBERT	GAVIN	STAFFY
JASPER		
PAYTEN	DEXTER	AUSTRALIAN BULL DOG
RACHEL	DASH	SPOODLE
JAI		
LARA	DAISY	JAPANESE SPITZ
ASHLEIGH	ZODIAC	BORDER COLLIE
CHRISTOPHER		
DANIEL	OPLA	POODLE
LAUREN		
MARIA	SPRITE	BULL ARAB X
DANIEL	SHELBY	GERMAN SHEPPHARD
AMELIA	ROSIE	GOLDEN RETRIEVER
JACKSON		
CATHELINE	CHLOE	BORDER COLLIE X
BEN		
JOSELYN	NELLIE	BORDER COLLIE
ABBEY		
MURRAY	BERTIE	TIBETAN MASTIFF
CARLEY	SID	TIBETAN TERRIER
PAULA	CLOVER	AMERICAN STAFFY
TALIS		
INDIANA		
JOANNE	DHARMA	LABRADOODLE
RENEE	KAI	BORDER COLLIE
ANA	LUNA	GERMAN SHEPHERD
TERESA		



# Promotions

## **Class 1 Basic to Class 2 Stabilising:**

To be able to be promoted from class 1 to class 2 you and your dog must be able to complete the following exercises

1. Your dog is comfortably walking next to your left leg.
2. Your dog is able to sit next to your left leg on command.
3. Your dog is able to stand next to your left leg on command
4. You are able to call your dog back to you on lead and continue walking.
5. You are able to complete left and right turns successfully
6. You are able to complete left and right about turns successfully.
7. Your dog can sit and stay with you standing beside it, in position for 30 seconds.

Handling the lead with 2 hands on, most of the time, and using the lead to position the dog.

At this stage it is much more important that the handler's mechanics are good – giving clear commands, guiding the dog as necessary, and praising the dog. If the dog makes a mistake and is effectively guided by the handler this is a positive.

## **Class 2 Stabilising to Class 3 Challenge:**

To be able to be promoted from class 2 to class 3 you and your dog must be able to complete the following exercises

1. Your dog is comfortably walking next to your left leg.
2. Your dog is able to sit next to your left leg on command.
3. Your dog is able to stand next to your left leg on command
4. You are able to complete left and right turns successfully.
5. You are able to complete left and right about turns successfully.
6. You are able to call your dog back to you and get them to place finish as one exercise.
7. Your dog can calmly work at fast pace with you.
8. Your dog can sit and stay with you standing in front, in position for 30 seconds.
9. Your dog can stand and stay with you standing beside it, in position for 30 seconds.

At this stage it is expected that to sit and stand, very little guiding is necessary (< 3 out of 5 times)

Still walking using the lead to position the dog, giving feedback to the dog when it is in position

### **Class 3 Challenge to Class 4 Finishing:**

To be able to be promoted from class 3 to class 4 you and your dog must be able to complete the following exercises

1. Your dog must be able to walk comfortably next to your left leg using a loose leash.
2. Your dog must be able to drop next to your left leg on command.
3. You are able to complete left and right turns successfully
4. You are able to complete left and right about turns successfully
5. You are able to call your dog back to you on lead and have them sit directly in front of you.
6. You are able to get your dog to do a place finish as a separate exercise
7. You are able to get your dog to successfully complete an off lead recall to front on command.
8. Your dog can calmly work with you at slow pace.
9. Your dog can sit and stay with you standing in front, in position for 30 seconds, returning around your dog
10. Your dog can stand and stay with you standing in front, in position for 30 seconds
11. Your dog can stay in the down with you standing beside it in position for 30 seconds.

At this stage it is expected that to sit and stand and drop come and place, very little guiding is necessary (< 3 out of 5 times)

Still walking on lead but with a loose leash the majority of the time



# Promotions

## Class 1 Basic to Class 2 Stabilising:

Chris and Paddington	Jenny and Benny
Fiona and Buddy	Catherine and Chloe
Kerry and Bella	Kya and Ruby
Rudolph and Oscar	Amy and Gertie
Pat and Sally	George and Lulu
Rebecca and Benji	Amy and Roxy
Tony and Shadow	Joyce and Jim

