



You must NOT initiate a Slimwave Session if you:

- are fitted with a PACEMAKER; metal implants or have heart conditions;
- are Pregnant; or have a copper IUD;
- have lupus, epilepsy or diabetes;
- have a severe case of varicose veins – avoid the area;
- have broken or weeping skin – avoid the area;
- have contagious pustular skin conditions;
- wear patches for: hormones, smoking, birth control – avoid the area;
- had cancer – post treatment for condition should be 12 months;
- had chemotherapy or radiation within 12 months;
- had liposuction within 3 months – avoid the area;
- had a breast implant – avoid the area;
- had a stomach operation – cesarian birth, tummy tuck, stapling, bands, hernia – within 6-12 months – avoid area;
- had stripping or injection of veins – within 3-6 months – avoid the area;
- have any abnormal internal or external conditions without the consent of a physician.

Pre-Care Slimwave Instructions:

- Drink water prior to your session to enhance the lymphatic drainage process.
- Do not work out the day before or day of as your treatment.
- Please bring comfortable clothing on day of treatment so that the treatment areas can be easily accessed and then removed after heavy sweating.
- Do not wear any jewelry and remove all electronic devices prior to treatment.

Post-Care Slimwave Instructions:

- Drink several glasses of water upon completion of your session to assist your body with elimination of toxins.
- For nursing mothers, it is recommended to express and discard your first collection of breast milk due to the need to eliminate toxins and flush out the lymph from activating major bodily functions from the treatment.
- Resume normal activities.
- Soreness and/or tenderness in the muscles are common.
- Follow a healthy fitness routine, diet, and lifestyle to optimize and maintain your results.

Schedule your next session as recommended by your Electro-Therapist.

We want you to have outstanding results.

If you have any questions or concerns, please call 647.328.5324 for assistance.

