

Winnipeg Region Autumn Newsletter

Issue #10

September, 2026



Upcoming Events

September 7, 2026

Labour Day

September 30, 2026

National Day for Truth and
Reconciliation

October 3, 2026

Winnipeg Region Street
Festival

October 12, 2026

Thanksgiving

October 22, 2026

Louis Riel's Birthday
(1844)

November 11, 2026

Remembrance Day

406 McGregor Presentation Series:

October 25, 2026

Kitchen Table Talk

November 4, 2026

Foot Care

November 15, 2026

Métis History Presentation

November 29, 2026

Connie Newman -
Manitoba Association
for Senior Communities



Fall Reflections from the Vice-President

September 1st, 2026

Dear Winnipeg Region's Red River Métis Citizens,

Welcome back, and I hope that everyone had an enjoyable and safe summer months. Earlier this Spring, Winnipeg had a few heavy rainfalls, hail damage and strong winds. We were fortunate as we avoided overland flooding as experienced in Central Manitoba and wildfires in Northern Manitoba. I want to thank Stephanie Meilleur, Vanessa Jones and all our Red River Métis Community Resource Coordinators, MMF Staff for all of your work, helping our friends and relatives that suffered damages from these natural disasters. Our thoughts and prayers are with everyone who has been affected. The National Red River Métis Government continues to work to support citizens and communities during these challenging times.



Here in Winnipeg, it has been busy and meaningful events across the Winnipeg Region, and I am pleased to take this opportunity to share a few updates and reflections with you.

Over the past several months, I have had the honour of attending several important events and ceremonies throughout our community. Such as, Keeping the Fires Burning, Black and Indigenous Veterans Ceremony, and the 100th Anniversary of the Royal Canadian Legion, these events have provided opportunities to reflect on our history, honour those who have served, and recognize the important contributions of Red River Métis, First Nations, and Inuit veterans.

I would like to take a moment to thank all the candidates throughout the Province of Manitoba who put their names forward during the recent National Red River Métis Government election. Here in the Winnipeg Region, a special recognition for Season Kirkwood and Taylor LeClaire for the courage and determination you showed through your campaign efforts.

I am pleased that our citizens came forward to vote and that through the democracy of our Nation, Regional Executive Officers JoAnne Remillard and David Beaudin were re-elected.

As a veteran, serving the Royal Canadian Navy, I was also proud to be a speaker at the 17 Wing Indigenous Reconciliation Gathering in June, which provided an opportunity to strengthen relationships and recognize the contributions and experiences of Indigenous people within Canada's military community.

Here in the Winnipeg Region, we have also been working in partnership with other MMF departments to provide opportunities and programs that support our citizens and families. The Energy, Infrastructure, and Resource Management (EIRM) Department has been working hard at planting and caring for our greenhouses, and I am pleased to share that they have now started to produce fresh vegetables. EIRM has already begun bringing fresh produce to the Regional Office for distribution to our Red River Métis seniors and Elders.

I would like to extend my sincere thanks to Marci Riel, Senior Director of EIRM, and her team for all their hard work, dedication, and commitment to bringing this program to life. Initiatives like this not only provide fresh and healthy food to our citizens but also help strengthen food security within our community. We are grateful for the work being done to support our seniors and Elders and to help build a healthier, stronger Winnipeg Region.

I would also like to sincerely apologize to the seniors and Elders who were expecting to participate in the Grass Cutting Program. Unfortunately, we did not receive any eligible applications for the required Team Lead position, and we also experienced challenges related to transportation. As a result, we were unable to deliver the program as planned. We understand the disappointment this may have caused and sincerely appreciate your patience and understanding as we work through these challenges.

At the time of writing this letter, my Regional Coordinator, Janna Fowles, and her team are working hard preparing for our upcoming Annual Regional Meeting (ARM). I want to give a huge shoutout and extend my sincere thanks to Janna and her team for all the time, effort, and dedication they have put into organizing this important event. There is a tremendous amount of work that goes on behind the scenes to bring an event like this together, and their commitment to our citizens does not go unnoticed.

By the time you read this newsletter, the ARM will have taken place, and I hope you had a wonderful time and enjoyed the opportunity to connect with fellow citizens, Local Executives, and community leaders. These gatherings are an important opportunity for us to come together, celebrate our community, and continue building strong connections across the Winnipeg Region.

We are also continuing to invest in strengthening our Locals. Our upcoming Local Executive Training will provide an important opportunity for Local Executives to build their knowledge and skills, share ideas, and work together to better serve our citizens. We will also continue our Coffee and Conversation sessions for Local Executives, creating space for open dialogue and collaboration.

For those whose loved ones have passed over to the Spirit World, my thoughts are to you in my prayer and my heart.

Finally, I encourage you to stay tuned for this year's Kitchen Table Talks, which will begin in the Fall. These conversations are an important opportunity for me to hear directly from you, learn about the priorities and concerns in your communities, and ensure that your voices continue to be heard. We will also be hosting Meet and Greet events, where you can speak to JoAnne Remillard, David Beaudin and myself and let us know how we can do better to serve your needs.

