



**WEST VALLEY**  
**CHRISTIAN ACADEMY**  
PRESCHOOL - 8TH

## Lunch Menu September 2025

Families are responsible for supplementing items  
due to allergy and/or diet restriction.



Monday	Tuesday	Wednesday	Thursday	Friday
1 <b><u>CLOSED</u></b> Labor Day	2 Breakfast Cereal & Milk Snack Chips & Fruit	3 Breakfast Wafer bars & Fruit Snack Go-gurt & Graham crackers	4 Breakfast Muffins & Fruit Snack Fruit Snacks & Pretzels	5  Smorgasbord
8 Breakfast Cereal & Milk Snack Chips & Fruit	9 Breakfast Yogurt & Granola Snack Pirates booty & Fruit	10 Breakfast Danish & Fruit Snack Cheese-its & Applesauce	11 Breakfast Bagels & Cream Cheese Snack Apples & Sunbutter	12  Smorgasbord
15 Breakfast Cereal & Milk Snack Chips & Fruit	16 Breakfast Overnight Oats & Fruit Snack Cheese & Crackers	17 Breakfast Breakfast Bars & Fruit Snack Pudding & Nillas	18 Breakfast Sunbutter, chocolate chip & Oat Balls & Fruit Snack Cucumbers & Wheat Thins	19  Smorgasbord
22 Breakfast Cereal & Milk Snack Chips & Fruit	23 Breakfast Yogurt & Oat Bites Snack Hummus & Pita Chips	24 Breakfast Smoothies & Eggs Snack Chex Mix & Fruit	25 Breakfast Chia Pudding & Fruit Snack Nori & Goldfish	26  Smorgasbord
29 Breakfast Cereal & Milk Snack Chips & Fruit	30 Breakfast Bagels & Cream cheese Snack Chips & Salsa			<div>Follow our Lunch Program on Instagram @WVCACougarCuisine for visual examples</div>