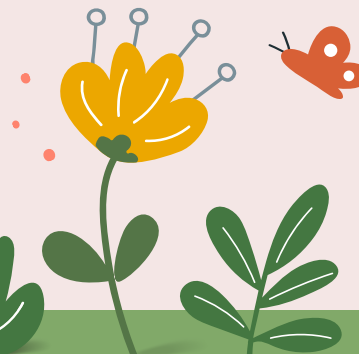




**Winnipeg Métis
Association Inc.**

NEWSLETTER

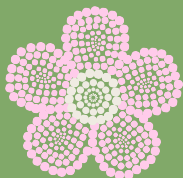


Tawnshi li praentemp! Hello Spring!

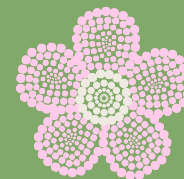
Spring is here at the Winnipeg Métis Association! We are excited to bring you the latest edition of our newsletter.

Here, you'll find upcoming events, Local updates and will be able to take a look back at what we accomplished over the last 3 months!

Thank you for joining us as we take a look back on our accomplishments!



IMPORTANT UPCOMING DATES



**LOCAL EXECUTIVE
GOVERNANCE TRAINING**

April 12, 2025

GOOD FRIDAY

April 18, 2025

EASTER MONDAY

April 21, 2025

VICTORIA DAY

May 19, 2025

**NATIONAL INDIGENOUS PEOPLES
DAY**

June 21, 2025

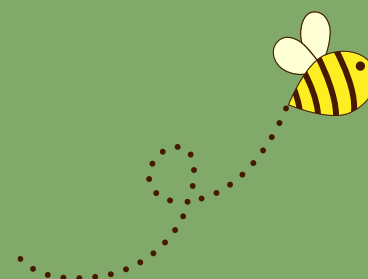
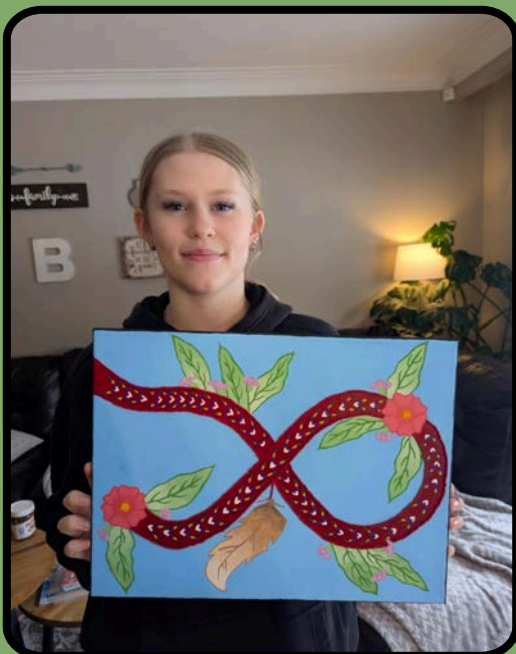
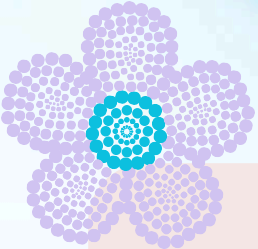




PHOTO GALLERY





PAST EVENTS AND PROGRAMS



KEEPING UP WITH THE WINNIPEG REGION



YOUTH PROGRAMMING



ARCHERY

Archery Lessons

On February 22, 2025 our Winnipeg Region Youth had the opportunity to take an Intro to Archery - Learn to Shoot Class that was put on by the Winnipeg Region and the Youth Department.



FIRST AID

FIRST AID & CPR/AED LEVEL C

On February 23, 2025, Winnipeg Region Youth had the opportunity to take an emergency First Aid & CPR/AED Level C Training Course where they learned CPR, Wound Care, Choking Management, AED Certification and Practice and much more!



FIDDLE PROGRAM

MÉTIS FIDDLE LESSONS

Starting January 25, 2025, Winnipeg Region Youth started Métis Fiddle lessons with instructor Patti Kusturok!



JIGGING PROGRAM

MÉTIS JIGGING LESSONS

Starting January 15, 2025, Winnipeg Region Youth started Métis Jigging lessons with instructor Dean Davis. Our Youth have made so much progress over the last few months!



MANITOBA THEATRE FOR YOUNG PEOPLE

BLUE BEADS & BLUEBERRIES

Thanks to a generous donation of tickets from the Manitoba Theatre for Young People, Winnipeg Region Youth and their families had the opportunity to attend the MTYP play, Blue Beads and Blueberries!

The play focused on Métis Storytelling, Traditional knowledge and Re-imagining older stories.



