

Anasia Swim

Official Site Safety Plan

A handwritten signature in black ink, appearing to read 'Anasia Cuevas', with a small 'X' mark above the middle of the signature.

Anasia Swim

Contact Information:

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Business License Number: 1279310

Anasia Swim's Mission

My mission is to spread the importance of swim lessons and drowning prevention. It is a life saving skill I believe all should have access to, and should be affordable to everyone. I want to create a lasting positive impact in my community and offer a curriculum worldwide who may not have the ability to afford in person swim lessons, but can use digital products and videos to learn how to swim safely at their own home. We aim to conduct and deliver high quality swim lessons and customer service, ensuring safety and satisfaction in our services.

1. Purpose: The purpose of this Safety Site Plan is to ensure a safe, controlled, and professional environment for all swim lessons conducted by Anasia Swim at client-owned residential and HOA pools. This plan outlines safety protocols, risk management procedures, and emergency response guidelines.

2. Scope of Services: Anasia Swim provides private and small-group swim instruction at client homes. Lessons include:

- Water acclimation
 - Learn-to-swim techniques
 - Stroke development
 - Water safety skills
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3. Instructor Qualifications: All instructors at Anasia Swim must:

- Hold current CPR/AED and First Aid certification or equivalent
 - Have formal swim instruction training or equivalent experience
 - Maintain ongoing safety education & Skill Assessments
 - Be trained in water safety and rescue techniques
 - Demonstrate competency in teaching swim skills
 - Maintain awareness of California drowning prevention standards
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4. Pre-Lesson Safety Requirements: Client Responsibilities

Before each lesson, clients must ensure:

- Pool area is clean and free of hazards (toys, debris, sharp objects)
 - Water clarity allows full visibility to the bottom
 - Pool chemicals are balanced within safe levels
 - All gates, fences, and barriers comply with local safety regulations
 - Pets are secured away from the lesson area
 - A responsible adult (18+) is present on-site during lessons
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5. Instructor Responsibilities: Anasia Swim Instructors will:

- Conduct a visual inspection of the pool and surrounding area
 - Confirm safe entry/exit points (ladders, steps)
 - Identify depth markings and potential hazards
 - Review emergency access points (gate exits, house access)
 - Review general water safety with clients and caregivers
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6. Supervision & Student Safety

- Constant, active supervision is maintained at all times
 - Instructor-to-student ratios are kept at safe levels (typically 1:1 or small groups no larger than 1:5)
 - Non-swimmers remain within arm's reach when necessary
 - No student is left unattended in or near the water
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7. Emergency Action Plan (EAP) In Case of Emergency:

1. Remove the swimmer from the water immediately (if safe to do so)
2. Assess the situation (conscious/unconscious, breathing, injury)
3. Call 911 (or direct a designated adult to call)
4. Begin CPR/First Aid if needed
5. Remain with the participant until emergency services arrive

Emergency Information

- Client must provide home address, emergency contact information, and pertinent medical history or medications prior to first lesson
 - Instructor will have a charged phone & first aid kit readily accessible at all times
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8. Weather & Environmental Safety: Lessons will be postponed or canceled if:

- Lightning or thunder is present
 - Heavy rain reduces visibility
 - High winds create unsafe conditions
 - Water temperature is unsafe for participants
 - Excessive heat creates risk of heat illness
 - Air quality is unsafe (wildfire smoke conditions common in California)
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9. Health & Hygiene Policies

- Participants should not attend lessons if ill (fever, vomiting, contagious conditions)
 - Open wounds must be properly covered
 - Bathroom breaks and hygiene practices are encouraged before lessons
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10. Equipment Safety

- Only instructor-approved equipment will be used
 - All equipment will be inspected regularly for damage and are regularly sanitized by all Anasia Swim staff
 - Flotation devices are used as teaching tools, not substitutes for supervision
 - Ensure compliance with entrapment prevention (drains, suction outlets and inlets)
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11. Incident Reporting

- Any injuries, accidents, or incidents will be documented, and a copy given to parents/guardians/institutions for documentation
 - Parents/guardians will be informed immediately
 - Records will be maintained for liability and safety review
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12. Liability & Waivers

- All clients must sign a liability waiver prior to participation
 - Clients acknowledge inherent risks associated with aquatic activities
 - Anasia Swim maintains appropriate business liability insurance coverage
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12. COVID / Communicable Illness Considerations (Optional)

- Instructors may follow updated public health guidance
 - Lessons may be modified or rescheduled based on health concerns
 - All Anasia Swim instructors are required to obtain and maintain COVID-19 vaccinations
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15. Acknowledgment Clients acknowledge:

- Their pool meets California safety requirements
 - They understand the risks of aquatic activities
 - They agree to follow all safety policies set by Anasia Swim
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13. Continuous Safety Improvement: Anasia Swim is committed to:

- Regularly reviewing safety procedures
- Updating certifications and training
- Incorporating feedback from clients and safety professionals