Thank you for your continued support, participation, and commitment to your National Government of the Red River Métis, the Manitoba Métis Federation. Together, we are continuing to build a strong foundation for our future and for generations to come.

Sincerely,



Andrew Carrier
Vice-President, Winnipeg Region
Manitoba Métis Federation



Community Moments



Congratulations to Our Re-Elected Winnipeg Region Executives

The Winnipeg Region extends its heartfelt congratulations to **Minister Andrew Carrier, Winnipeg Regional Vice-President**, and **Ministers JoAnne Remillard and David Beaudin, Regional Executive Officers**, on their re-election in the 2026 Red River Métis National Election.

Our Executive team brings a range of important portfolios to their roles. Minister Andrew Carrier oversees Red River Métis Community Resource & Accessibility Services and Residential & Day Schools. Minister David Beaudin is responsible for Agriculture and Environment & Climate Change, while Minister JoAnne Remillard serves as Minister of Education. Together, they bring their experience and leadership to advancing the priorities of Red River Métis Citizens across the Winnipeg Region.

Congratulations, Minister Carrier, Minister Remillard, and Minister Beaudin, and best wishes for another successful term!



Community Summer Employment Program

The Community Summer Employment Program once again supported the Winnipeg Region's Grass Cutting Program this summer, helping provide lawn care assistance to Métis Elders, seniors, and disabled or immobile Citizens across the Region. This important service helped ensure that participating Citizens could maintain safe, accessible, and well-kept yards throughout the summer months.

This year, the Community Summer Employment Program provided meaningful employment opportunities for five Métis youth. Through their work with the Grass Cutting Program, these youth gained valuable hands-on experience, developed their skills, and contributed directly to their community.

The program gave Métis youth the opportunity to build their employment experience while making a positive difference in the lives of Métis Citizens across the Winnipeg Region.

Thank you to everyone who participated and helped make this program a success!





Fresh Vegetable Program



As the harvest season continues, we're grateful to once again share the bounty of the Fresh Vegetable Program with Citizens across the Winnipeg Region. Since July, Citizens have been receiving fresh vegetables grown at the MMF Greenhouses, bringing fresh, locally grown food to households throughout the Region and celebrating the spirit of community.

A heartfelt thank you goes to the Energy, Infrastructure, and Resource Management Department for their dedication to planting, tending, and harvesting the vegetables throughout the season. The program will continue to provide fresh vegetables to participating Citizens until the end of the growing season, with the final harvest depending on the frost and what remains available in the gardens.

We also extend our thanks to everyone participating in this year's program. Your continued support helps make this initiative possible and allows us to share the harvest with Citizens across the Winnipeg Region.

For more information about the Fresh Vegetable Program, or to register, please visit our website:

mmfwinnipegregion.ca/vegetable-program



Or, scan to register!



Celebrating the Grand Opening of Louis Riel College

The Winnipeg Region was proud to join Louis Riel College in celebrating the grand opening of its first-ever campus at 200 Main Street in Winnipeg. Our Ministers were pleased to attend this important milestone and show their support for the College as it opens its doors to new learning opportunities and community connections.



Louis Riel College is creating new opportunities for Red River Métis Citizens, while welcoming students from all backgrounds who are looking to invest in their education and future. The Winnipeg Region is proud to celebrate this exciting milestone and support Louis Riel College as it begins this new chapter in its journey.

We extend our congratulations to Louis Riel College on the opening of its new campus and wish the College, its students, and its continued success!

Test Your Métis Knowledge!

1. What does the word “Métis” mean?

- A. Traveller
- B. Mixed
- C. Leader
- D. Family

2. In which year did Manitoba enter Confederation?

- A. 1867
- B. 1869
- C. 1870
- D. 1885

3. Which traditional item is strongly associated with Red River Métis culture?

- A. Red River cart
- B. Canoe paddle
- C. Birchbark basket
- D. Snowshoe

4. Which two rivers meet at The Forks, an important historic gathering and trading place in the heart of Winnipeg?

- A. Red River and Winnipeg River
- B. Red River and Assiniboine River
- C. Assiniboine River and Saskatchewan River
- D. Red River and Saskatchewan River

5. What was the primary purpose of the annual Métis buffalo hunts?

- A. Trade and travel
- B. New settlements
- C. Land negotiations
- D. Food and supplies

Answers: 1-B | 2-C | 3-A | 4-B | 5-D



Next: Local Updates



Seven Oaks Métis Council

Upcoming Programming & Events:

∞ Ribbon Skirt Class – September 13, 2026

Seven Oaks Métis Council Citizens will have the opportunity to participate in a ribbon skirt class where they will learn how to make their very own ribbon skirts!



∞ Capote Workshop #2 – September 27 & October 4, 2026

Seven Oaks Métis Council Citizens will have the chance to make their very own Capote using Hudson's Bay Company blankets!