KING CHARLES III CORONATION MEDAL CEREMONY

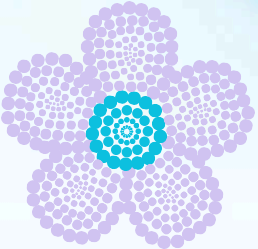


Congratulations to John Lee (Cheryl Lee), Shirley Langan, Linda St. Cyr-Saric, Eric Chartrand (pictured left to right) and Claire Riddle (not pictured). These individuals were awarded the King Charles III Coronation Medal, for their achievements made in the Métis Community.

More information regarding the medals, can be found here:

[King Charles III's Coronation Medal](#)





**WINNIPEG REGION
MÉTIS EMPLOYMENT AND TRAINING
(MET)**



SUMMER STUDENT EMPLOYMENT PROGRAM



Summer Student Employment Program - **Deadline Extended!**

The Summer Student Employment Program (SSEP) application deadline has been **June 2, 2025** — giving Red River Métis students more time to apply!

Red River Métis students aged 14+

Proof of MMF Citizenship

Full-time student this academic year and returning full-time in the fall

Students 15 and under must complete the **Young Workers Readiness Certificate Course (YWRCC)** and provide a copy of the certificate

Fill out the form on our website or email your resume to **METRecruitment@mmf.mb.ca**

Need help with your resume? Our MET staff are here to support you every step of the way

Application Deadline: June 2, 2025

*For more information and how to apply, visit: **mmfemployment.ca/ssep***

CELEBRATING RED RIVER MÉTIS ACHIEVEMENTS CONTEST



Métis Employment & Training

CELEBRATING RED RIVER MÉTIS ACHIEVEMENTS CONTEST

- ✓ Share your MET Success Story
- ✓ Earn a **\$250 participation bonus**, and a chance to win one of three **additional \$500 cash awards!**

LEARN MORE >>

FOR FULL CONTEST RULES AND ELIGIBILITY, VISIT [MMFEMPLOYMENT.CA/CONTEST](https://mmfemployment.ca/contest)

Why Enter:

- ✓ **Get Recognized:** Share your journey and inspire other Red River Métis Citizens.
- ✓ **Get a Reward:** Every eligible entry receives a **\$250** participation bonus!
- ✓ **Get *Another* Reward:** Three lucky participants will be randomly selected to each win an **additional \$500** cash prize!

Eligibility:

- ✓ Must be a **Red River Métis Citizen**
 - ✓ Must have received support from MET between **April 1, 2024 – March 31, 2025** under the Indigenous Skills and Employment Training (ISET) Program through MET
- For more information and how to apply, visit: mmfemployment.ca/contest**

Meet Our Team

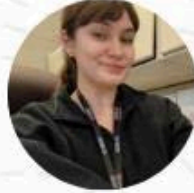
Meet the passionate team at Winnipeg Métis Employment & Training (MET), dedicated to empowering our Red River Métis Citizens through meaningful career and training opportunities.



Gloria Roulette-Campbell
Employment & Training Counsellor



Cathie Buors
Regional Coordinator



Danielle Jeanson
Client Services Worker



Keanna Richard-Enns
Employment & Training Counsellor



**Métis
Employment
& Training**

FOR MORE INFO, VISIT:
MMFEMPLOYMENT.CA

Spring Into Success!

”

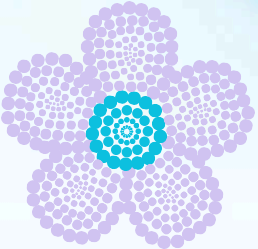
MET assisted me by providing funding for me to receive the next level of my ECE training at Assiniboine College...With this support I was worry free and able to succeed in my program.

Maya S.
Winnipeg Region



**Métis
Employment
& Training**

FOR MORE INFO, VISIT:
MMFEMPLOYMENT.CA



EARLY LEARNING & CHILD CARE





Early Learning & Child Care

Licensed Home Child Care Program



Licensed Home Child Care Program

The Manitoba Métis Federation offers the Early Learning & Child Care Licensed Home Child Care Program (LHCCP) specifically for eligible Red River Métis Citizens in Manitoba in partnership with Louis Riel Capital Corporation.

We provide assistance with licensing and business coaching, along with a \$40,000 forgivable loan (under a five-year commitment) to help start a Licensed Home Child Care.

If you're interested and want to determine your eligibility for this exciting opportunity, please email elcc@mmf.mb.ca.

Employment Opportunities

We seek enthusiastic, dedicated, and energetic individuals to join our newly opened licensed childcare center in St. Boniface, Winnipeg, Manitoba.

The Louis Riel Child Care Centre is hiring Casual Child Care Assistants. Make a difference in the lives of children and families while embracing the rich cultural heritage of our Red River Métis community.

To apply, send your resume to jobs@mmf.mb.ca.



