



**Winnipeg Métis
Association Inc.**

Newsletter

Tawnshi l'autonne! Hello Fall!

Fall is here at the Winnipeg Métis Association! We are excited to bring you the latest edition of our newsletter.

Here, you'll find upcoming events, Local updates and will be able to take a look back at what we accomplished over the last 3 months!

Thank you for joining us as we take a look back on our accomplishments!

Important Dates

Indigenous Veterans Day
November 8th

Remembrance Day
November 11th

**Consultation On The
Implementation Of The United
Nations Declaration On The Rights
Of Indigenous Peoples**
November 23rd and 24th

Christmas Holidays
December 25th
January 1st



Message From Our Vice-President



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Hello to all our Red River Winnipeg Métis citizens and to our Métis relatives and friends throughout our Métis Homeland! On behalf of the Winnipeg Métis Association, Ministers Remillard and Beaudin and I bring greetings as we welcome the vibrant colors of the Fall Equinox and prepare for another Manitoba winter. This season is a time for gratitude, to reflect on the great summer weather and give thanks to Mother Earth for her bounty of harvesting vegetables, medicines, and firewood. We are grateful for the unique gifts that each season brings.

The Winnipeg Region is growing at an ever faster pace, as our Regional Registry Officers are busy receiving and processing new and renewed citizenship and harvesting cards. We are also witnessing a great interest in our youth registering with the Métis Employment and Training department, as well as applying for the Post-Secondary Education Bursaries.

We just completed one of the MMF's largest Annual General Assembly and saw some amazing organizing to accommodate many delegates and dignitaries. Before I move forward, I would like to take a moment to acknowledge the tragic loss of our Elder, Inventor and Grandfather, Thomas Guiboche as well as Marie Ehoussou, Program Manager for the MMF's, 60's Scoop, Residential and Day School department. At the AGA, we heard from President Chartrand's annual address to the general assembly, great discussions on current and new resolutions that will impact the MMF Constitution, and many great portfolio reports from our Cabinet Ministers.

We've had an exceptionally busy few months here at the Winnipeg Region. Staff have worked tirelessly to prepare for the Elders and Youth Conference and the MMF's Annual General Assembly to name a few. As the Vice President of this small and mighty group, I would like to express my sincere gratitude to each staff member for their contributions to these events. It's an honour to work alongside such a talented and dedicated team.

Our work at the Winnipeg Region is difficult on many levels but is driven by a deep desire to serve the needs of our Red River Métis citizens. I want to thank our Local Executives for their hard work and volunteerism in organizing and hosting Local meetings and events. The Winnipeg Métis Association team and staff want to thank you for your support and we remain dedicated to serving you, our Red River Métis citizens.

Wishing you all a beautiful autumn season of abundance and peace.

Marsii

Andrew Carrier, Vice President
Winnipeg Region, MMF



**Past Events
and
Programs**

**Keeping up with
the Winnipeg
Region!**

**Youth
Programming**

Summer Métis Mobile Program

Early Learning & Child Care

In August, the Summer Métis Mobile Program, run by Early Learning & Child Care, was offered to Métis citizens in all 7 regions.

The program was offered to Winnipeg Region Citizens in different locations across the city between August 13th and 16th, 2024!

The program offered free Red River Métis activities for children on the days listed.



Métis Elders and Youth Gathering

On August 27th and 28th, 2024, Winnipeg Region Métis Elders and Youth gathered at Selkirk Park for the annual Métis Elders and Youth Gathering.

At the gathering, our Winnipeg Region Elders and Youth had the opportunity to learn more about our Red River Métis culture and heritage from each other.

They participated in several workshops including: Fishing, Music, Michif, Bannock making and Medicine!

Local Executive Leadership Orientation

Local Executives gathered for Local Executive Training and Orientation on October 6th, 2024 to consult and learn together from President Chartrand, Ministers, and our Chief Electoral Office.

Thank you to our Local Executives for the hard work and commitment they give to our Red River Métis Citizens and community!



Annual General Assembly

Winnipeg Region Local Delegates, Elders, and Citizens gathered at the Assiniboia Downs on October 18th, 19th and 20th, 2024 to partake in important discussions, learn more about our achievements and look forward to our future!



AGA Photo Gallery!

