



**WEST VALLEY**  
**CHRISTIAN ACADEMY**  
PRESCHOOL - 8TH

## Lunch Menu October 2026

Families are responsible for supplementing items due to allergy and/or diet restriction.



| Monday                                                  | Tuesday                                                                | Wednesday                                                                       | Thursday                                                             | Friday         |
|---------------------------------------------------------|------------------------------------------------------------------------|---------------------------------------------------------------------------------|----------------------------------------------------------------------|----------------|
|                                                         |                                                                        |                                                                                 | 1 Breakfast<br>Breakfast Bars & Fruit<br>Snack<br>Cheese & Crackers  | 2 Smorgasbord  |
| 5 Breakfast<br>Cereal & Milk<br>Snack<br>Chips & Fruit  | 6 Breakfast<br>Danish & Fruit<br>Snack<br>Go-gurt & Graham<br>Crackers | 7 Breakfast<br>Bagels &<br>Cream Cheese<br>Snack<br>Pretzels & Fruit Snacks     | 8 Breakfast<br>Avocado Toast<br>Snack<br>Chips & Salsa               | 9 Smorgasbord  |
| 12 Breakfast<br>Cereal & Milk<br>Snack<br>Chips & Fruit | 13 Breakfast<br>Toaster<br>Pastry & Fruit<br>Snack<br>Nori & Goldfish  | 14 Breakfast<br>Yogurt & Granola<br>Snack<br>Apples &<br>Sunbutter              | 15 Breakfast<br>Toast & Jam<br>Snack<br>Veggie Straws &<br>Fruit     | 16 Smorgasbord |
| 19 Breakfast<br>Cereal & Milk<br>Snack<br>Chips & Fruit | 20 Breakfast<br>Waffles & Fruit<br>Snack<br>Hummus & Pitas             | 21 Breakfast<br>Smoothie & Eggs<br>Snack<br>Granola Bars &<br>Fruit             | 22 Breakfast<br>Oatmeal & Fruit<br>Snack<br>Cheezits &<br>Applesauce | 23 Smorgasbord |
| 26 Breakfast<br>Cereal & Milk<br>Snack<br>Chips & Fruit | 27 Breakfast<br>Muffins & Fruit<br>Snack<br>Wheat Thins &<br>Cucumbers | 28 Breakfast<br>Bagels & Cream<br>Cheese<br>Snack<br>Jello & Animal<br>Crackers | 29 Breakfast<br>Aussie Bites & Fruit<br>Snack<br>Cheese & Crackers   | 30 Smorgasbord |