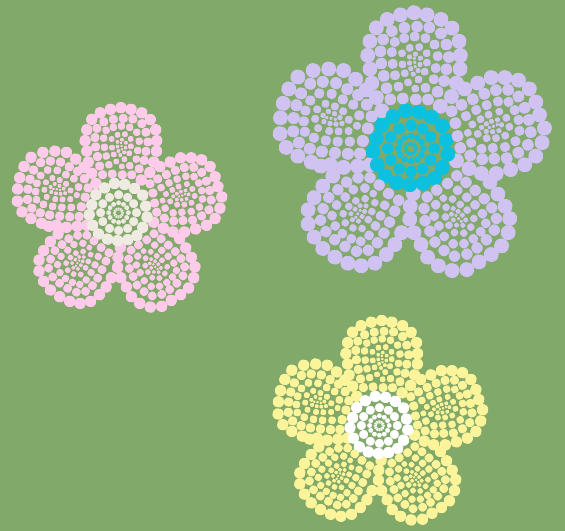
Upcoming Events

The Summer Métis Mobile program offers an engaging, land-based, hands-on learning experience that is deeply rooted in Red River Métis culture and traditions. This free traveling program is designed for Red River Métis children aged 0 to 6 and their guardians.

Sessions will take place in various locations throughout our Red River Métis Homeland during July and August. Each two-hour session will include stories, songs, games, and cultural life skills such as woodworking, and slingshot practice. Stay tuned for more information that will be available through Facebook and Instagram. Follow us @redrivermetiselcc.



EVENTS



WINNIPEG REGION LOCAL UPDATES

All locals were invited to send in a submission for the Spring newsletter, only those that wished to submit, did.



PROGRAMS

MÉTIS ELDERS AND YOUTH COUNCIL

BRUNCH EVENT

Métis Elders and Youth Council held a wonderful event in February where Citizens engaged in activities, cultural celebrations, and meaningful conversations!

The Métis Elders and Youth Local would like to specially thank their Elder Mary for planning and preparing a delicious brunch that was enjoyed by all.



PRAIRIE BUFFALO LOCAL

SASH WEAVING

Prairie Buffalo Local conducted a sash weaving workshop that was facilitated by Connie Henry at the Dakota Community Centre! 13 Prairie Buffalo Local Citizens made sashes using the newly adopted Local sash colours.



SEVEN OAKS MÉTIS COUNCIL

BEADING

Seven Oaks Métis Council ran a beading class for Citizens where they had the opportunity to make Orange Shirt pins.



SASH WEAVING

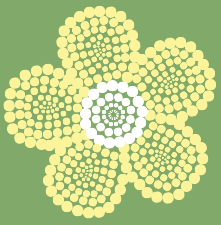
Seven Oaks Métis Council ran a Sash Weaving class where Citizens had the opportunity to learn how to weave their very own sash!



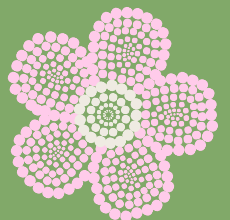
CAPOTE CLASS

Seven Oaks Métis Council ran a Capote making class where Citizens had the opportunity to learn how to make their very own capote!





RECIPE!



MOM'S RHUBARB PIE

LII TART DI RUBAARB DI MAMA

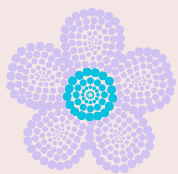
Ingredients:

- 1 tbsp fresh grated ginger
- 4 cups rhubarb, cut into 1 inch pieces
- 1 egg beaten
- Juice of half a lemon
- 1 1/2 cups sugar
- 3 tbsp cornstarch
- 2 tbsp milk
- Pastry for Pie Shell

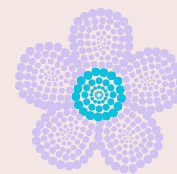


Directions:

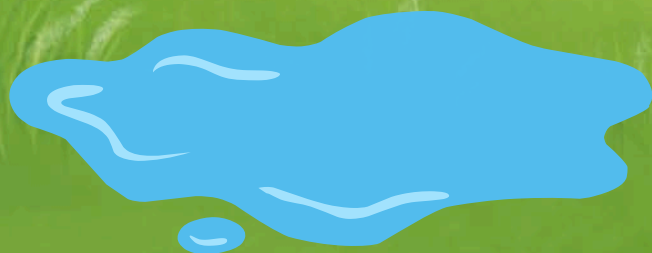
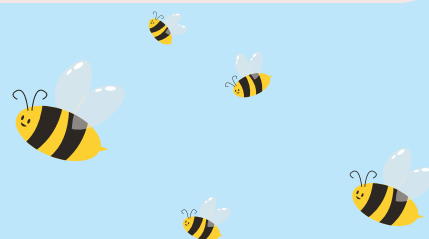
- Mix the rhubarb, ginger, egg and lemon juice together in a large bowl.
- Mix the sugar and cornstarch together. Stir into the rhubarb mixture.
- Roll out pastry and fit bottom into a 9" pie plate.
- Preheat oven to 425 degrees Fahrenheit.
- Spoon rhubarb filling into the pastry and top with another layer of pastry. Seal and flute the edges.
- Brush pie top with milk and bake for 13 minutes.
- Reduce the heat to 350 degrees Fahrenheit and bake for another 40 minutes.