Ana and Luna
Maria and Sprite
Lachlan and Dexter

## Class 2 Stabilising to Class 3 Challenge:

Judy and Winnie	Ray and Roxy
Wendy and Ace	Tony and Shadow

## Class 3 Challenge to Class 4 Finishing:

Marnie and Digger
Andrew and Diesel



# Doggie Treat of The Month

## Reindeer Cookie Dog Treats

### Ingredients

- 1 cup natural apple juice 1 cup canned pumpkin
- $\frac{1}{4}$  cup honey
- 2 tablespoons canola oil
- 1  $\frac{1}{4}$  cups rolled oats
- 1/3 cup wheat germ
- 1 cup whole wheat flour
- 1 teaspoon ground cinnamon
- 1  $\frac{1}{2}$  cups plain flour



### Directions

1. Preheat oven to 150° c. Line 2 cookie sheets with baking paper. Heat a large saucepan over medium heat. Combine apple juice, pumpkin, honey and oil in the pan, bring to a simmer. Remove from heat. Stir in oats and wheat germ. Allow mixture to cool slightly. Stir in whole wheat flour and cinnamon. Stir in the plain flour. Divide the dough in half.
2. On a lightly floured surface, roll half the dough at a time in a 10 x 10inch square. Using a pastry wheel or knife, cut dough into desired shapes. Place cookies close together on the prepared cookie sheets
3. Bake on separate oven racks for 45 minutes, rotating sheets halfway through baking. Turn oven off and let cookies dry in oven overnight. Store in fridge in an airtight container.

# Christmas Safety Tips

Tis the season to spend time with your family and this means including your furry friends in the fun festivities. This list will help keep your dog safe while celebrating the holiday season!

## Christmas Tree:

- Try to place your Christmas tree in a corner of the room, blocked off from Fido. Make sure it is securely anchored to prevent it from being tipped or pulled by a rambunctious pup! With all the Christmas excitement...it happens!
- Christmas decorations including tinsel, baubles and ribbon can look like fun new toys to play with to your inquisitive canine! However they can cause choking, so remove the temptation and place ALL decorations out of paws reach.
- Keep Christmas lights out of paws reach too by placing them on the higher branches – this will also reduce the chances of burning, tangling and chewing.



## Avoiding a Christmas Food Disaster:

- Don't share Christmas lunch with your dog – even if those irresistible puppy dog eyes are making you melt! Foods such as cooked bones, chocolate and onions can be fatal if ingested. Keep your pets away from the table and unattended plates of food (it won't take Fido long to figure out how to get to that delicious Christmas turkey on the bench) and be sure to secure the lids on garbage cans.



## **Overwhelming Christmas Parties:**

- If you are having a Christmas party give your canine a room to their own in a quiet part of the house. This will create their own space that they can retreat to. Make sure they have fresh water and a place to snuggle up and get cosy.
- It is easy for dogs to get overwhelmed and overstimulated when there are lots of new people to sniff out! Try and take them for a walk before guests arrive to reduce their energy levels and anxiety.



# Fireworks Safety for pets



**Keep your pets secured INSIDE your home.** Even dogs in fenced yards find ways to escape the scary sounds.

**Give them a safe place to hide.** Set up a comfortable room or crate in your house just for them.

**Use ambient noise to mask the noise.** A radio or TV playing comforting music works well.

**Update their IDs & microchips** (*just in case*).

**Skip the celebration and stay home with them.** Sometimes your presence makes all the difference.

**Keep them busy.** Treat toys, like Kongs, can help distract them during the display.

# Roxy's Journey With IDTC

Hi I have been asked to write a piece on our gorgeous girl Roxy's training progress, to say we are very proud of her is an understatement.

She is a Rottweiler and we got her as a rescue at 6 months old, she was not abused but very neglected, no socialising at all and very little human contact, she hadn't had her immunisation, wasn't chipped or desexed so after she was caught up with all of the above it was training she was in desperate need of.

The Dog Club has changed our girl from an aggressive, anti social dog into a socialised happy dog, Roxy loves her Saturday afternoons interacting with the other dogs and training with Dad, it is now a pleasure taking her for walks and her behaviour in the car is very good, she gets lots of attention and pats from people we meet.

Roxy has now moved up to stage 3, graduating stage 2 last Saturday, so thank you to all the trainers for your dedication and love for our fur babies. On a personal note the new friends we have made both human and furry makes Saturday afternoons our favourite outing. On behalf of Roxy a huge thank you on turning her life around.



