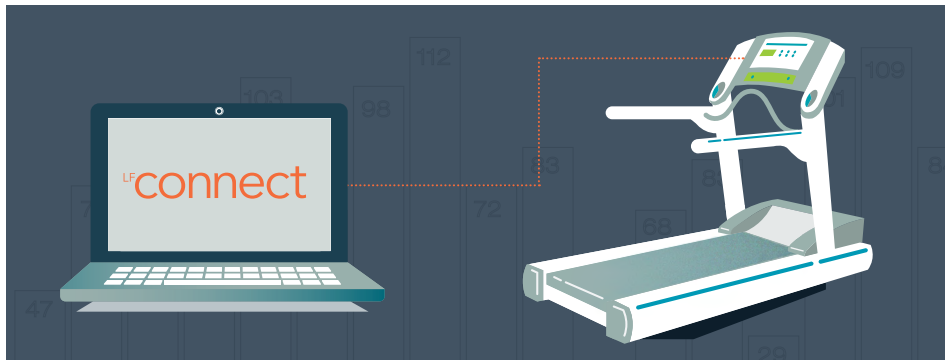


# INTEGRITY SERIES

CLSC UPRIGHT LIFECYCLE  
EXERCISE BIKE

The Integrity Series upright Lifecycle® exercise bike is designed with the advanced engineering and durable components that exemplify our legacy of fitness expertise. Built for easy use, riders of all sizes can adjust the bike seat in seconds to ensure an optimal workout.



## LFCONNECT DIGITAL SOLUTIONS

When Integrity Series is connected to the Internet, LFCconnect™ solutions maximize your investment by providing detailed product usage data with valuable insight on exerciser habits, staffing needs and future purchases. LFCconnect also enables enhanced technical service to prolong the life of your equipment.



## EASY WORKOUT TRACKING

Exercisers can use the free LFCconnect app to track their workout results. Requires wireless connection.



## APPLE AND ANDROID DEVICE CHARGING

Universal USB port and optional Lightning, 30-Pin or Micro USB connectors enable exercisers to charge their Apple® or Android™ device.



STANDARD TITANIUM STORM  
FRAME AND WIRELESS  
INTERNET CONNECTION

## CLSC UPRIGHT LIFECYCLE EXERCISE BIKE

Product code: CLSC

**WEIGHT:**  
107 lbs (49 kg)

**MAX USER WEIGHT:**  
400 lbs (181 kg)

**DIMENSIONS (L X W X H):**  
48 x 24 x 54 in.  
(122 x 61 x 137 cm)

*LifeFitness*

WHAT WE LIVE FOR

KEY | • STANDARD ○ OPTIONAL\*

HEART RATE MONITORING	
Polar® Telemetry (optional chest strap required)	•
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)	•
WORKOUTS	
Manual, Quick Start	•
Zone Training+™ Heart Rate Workouts: Cardio, Fat Burn, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate	•
Interval Workouts: Hill, Random, Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training	•
Goal Workouts: Watts, Mets, Calories, Distance, Time in Zone	•
Custom Workouts	6
Fit Test Protocol: Fit Test, Air Force PRT	•
Customized Cool Down	•
DISPLAY READOUTS	
Elapsed Time, Distance, Total Calories Burned, Calories Per Hour, Heart Rate, Watts, METs, Workout Profile, Resistance Level, Speed	•
Language Choices	7
DISPLAY TYPES	
LED: Alphanumeric message center, workout profile and lower level time/level display	•
Numeric Keypad	•
TECHNICAL SPECIFICATIONS	
Resistance (Watts)	500
Power Requirements: AC power line, 115 volt, 15 amp (voltage may vary outside U.S.)	○
Self-Powered	•
Auto Start: Brings power to console when user begins pedaling	•
Unit Weight	107 lbs (49 kg)
Maximum User Weight	400 lbs (181 kg)
Length	48 in. (122 cm)
Width	24 in. (61 cm)
Height	54 in. (137 cm)

SPECIAL FEATURES	
Internet: Wireless Connectivity: IEEE802.11a/b/g/n	•
LFconnect Digital Solutions	•
Apple and Android Charging via Universal USB Port	•
Lightning, 30-Pin, Micro USB Connectors	○
Integrated TV Controls	•
Deluxe Racing Handlebars	•
Wide Ride™ Pedals	•
Ratcheting Seat Adjustment	•
Comfort Curve Seat	•
Front Wheels for Easy Mobility	•
On-the-Fly Programming	•
Resistance Levels	25
Plug-In Accessory	○
Service Enhancements: Manager's Optional Settings and Service Diagnostics	•
Networking Capabilities: CSAFE-Ready, FitLinxx™ Certified	•
Attachable TV System**	○
Flash Programmable	•
Arctic Silver Frame	○
No Wireless Internet Connectivity	○
WARRANTY†	
2-year limited warranty on all mechanical and electrical components	•
1-year labor	•
Attachable TV System Option: 2-years electrical and mechanical parts; 90 days labor	•



### UNPRECEDENTED EASE OF USE

No need to move reading material – the dual-level console lets users manage workouts and read at the same time. Plus, Lifepulse™ heart rate hand sensors are located in two positions – upright and racing – for comfort and convenience.



### INTEGRITY SERIES: HIGH PERFORMANCE, OUTSTANDING DURABILITY

The workhorse of Life Fitness cardio equipment holds up to constant use at the busiest health clubs and athletic facilities. Integrity Series treadmills, cross-trainers, recumbent and upright Lifecycle® exercise bikes, stairclimbers, summit trainers and PowerMill™ Climbers are built to be reliable and effective.



\* Optional features are available with the purchase of an attachable TV at an additional charge.  
 \*\* Optional attachable TV requires external power source.  
 † Warranties outside the U.S. may vary. Specifications subject to change.

[LifeFitness.com/IntegritySeries](http://LifeFitness.com/IntegritySeries)