

# **FIRST AID AWARENESS**

Integrated Water Services, Inc. (the Company)



## **Purpose**

The purpose of this program is to establish the minimum first aid supplies, equipment, and actions necessary to properly respond to injuries.

### Scope

This program is applicable to all Integrated Water Services employees.

When work is performed by a subcontractor on a company site, the contractor's written safety program shall take precedence for their employees. However, subcontractors may adopt this procedure for their use.

## Responsibilities

- It is the responsibility of the project superintendent to ensure that first aid kits are provided and maintained.
- Employees are responsible for using first aid materials in a safe and responsible manner.
- Employees are required to inform the superintendent if first aid supplies run low.

## Requirements

#### **Planning**

The project superintendent will:

- Ensure that a minimum of one employee, with a valid first Aid training certificate, shall be present to render first aid when work is being performed and where medical assistance is not available in the surrounding community.
- Ensure that provisions shall have been made prior to commencement of a project for prompt medical attention, including transportation, in case of serious injury.
- Ensure adequate first aid supplies and equipment are easily accessible when required.
- Ensure that in areas where 911 is not available, the telephone numbers of the physicians, hospitals, or ambulances to be used shall be conspicuously posted.

#### **Medical Response**

All minor first aid injuries are to be self-treated. Because of the risks presented by certain bloodborne pathogens, no employee is allowed to tend to the minor injuries of another worker while on company time unless the nature of or location of the injury is such that the injured person is unable to self-render first aid. In such a case the first aid provider is required to adhere to the requirements of this procedure.

In the absence of an infirmary, clinic, hospital, or physician, that is reasonably accessible in terms of time and distance to the worksite, which is available for the treatment of injured employees, a person who has a valid certificate in first-aid shall be available at the worksite to render first aid.

Employees authorized to render first aid will always observe universal precautions. (Universal Precautions means that the aid giver treats all bodily fluids as if they were contaminated).



If 911 is not available, refer to the Emergency Action Plan list of posted phone numbers for medical response providers. All Integrated Water Services authorized first responders shall have a cell phone as a means of communications otherwise hand held radios or landline telephones shall be used as a means of communication.

## **Supplies and Equipment**

First aid supplies shall be easily accessible. Always follow the manufacturer's instructions when using the materials in the first aid kit.

All Company first aid kits shall contain appropriate items determined to be adequate for the environment in which they are used. If the kit is made available in an outdoor environment, the supplies must be stored in a weather proof container with contents individually sealed by the manufacturer.

The Company is responsible for ensuring the availability of adequate first aid supplies and to periodically reassess the availability of supplies and to maintain adequate inventories. First Aid kits are to be inspected:

- On the first working day of each month to verify that they are fully stocked and that no expiration dates have been exceeded, and
- Before being sent out to each job, and
- Replace any items that have exceeded their expiration dates or that have been depleted.

Where the eyes or body of any person may be exposed to injurious corrosive materials, a safety shower and/or eye wash or other suitable facilities shall be provided within the work area. Ensure expiration dates are checked and the flushing agent used is maintained in a sanitary dispenser.

An assessment of the safety data sheet (SDS) for the hazardous material(s) shall be performed to determine the type of flushing equipment and solution is required. Portable or temporary eye flushing stations must be established prior to the use of corrosive materials.

#### **Transportation**

In the event of an injury that requires clinical care, the onsite first responder will call the WorkCare (WC) injury hotline and advise the WC provider of the nature of the injury and the symptoms demonstrated by the IP. Based on the information WC is provided, WC will recommend the level of care that should be administered. If it is deemed that the injured person should be transported to a medical clinic, the WC provider will recommend the type of transportation needed and provide a name and address of the appropriate clinic. The injured person should follow the recommendations and advice of the WC provider.

Some examples of serious injuries that result in the injured person being transported to a medical provider are those resulting in severe blood loss, possible permanent disfigurement, head trauma, spinal injuries, internal injuries, loss of consciousness, fractures, serious contusions, etc. Keep in mind that the needs and wellbeing of the injured person are of the highest priority.

Proper equipment for prompt transportation of the injured person to a physician or hospital or a communication system for contacting necessary ambulance service shall be pre-planned and always available. Choices to consider include: private automobile, company vehicle, EMS vehicles including medi-vac helicopters, or any other transportation that can provide adequate safe transportation to the hospital or medical clinic in order to provide medical attention to the injured in the quickest manner without any additional complications or injuries to the injured person.



Transportation needs must be preplanned and coordinated with the transportation provider prior to an incident requiring such service.

## **Training**

First Aid providers or selected employees must be trained by the American Red Cross or equivalent in CPR and first aid. Each of these trained and certified employees must be equipped with first aid kits and bloodborne pathogens kits.