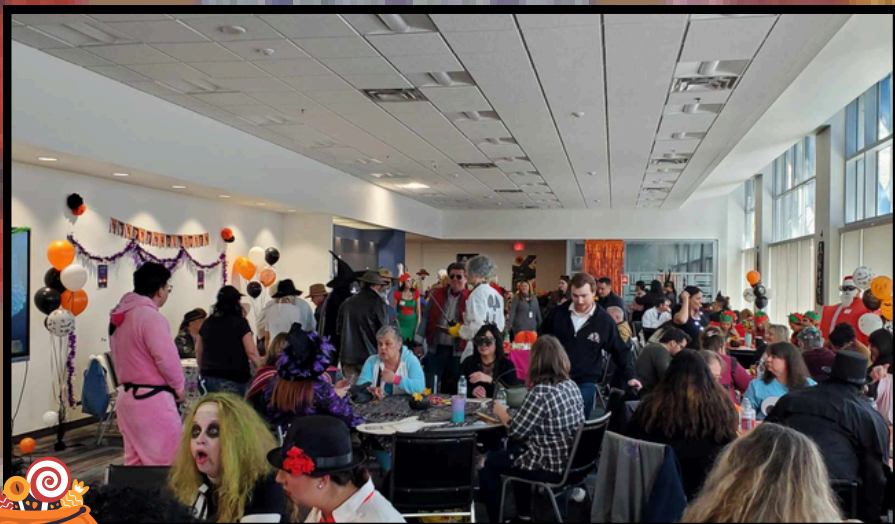


HALLOWEEN



Winnipeg Region staff participated in a costume contest and a pumpkin carving contest at the Manitoba Métis Federation Halloween lunch party!

Congratulations to our Finance Officer, Anna Desmarias, for winning the pumpkin carving contest!





Winnipeg Region Locals

All Locals were invited to send in a submission for the fall newsletter, only those that wished to submit, did.

Local Activity: Bison Local

Métis Community Festival

Métis citizens gathered together at the Bison Local Métis Community Festival to celebrate the Red River Métis Community!



Métis Canoe Nights

Bison Local, the Métis Harvesting Collective and the Manitoba Canoe and Kayak Center partnered to offer two canoe nights for Red River Métis Citizens!



Local Activity:

Kinew Métis Council

Kinew gardeners

Kinew gardeners Jayda, Jayden and Bijou harvested tomato's, cucumbers, lettuce, onions, carrots and potatoes!

a variety of veggies



Jayden



Kinew Youth and seniors cooking classes

Kinew Métis Council Youth and Seniors gathered together for a variety of cooking classes including: Fried Bannock, Blueberry Jam, Pickles and Tourtiere!



Local Activity:

Seven Oaks Métis Council

Métis Sash Weaving Lessons

Seven Oaks Métis Council is hosting hybrid program where Métis youth will be able to take Métis sash weaving lessons!

Registration is due November 8th, 2024 by 4:30 pm.

To register, visit the link below:

<https://forms.office.com/r/L46R6M3ZCA>



We are proud to provide Métis youth with the following HYBRID (online and in-person) cultural training opportunity,

Métis Sash Weaving Lessons

9 Classes held weekly on Wednesdays starting November 13th, 2024 and ending January 22nd, 2025

No classes held on Christmas or New Years Day

All supplies will be provided

Time: 7:00pm to 8:00pm

Registration is open to all Red River Métis who have little to no experience.

REGISTRATIONS ARE DUE November 8th, 2024 BY 4:30PM

Youth must be able to pick up supplies in Winnipeg and have a valid MMF Citizenship Card.

Sash Weaving Program Registration Form - 2024-2025 Session 2



We are pleased to offer Métis youth the following IN-PERSON cultural training opportunity,

Métis Style Beading Wrist Lanyards



The program consists of 4 classes on Mondays November 18th and 25th and December 2nd and 9th, 2024 from 6:30-8:30pm

Registration is open to all Métis youth ages 13-29 who have little to no experience.

All supplies will be provided.

Instruction by: Shannon Kraichy from Waabishki Miigwan

All fees associated with this program have been funded by the Red River Métis Government, The Manitoba Métis Federation.

REGISTRATIONS ARE DUE:

Wednesday, November 8, 2024 at 4:30pm

Youth must be able to attend in-person classes in Winnipeg, and have a valid MMF Citizenship card.