SPRING ACTIVITY

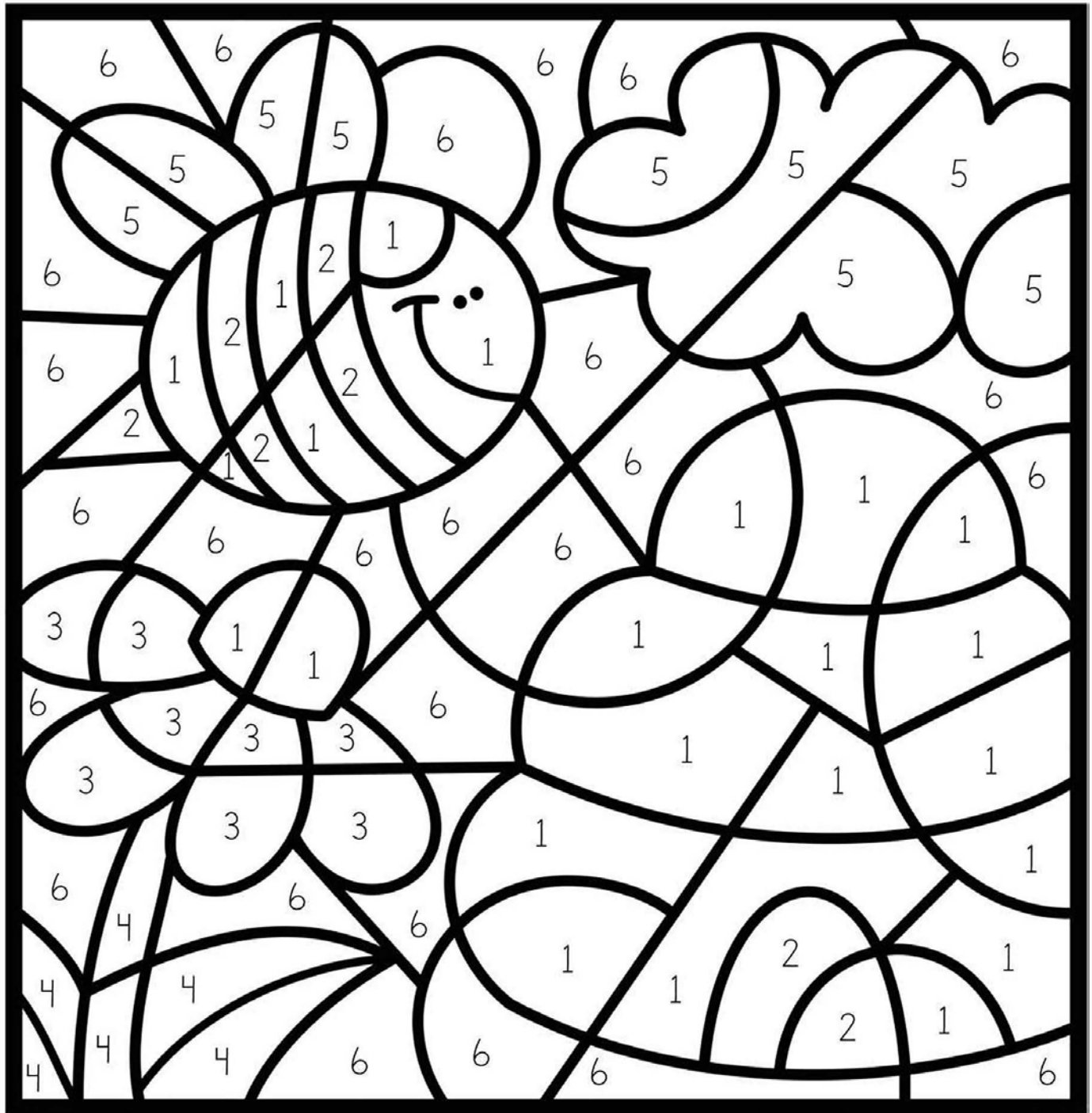


COLOUR BY NUMBER!



Spring

COLOUR BY NUMBER



1 - Yellow
2 - Black

3 - Pink
4 - Green

5 - White
6 - Blue

Contact Us Today!



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204-586-5716

www.mmfwinnipegregion.ca

Facebook: MMF Winnipeg Region - WMA

Instagram: @mmfwinnipegregion

Threads: @mmfwinnipegregion

