



## ECHELON<sup>®</sup> ROW

### SMART ROWING MACHINE

1. DEVICE HOLDER THAT BOTH SWIVELS 90° AND FLIPS 180°
2. LIVE & ON-DEMAND CLASSES WITH EXPERIENCED INSTRUCTORS
3. MOTORIZED RESISTANCE CONTROLS LOCATED ON HANDLEBARS
4. COMFORTABLE SEAT DESIGN PUTS YOU IN OPTIMUM ROWING POSITION
5. 32 LEVELS OF MAGNETIC RESISTANCE
6. FOOT PLATFORM ADJUSTS TO FOOT SIZE WITH VELCRO STRAP TO SECURE FOOT
7. RAIL ANGLE OF 1.7 DEGREES FOR OPTIMUM PERFORMANCE
8. FOLDABLE DESIGN FOR EASY STORAGE AND HANDLE FOR PORTABILITY



LEARN MORE AT [ECHELONFIT.COM](https://www.echelonfit.com)  
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