



# July 2019

## WVCA Preschool & Cougar Summer Camp Breakfast & Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Breakfast</b> Yogurt & Granola <b>Snack</b> Pretzels & Fruit	2 <b>Breakfast</b> Scrambled Eggs & Fruit <b>Snack</b> Salami & Cheese	3 <b>Breakfast</b> Chocolate Muffins <b>Snack</b> Carrots, Crackers & Ranch	4 CLOSED	5 <b>Breakfast</b> Cereal & Milk <b>Snack</b> Applesauce & Ritz
8 <b>Breakfast</b> Bagels & Cream Cheese <b>Snack</b> Chips & Fruit	9 <b>Breakfast</b> Pancakes & Fruit <b>Snack</b> Apples & Sunbutter	10 <b>Breakfast</b> Breakfast Bars <b>Snack</b> Chocolate Pudding & Nilla Wafers	11 <b>Breakfast</b> French Toast <b>Snack</b> Snack Mix & Fruit	12 <b>Breakfast</b> Hardboiled Eggs & Toast <b>Snack</b> Cheese & Crackers
15 <b>Breakfast</b> Danish & Milk <b>Snack</b> Goldfish & Fruit	16 <b>Breakfast</b> English Muffins <b>Snack</b> Cucumbers w/ Ranch & Crackers	17 <b>Breakfast</b> Oat & Honey Bars <b>Snack</b> Chips & Fruit	18 <b>Breakfast</b> Waffles <b>Snack</b> Jell-O & Animal Crackers	19 <b>Breakfast</b> Oatmeal <b>Snack</b> Salami & Cheese
22 <b>Breakfast</b> Blueberry Muffins <b>Snack</b> Carrots, Crackers & Ranch	23 <b>Breakfast</b> Pancakes & Fruit <b>Snack</b> Applesauce & Ritz	24 <b>Breakfast</b> Cereal & Milk <b>Snack</b> Snack Mix & Fruit	25 <b>Breakfast</b> Yogurt & Granola <b>Snack</b> Chips & Salsa	26 <b>Breakfast</b> Hardboiled Egg & Toast <b>Snack</b> Pretzels & Fruit
29 <b>Breakfast</b> Bagels & Cream Cheese <b>Snack</b> Apples & Sunbutter	30 <b>Breakfast</b> English Muffins <b>Snack</b> Cheese & Crackers	31 <b>Breakfast</b> Hardboiled Eggs & Fruit <b>Snack</b> Chocolate Pudding & Nilla Wafers		

\*Parents are responsible for providing supplemental foods for children with allergies and food preferences.

