

2ND ANNUAL

KinderMourn

Tumble Over Grief Workshop

The Ava Ever After Foundation is partnering with KinderMourn and Top Notch Gymnastics to bring you a day of support and healing through art therapy and tumbling with grief support sessions on how to navigate loss lead by KinderMourn counselors.



AVA
DOYLE

THE AVA EVER AFTER MISSION:

Our mission at the Aa Ever After Foundation is to support children who have suffered the loss of a sibling, parent, or caregiver, by combining grief counseling with methods of self expression like art, dance, exercise, and nature.

Our ultimate goal is to offer a safe place for kids to play, interact, learn to grieve, and build life long relationships with other children in similar circumstances.

WHAT:

This **FREE** workshop is being offered to children ages 5-13, who have navigated the loss of a sibling, parent, or caregiver.

WHERE:

Top Notch Gymnastics
4380 Triple Crown Dr. SW
Concord, NC 28027



REGISTER TODAY!

To register or for more information go to:
www.avaeverafter.org/events