Métis Style Beading Wrist Lanyards

Seven Oaks Métis Council is hosting an in-person, Métis Style Beading program where youth will learn how to bead wrist lanyards!

Registration is due November 8th, 2024 by 4:30pm.

To register, visit the link below:

<https://forms.office.com/r/HqVesdR7xj>

Recipes!

Don't miss our Elder recipe located on the next page!

Want to see your favourite Métis recipe published in our next newsletter? Send it with photos to wpgregion@mmf.mb.ca

Elder Recipe!

Bannock Recipe Elder Linda St. Cyr-Saric

Ingredients:

- 4 1/2 cups flour (extra 1/2 cup if needed)
- 2 tsp. baking powder
- 1 tsp. salt
- 2 cups tepid water
- 1 cup melted lard



Directions:

Place flour, baking powder and salt in a large bowl and mix. Make a hollow in the center of the flour mixture. Pour in the water and the melted lard. Mix with a fork until flour is mixed in. Do not mix too much! Knead on a floured surface until smooth. As fat cools the dough will become somewhat waxy. Extra flour can be used when kneading. Divide the dough into 4 portions.

Roll each to 1/4 in thickness, even the edges and place on a cookie sheet. Prick all over with a fork. Bake at 375° until golden brown, for about 25-30 minutes. Place bannock on its edge to cool and cover with a tea towel. This makes a comparatively soft bannock. If harder bannock is desired, roll very thin and bake in a slower oven. Raisins and blueberries may be added!

The background features a repeating floral pattern with stylized flowers in red, blue, yellow, and purple on a brown base. A large, solid brown wavy shape is positioned at the top of the page.

Upcoming Events and Programs

Honouring our Red River Métis Veterans

Each year, the Manitoba Métis Federation, Métis Veterans Department hosts an Indigenous Veterans Day Ceremony on November 8th.

At this ceremony, we honour the sacrifices and bravery of our Red River Métis veterans, active service members and their family members.

For more information please contact:
Red River Métis Veterans Department

Phone: 204-586-8474

or

Email: rrmvreception@mmf.mb.ca



RED RIVER MÉTIS VETERANS DEPARTMENT

PRESENTS
**INDIGENOUS
VETERANS DAY**

NOVEMBER 8, 2024

Royal Canadian Legion Branch #65 – 275 Duke Avenue
Portage la Prairie, MB
Doors open at 10:30 am. Ceremony begins at 11:00 am.

Programming consists of:
Memorial Ceremony
Refreshments & light lunch
Entertainment

Free to attend, Limited Capacity.



Upcoming Consultation

The MMF Engagement and Consultation department is hosting a consultation on the Implementation of the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) in Winnipeg on November 23rd and 24th, 2024. Please email consultation@mmf.mb.ca to register and for more information.

CONSULTATION ON THE IMPLEMENTATION OF THE UNITED NATIONS DECLARATION ON THE RIGHTS OF INDIGENOUS PEOPLES (UNDRIP)

**SAVE THE
DATE**

Date: Saturday, November 23, 2024

Location: Winnipeg, MB

Time: 9:00 A.M.

*For MMF Citizens in Winnipeg, Interlake, Northwest,
Southeast and Southwest Regions*

Please contact consultation@mmf.mb.ca
for more information and to register.



CONSULTATION TO REVIEW THE 2011 FEDERAL CONSULTATION AND ACCOMMODATION GUIDELINES

**SAVE THE
DATE**

Date: Sunday, November 24, 2024

Location: Winnipeg, MB.

Time: 9:00 A.M. to 12:00 P.M.

*For MMF Citizens in Winnipeg, Interlake,
Northwest, Southeast and Southwest Regions*

Please contact consultation@mmf.mb.ca
for more information and to register.



Snow Shovelling

*Calling all Métis Youth
for the
Snow Shoveling
Program!*



CALLING ALL MÉTIS YOUTH

The Winnipeg Region is looking for Métis Youth aged 29 and under who are looking to make some extra cash and interested in snow shoveling for our Métis seniors and elders!

Contact Us!

 204-586-5716

 wpgregion@mmf.mb.ca



Activities!

