

## The CCB Foundation, Inc. is announcing its plans to open The CORE Peer Recovery & Resource Center - A COmmunity of REcovery in 2022.

Substance Use Disorder (SUD) is a complicated chronic disease. No matter which treatment path is chosen, and there are many, once someone re-enters the community following a relatively short period of either outpatient or residential treatment, these individuals need long-term support in order to maintain their recovery. SUD is a life-long disease and as with any chronic incurable disease, these individuals will need life-long support in order to maintain a life of sobriety and health.

A peer-to-peer recovery and resource center provides that long-term support and is an essential and integral part of a person maintaining sobriety and long-term recovery. Peer-led recovery centers are particularly successful in aiding recovery because the peer group members are involved in all aspects of the center including program structure, leadership and overall planning of the services offered, giving them ownership, a purpose, and a sense of community.



CCB Foundation, Inc. is working with public and private social service agencies, as well as local and state government officials to open The CORE Peer Recovery & Resource Center in Gloucester, MA to serve the people of Cape Ann. Our goal is to have the facility up and running in 2022.



The CORE will offer education, vocational training, access to other social service resources, sober social events and recreational activities, and various health and wellness groups and programs. The CORE will provide its members with the opportunity to build their own unique individual, social and community support, to help prevent relapse, and to promote long-term recovery from addiction. In addition, because SUD so often impacts families, The CORE will also be a center for family education and support where peer-led support groups such as Learn to Cope or Al-Anon can meet.

Finally, The CORE will serve as a hub to connect the people it serves to other programs and services offered by other local social service organizations, which can often be difficult to navigate and access. For example, if someone needs assistance with housing, job placement, health care, or food assistance, The CORE will be able to help make the connections to those services.

To find out more about the CORE Peer Recovery & Resource Center or how you can help, please contact the CCB Foundation, Inc. at info@ccbfoundation.com