



# Breakfast & Snack Menu October 2020

\*WVCA Preschool & Cougar Club will provide the fruit, veggie, and milk for lunch daily. Families are responsible for providing their child's entrée, and supplementing items due to allergy.

Monday		Tuesday		Wednesday		Thursday		Friday	
5	<b>Breakfast</b> Cereal & Milk <b>Snack</b> Chips & Fruit	6	<b>Breakfast</b> Bagels & Cream Cheese <b>Snack</b> Applesauce & Graham Crackers	7	<b>Breakfast</b> Yogurt & Granola <b>Snack</b> Goldfish & Fruit	8	<b>Breakfast</b> Granola Bars & Milk <b>Snack</b> Chex Mix & Fruit	9	<b>Breakfast &amp; Snack</b> Smorgasbord
12	<b>Breakfast</b> Cereal & Milk <b>Snack</b> Chips & Fruit	13	<b>Breakfast</b> Muffins & Milk <b>Snack</b> Animal Crackers & Pudding	14	<b>Breakfast</b> Breakfast Bars & Milk <b>Snack</b> Chips & Salsa	15	<b>Breakfast</b> Danishes & Milk <b>Snack</b> String Cheese & Crackers	16	<b>Breakfast &amp; Snack</b> Smorgasbord
19	<b>Breakfast</b> Cereal & Milk <b>Snack</b> Chips & Fruit	20	<b>Breakfast</b> Bagels & Cream Cheese <b>Snack</b> Applesauce & Graham Crackers	21	<b>Breakfast</b> Yogurt & Granola <b>Snack</b> Goldfish & Fruit	22	<b>Breakfast</b> Granola Bars & Milk <b>Snack</b> Chex-Mix & Fruit	23	<b>Breakfast &amp; Snack</b> Smorgasbord
26	<b>Breakfast</b> Cereal & Milk <b>Snack</b> Chips & Fruit	27	<b>Breakfast</b> Muffins & Milk <b>Snack</b> Animal Crackers & Pudding	28	<b>Breakfast</b> Breakfast Bars & Milk <b>Snack</b> Chips & Salsa	29	<b>Breakfast</b> Danishes & Milk <b>Snack</b> String Cheese & Crackers	30	<b>Breakfast &amp; Snack</b> Smorgasbord

Breakfast is served by 8 AM in Cougar Club, and by 8:30 AM for Preschool. Snack is served at 3:00 PM for Cougar Club, and between 2:30-3:00 PM for preschool. Smorgasbord Friday's are a variety of options previously provided that week.