# Breed of The Month

## Newfoundland

The Newfoundland is a giant, very muscular, strong dog that is equipped with a heavy double coat of fur. Originally developed in Canada as a working dog and companion to fisherman, the Newfoundland is a stoic and even-tempered breed, known for its excellent swimming capabilities and brave, loyal nature.

Newfoundlands are closely related to the mastiff dogs like the English Mastiff and the St. Bernard and share the physical characteristics that are hallmarks of these breeds; thick bones, a strong muscular build and big bull-like heads. The breed originated from the island of Newfoundland and is a descendent of the indigenous St. John's Dog. It is believed that the mastiff characteristics were introduced by mating with the dogs of Portuguese fisherman who once frequented the island.

The Newfoundland's origins as a trusty work companion has developed some very attractive qualities in the dog. Newfoundlands have the reputation for enjoying human contact, being mindful and patient with children, and showing a great deal of loyalty towards their family. Because of their early work as a fisherman's dog, the Newfoundland is a remarkably competent swimmer and has a solid reputation for carrying out daring rescue missions in freezing cold and wild ocean conditions.

While the Newfoundland is known for its docile temperament, it is a very large and strong animal. Although they have a wonderful reputation with children, their size and weight means that they can accidentally hurt a small child who positions themselves in the wrong place at the wrong time.

The Newfoundland measures an impressive 69 to 74cm and generally weighs between 65 to 69kgs. Newfoundlands live to between the ages of 8 and 10 years.

### Personality and Temperament

Newfoundlands are known for their relaxed, almost lethargic behaviour. While they are quite docile and wonderfully even-tempered, they are very strong and energetic dogs. If needed, they can show great feats of endurance, in and out of the water.

The Newfoundland is a trustworthy animal with children, guests and strangers and shows a great deal of patience with younger kids and other animals in the house. Considered to be very intelligent dogs, the Newfoundland will assess a dangerous situation and act accordingly. They are generous and brave dogs—known for their ability to perform dangerous waterborne rescues and keep intruders at bay, blocking them from escape.

A very sizable animal, the Newfoundland can live outdoors but requires a good deal of human attention to remain happy and healthy. They can suffer from separation anxiety if left without human contact for any extended period of time.

Training is rather easy with this dedicated breed. Their intelligence and willingness to please their master makes for an obedient dog. Asserting dominance as the master early, like with all dogs, is an essential part of the process. To avoid any behavioural problems it's important to establish the pecking order as a puppy.

## History

The Newfoundland breed originated in Newfoundland in Canada, and is descended from a breed that is indigenous to the island called the lesser Newfoundland or St. John's Dog. It is thought that the introduction of the mastiff characteristics in the breed are a result of mating with the dogs of Portuguese fisherman.

A fisherman's work dog, the Newfoundland is a great swimmer and was employed to haul in fishing nets, the towing of small boats to shore and the rescue of drowning people. Like the Alaskan Malamute, the Newfoundland was also used to haul heavy packs cross-country in bad weather. The Newfoundland is not used in its traditional fishing roles as it once was, hauling in nets, but the breed is still employed as a rescue dog.

Often referred to as 'The St. Bernard of the Sea' Newfoundlands have been involved in a number of dangerous but successful water rescues. In fact, 63 shipwrecked sailors were once rescued by a single Newfoundland in awful conditions, all in one evening. Another occasion, and perhaps more of a standout, is the case of the SS Ethie which was wrecked in a blizzard. In this case, an astounding 92 people were saved by a single Newfoundland.

The first Newfoundland to come to Australia was reportedly aboard one of the ships in the first fleet which dates the introduction of the breed to our shores to 1788. The Newfoundland saw a great deal of popularity in the country over the next 150 years but breeding waned around the time of the Second World War.

Now new imports to Australia are beginning to revitalise the Newfoundland scene. For an island nation, a great swimming dog with an even temper and loyal nature would certainly make for a great companion.



# Summer Safety

With extended daylight and warm weather, the summer can be a great time to get active with your pet. However, it's important to be aware of the dangers of heatstroke – a life-threatening condition, caused by the elevation of a dog's body temperature. While people can also suffer heatstroke, the risk is much greater for dogs as they only perspire around their paws and nose (which is not sufficient alone to cool their body). The most effective means for a dog to expel excess heat is panting, which moves cool air through the nasal passages and around the body. If a dog doesn't have access to cool air – either because of high outside temperatures or a confined environment – they are at risk of overheating.