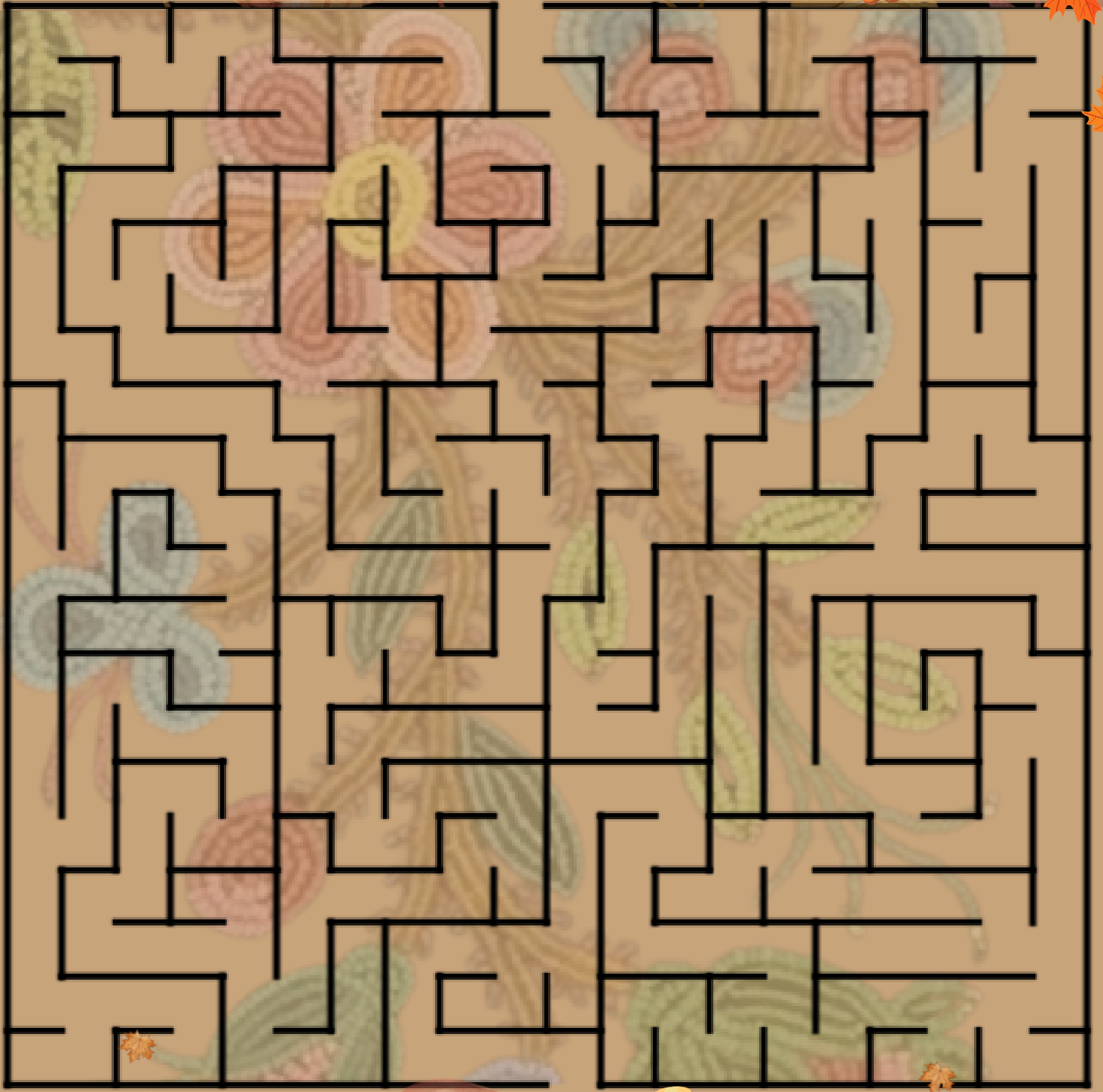
Help the Red River Métis Youth find the Tourtière by completing the maze below!

Draw and colour a poppy and send it to us by mail, drop off, or email to wpgregion@mmf.mb.ca before November 8th, 2024 with your name, Local, and email address. These will be displayed in our office for the month of November in remembrance of the Red River Métis Veterans that fought for our freedom.

hello
FALL



Sweater
Weather



Contact Us Today!

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