

ECHELON[®] ROW-7s

LIGHT COMMERCIAL ROWER



THE ROW-7S LETS YOU REACH YOUR FITNESS GOALS WITHOUT LEAVING YOUR HOME WITH OUR LIVE AND ON-DEMAND CLASSES.

FEATURES

Live & On-Demand Fitness Classes with Pro Coaches On and Off the Rower

Global Leaderboard with Great, Licensed Music to Keep You Rowing

Dual-Rail Frame for a Stable Smooth Glide for Years

22" HD Touch Screen Display

32 Levels of Resistance for all Fitness Levels

3 Audio Options:

- Built-In Speakers
- Bluetooth[®] Audio
- Headphone Jack

Silent Magnetic Resistance with Toggle Thumb Controls on the Handlebar

- Easily Hear the Class Instructor and Music
- Quick, Easy Resistance Adjustment for Following Class Instruction

Easy In/Out Foot Straps for Cross-Training Workouts

Commercial Grade with 2 Years Parts and 2 Years Labor Warranty

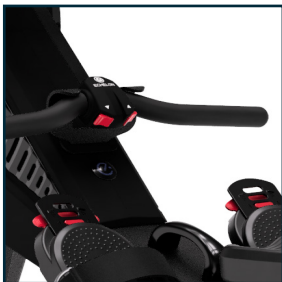
ONE SUBSCRIPTION THOUSANDS OF CLASSES

LIVE & ON-DEMAND CLASSES

Connected Fitness with Live and On-Demand Classes. We Coach On and Off the Rower.

JOIN THE FITNESS COMMUNITY

Row Live with the Echelon Community and Inspire Each Other to Climb the Leaderboard.



ECHELON FIT™ APP

JOIN THE ECHELON[®] EXPERIENCE

22" HD TOUCH SCREEN

Connect and ride with people around the world on the 22" HD touch screen that also flips 180° for off-the-rower classes.

LIVE / ON-DEMAND CLASSES

Enjoy live streaming and on-demand classes all day with over a dozen certified indoor cycling instructors of varying ages.

SCENIC RIDES

Experience pre-recorded rides through various landscapes and terrains. Explore the world with videos available on the Echelon Fit™ App.

FITPASS CLASSES

Watch and learn how to prepare for and recover from your rides. A mix of strength, core, stretching, and yoga will keep you at your best.

FITNESS TRACKING

Use with the Echelon Connect™ to track your progress by classes, distance ridden, and heart rate (monitor sold separately).

STAY TOGETHER

Link your Facebook, Fitbit[®], Zwift, and Strava accounts to the Echelon[®] Fit app to connect and compete with your friends and family!



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SPECIFICATIONS

MODEL #	ECH-ROW-7S
VOLTAGE	110V
TOUCH SCREEN	22" HD Touch Screen with 180° Pivot Adjustment
RESISTANCE	32 Levels
AUDIO FEATURES	Built-In Speakers; Bluetooth® Audio; Headphone Jack (Standard 3.5 mm Port)
ADJUSTABILITY	Foot Platform Adjusts to Foot Size
WATER BOTTLE HOLDERS	2
PRODUCT DIMENSIONS	85" L x 21" W
UNIT WEIGHT	108 lbs (49 kg)
MAX USER WEIGHT	300 lbs (136 kg)
WARRANTY	2 Years Parts / 2 Years Labor Light Commercial Use