Seven Oaks Métis Council

Past Programming & Events

∞ Red River Métis Picnic in the Park

Seven Oaks Métis Council Citizens and their families were invited to attend our 5th annual Red River Métis Picnic in the park!



∞ Capote Workshop #1

Seven Oaks Métis Council Citizens had the chance to make their very own Capote using Hudson's Bay Company blankets in June! Stay tuned for the registration for our next workshop :)



St. Norbert Parish-La Barrière Métis Council

Our Local was proud to work alongside the Winnipeg North and Infinity Métis Locals to host the Winnipeg Region Candidates Forum on June 17 at the St. Norbert Farmers' Market. The forum provided an opportunity to hear from candidates, ask questions, and connect with others from across the region.

Our Local is also looking forward to celebrating Métis Days at the St. Norbert Farmers' Market on August 8. The event will have entertainment and cultural activities that bring Citizens and community members together to celebrate our culture and heritage.

We are also continuing to plan activities for the fall, including a cultural night, fundraising bingo, beading night, a Canadian Firearms Safety Course and our 4th annual ChristMétis party.

A special maarsii to all of our volunteers who generously give their time to support our Local and help make our events and activities possible.



Winnipeg West

Our Local has hosted and supported several community activities, including:

- Regular youth meetings featuring board games and art nights.
- Regular beading group meet ups.
- Walking group meet-ups, as featured in the attached photo of the group at Grant's Old Mill.
- Summer Kick-off Community Picnic (Barbeque fundraiser): Our "Summer Kick-off Community Picnic" event was held in partnership with Bourkevale Community Centre as a community gathering featuring storytelling, kids' games and playground activities, live music, facepainting, giant games, beading, and homemade bannock hotdogs.
- Our local has been busy designing a sash to represent Winnipeg West, which we hope to debut soon!



Winnipeg West Walk Calendar Fall 2026

Date	Time	Location	Meeting Place
Saturday, August 8	8 AM	St. Norbert Farmers Market	3514 Pembina Hwy, R3V 1A1
Sunday, August 9	10 AM	Assiniboine Forest	3000 Grant Avenue, R3P 1G9
Sunday, August 16	10 AM	Fort White Alive	1961 McCreary Rd, R3P 2K9
Tuesday, August 25	6 PM	Bruce Park	1966 Portage Avenue R3J 2B8
Sunday, August 30	10 AM	Lower Fort Garry	5925 Provincial Trunk Hwy 9, Saint Andrews R1A 4A8
Monday Septmber 7	10 AM	Labyrinth	1018 Charleswood Road, R3R 3X2
Thursday, September 10	6 PM	Living Prairie	2795 Ness Avenue, R3J 3S4
Sunday, September 20	10 AM	Little Mountain Park	64093 Klimpke Rd, R0H 1E0
Wedsday, September 30	10 AM	Winnipeg Art Gallery	300 Memorial Boulevard, R3C 1V1

Open to all ages.
Bring your Citizenship card for free admissions.
Wear walking shoes & bring a water bottle.
Youth under 15 must attend with an adult.
Please arrive early, because we leave at the times that are posted. Walks led by Vice-Chair Lavone Lesperance & Youth-Rep Charles Caron.
If you have questions, Phone (204) 831-1880

How To: Rent The Metis Club

Looking to host a meeting, celebration, or event at the Métis Club? Follow these simple steps to submit your booking request!

1. Submit a Booking Request

Complete the Métis Club Event Booking Inquiry Form. To access the form, scan the QR code at the bottom of this page using your smartphone camera, or enter the URL into your web browser.

Please provide your preferred booking date, start and end time, type of event, and name and contact information. Make sure all information is correct before submitting the form.

2. Plan Your Set-Up and Clean-Up Time

When booking your event, be sure to include enough time for set-up and take-down/clean-up. Any additional time needed must be included in your rental booking.

3. Wait for Confirmation

Our team will review your request and check availability. If your requested date is available, you will receive an email with confirmation of the booking and a Rental Agreement to complete.

4. Complete Your Rental Agreement

Review and sign the Rental Agreement. Once you have signed it, return the completed agreement to the Winnipeg Métis Association office.

Your booking will remain tentative until the signed Rental Agreement has been returned to us.

5. Pay the Rental Fee

Private events and other rentals are \$12.50 per hour.

Winnipeg Region Local meetings are free of charge.

Payment is due at the beginning of your booking. We accept cash or cheque.

Once your booking is confirmed and the signed Rental Agreement has been returned, you will receive an invoice.

Ready to Book?

Submit your booking inquiry through the Métis Club Event Booking Inquiry Form!

Métis Club Location:

406 McGregor Street, Winnipeg, Manitoba

Visit: <https://mmfwinnipegregion.ca/métis-club>

OR scan the QR code here



Please note: Submitting a booking inquiry does not guarantee your requested date and time. Your booking is only confirmed once availability has been verified and all required rental documents have been received.

Contact Us Today!

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Winnipeg Region