



WEST VALLEY CHRISTIAN ACADEMY

PRESCHOOL - 8TH

Supporting our Students through End-of-Year Burn-Out

We are in the “home stretch” of the school year, and approaching the longest month without breaks this March. *How can we make sure our students maintain the motivation and persistence to get through the rest of the school year feeling encouraged?*

Our Cougar Club Teaching Team is thoughtfully planning to support and encourage our students by following some mental health recommendations that help children avoid burn-out, and the unwanted behaviors that usually accompany it.

Students spend the majority of their day in a structured environment, and after school flexibility is very important to attitude and mood. Here are some ways we are supporting our students, and hope to partner with you for a smooth and fun end of year:

- Provide outdoor play before homework
- Ensuring healthy snacks and water breaks
- Creating a peaceful environment
- Balancing structured activity with freedom of choice

Outdoor Play Planning in Cougar Club

With the beautiful weather, we will be encouraging the children to play on the grass area during outdoor play. The teachers are planning for bug hunting, cooperative sports games, and simple time in the beauty of nature.

March 2020

Nothing in all creation will ever be able to separate us from the Love of God.

Romans 8:39

Important Dates

March 6
Early Release Day

March 12
Science Fair

March 21
TCC/WVCA Crab Feed



**COUGAR
SUMMER
CAMP 2020**
West Valley Christian Academy
K-8th Full Day Camp

**Weekly Registration
June 1- SEP 3**

**Everyday is an
Adventure!**

WESTVALLEYCHRISTIANACADEMY.COM
LIC# 39031332

Summer Camp Registration is now Open!

Summer Camp is our favorite time of year. We love offering our students an authentic summer camp experience. This summer we are excited to announce some of our weekly special events and trips!

Menchie's

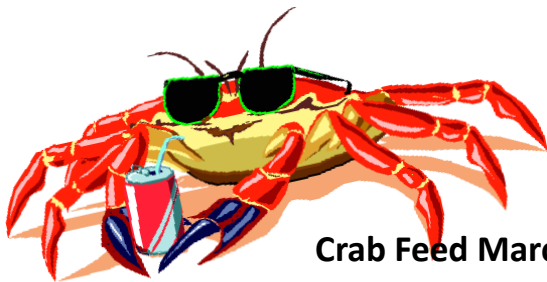
Kona Ice

W.O.W. on Wheels Science

Giant Inflatable Slip n' Slide

Fire Department Visit

Make sure to take advantage of the priority registration. Registration will be waived for enrollment through May 22 for currently enrolled families.



Crab Feed March 21

Don't miss out on the best crab feed in town! WVCA is partnering with Tracy Community Church for the annual Crab Feed. Tickets are on sale now in the school office.

Thank you!

Thank you to all the children and families who showered our staff with candy, flowers, cards, art, and treats this Valentine's Day.

We feel truly blessed!



Memory Verse in H.W. Club

Each day as students arrive to Cougar Club after school they have a story read to them.

Cougar Club teachers will be reviewing memory verses for all grades, and sharing the Bible Stories during story time in efforts of giving Memory Verses context to support memorization.