## Risks For Heatstroke

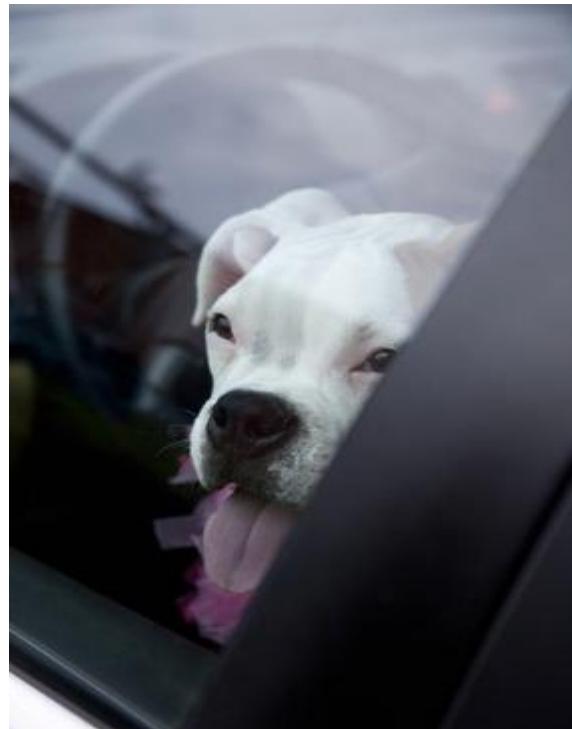
Avoid leaving your dog in the car!

### Symptoms

The biggest risk for heatstroke is the dog's immediate environment. If your dog is in very humid conditions or a confined space without fresh air (such as a car), he or she will quickly overheat. Brachycephalic breeds of dogs (those with short muzzles e.g. British Bulldogs and Pugs) are also more prone to heat stroke because their nasal passages are smaller and it is more difficult for them to circulate sufficient air for cooling.

Early signs of heatstroke include:

- High body temperature (more than 40 degrees)
- Distress
- Excessive panting
- Excess saliva
- Bluish-purple or bright red gums, due to inadequate oxygen supply to the tissues.
- **First Aid**



If your dog's body temperature reaches above 40 degrees or it is exhibiting the above symptoms, apply immediate first aid. The most important thing is to get his or her body temperature down to a normal level.

1. Ensure your dog has plenty of clean water at all times

**Cool your pet on your way to the vet.**, Get them in the car to the vet and run the air conditioning to keep them cool. You can also use a spray bottle to lightly cool them with water. Do not submerge your pet in ice water as this can be more dangerous.

- **Get them drinking.** If your dog is able to drink, give him or her a large bowl of water.

- **Seek veterinary attention.** Heatstroke is a serious condition that requires immediate attention and intensive care is generally required to save your pet's life. Intravenous fluids cool the body, maintain blood pressure, support the kidney system and generally help speed recovery. Any initial home

treatment greatly increases the chance of surviving but it is only in mild cases that the initial home treatment is sufficient.

- **Prevention** Fortunately, heatstroke is a preventable condition. By following the tips below, you'll be well on the way to ensuring your dog stays safe this summer:
- **Never leave your pet unattended in a car.** Within ten minutes, a closed car can reach temperatures of 45 degrees. In such temperatures, a dog is unable to shed its extra heat and may quickly suffer dehydration and heatstroke. If you are getting out of the car, take your dog with you.
- **Keep your dog well hydrated.** Ensure your dog has easy access to fresh water. Water dishes should be placed in the shade or kept cold (frozen water bottles are handy). Dogs also have a tendency to knock water over, so it's recommended you have a few bowls in different places.
- **Carry water.** When exercising your dog, take a collapsible water dish or run a route where you know your dog will have access to clean water.
- **Provide shade.** If your dog lives outside during the summer months, make sure you have adequate shade to shelter him or her from the sun.
- **Avoid walking on hot days.** During the summer months, walk your dog of a morning or an evening. Temperatures below 25 degrees are optimum.



***On Behalf of the  
executive committee  
and all instructors  
we'd like to wish you a  
safe and Merry  
Christmas and a  
wonderful New Year.  
We'll see you in 2020.  
Keep up the training!!***



# **Upcoming Events**

## **Return to Training**

**1<sup>st</sup> February 2019**

**Puppy Prep**

**8<sup>th</sup> February – 29<sup>th</sup> February 2020**





# WOONONA

## PETFOOD & PRODUCE

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