



SAHYOG FOUNDATION
ANNUAL REPORT 2018-19

The Year That Went By




Paritosh Segal

Based on feedback received from communities, parents and teachers as well as insights gained, we pivoted our intervention in mid 2017. Instead of imparting life skills and creativity in village children through teachers at school level we are now delivering these at the stakeholders – the children, parents, community and teachers. Our intervention is now 7 days a week where we conduct sports for one hour after school time, from Monday to Saturday and do Storytelling and creative activities on Sunday for 2 hours. Additionally we conduct Sports competitions every Quarter in one of our villages, where children and community elders of nearby villages participate and compete. We give medals & certificates to the children and gifts to the elders.

As we have progressed in the year we have seen increased level of support from parents, teachers and community members. The changes being seen in the children is gratifying. The self-esteem of the children is going up as for the first time their parents and community elders are seeing them perform and win medals. The aspirations of the parents from their children is also going up. Some of them are now aspiring their children to someday represent & win in sports at the district level. Teachers are finding the children to be more happy, energetic and confident.

From November last year, we have started seeking support from community members at the Taluk level to support the Quarterly Sports event. We are very grateful that several of them have come out with small financial and non-financial contributions including buttermilk and biscuits for the children. The community support continues to increase. Some Doctors have offered to conduct free health camps on days of Quarterly Sports competitions and also to replenish medicines in the First Aid kits we keep at the village level during sports hours.

We have recently also introduced Star of the Month awards – these are given every month to the best boy and girl in each village, who best demonstrate imbibing of discipline, timeliness, initiative, taking



responsibility, showing respect, values, etc. This is also helping motivate children to understand value of developing life skills.

We have forged partnerships and alliances with organisations like Shankar Mahadevan Academy (for proliferation of music, art, dance & theatre in villages), Vivekanand Sewa Education Trust (for developing Emotional Intelligence) and Innovation & Science Promotion Foundation (for developing experiential learning & critical thinking). These programs are scheduled for rollout in the coming Financial year and we will see richness in our intervention coming through them. We are also very pleased and thankful to the Principal and teachers of The Titan School, Mathigiri for their wholehearted support to Sahyog Foundation and confirming sending of their Physical Education & other teachers regularly to our village cluster to improve & augment the initiative. We are also very thankful to Vikram Sridhar, co-Founder of Bangalore Storytelling Society for offering to periodically conduct Storytelling workshops and training for our coordinators.

Finally we are very thankful and indeed very grateful to our Donors and Advisors for their contributions in supporting Sahyog Foundation. We seek their continued support and guidance to enable us to deliver on our mission to impact 100,000 Children by 2025.

Last but not the least, I want to acknowledge and thank my fellow co-Founders Nishwath Hassan, Vishnu Swaminathan & Lijo Chacko for all their support, enthusiasm & encouragement in taking this initiative forward. My very special thanks to Nishwath for being together and treading on this journey from the beginning and helping conceptualize and develop the interventions and taking them forward! I also want to express gratitude and thanks to Anish Kumar, Managing Trustee of Sahyog Foundation and Guru Puraskar Foundation for his wholehearted and timely support in whatever areas of help we have sought.



Andria, winner of Best Teacher Award 2018 says
that best skills for children to thrive in future are to
have social skills and creativity

**"Impacting learning outcomes for village children by
developing their life skills and creativity through
sports and storytelling"**



SAHYOG FOUNDATION

**350+
CHILDREN**

**12
VILLAGES**

WHO WE ARE?

We at Sahyog Foundation focus on impacting **learning outcomes** for **village children** in the age group of **5 to 14 years**. We do so by developing **life skills** and **creativity** in children through sports and storytelling, which we conduct 6 days a week at the village level. Some of these life skills are self-esteem, communication, confidence, listening, teaming, empathy, resilience, values, taking responsibility and creativity.

Our Theory of Change: Developing life skills and creativity in the village children during their most impressionable ages will lead to:

- **In the short term:** Enhanced life skills & creativity in children leading to better academic performance & reduced early dropouts.
- **In the long term:** Confident & responsible youth who would earn or create better livelihood and reduced incidents of alcoholism, violence, crime & corruption. among them.

VISION

Develop life skills and creativity in rural
Children

MISSION

Impact 100,000 rural children by 2025

OUR INNOVATION HUB

We are currently working in a cluster of 12 villages and 350+ children in the age group of 5-14 years. This is our Innovation Hub. The cluster is in Denkanikottai Taluk, Krishnagiri District of Tamil Nadu, about 65 kms from Bangalore. We have an Area Facilitator based at the cluster and is from the same community. At each of the villages, we have youth coordinators (either studying in Class 11 or beyond or have been dropouts after class 10), who conduct Sports and Storytelling at the village. We give them Scholarship to ensure consistent execution. We work closely with the parents & community as well as the teachers. Every quarter we hold Sports Competition in one of the villages. We engage the community with fun events for them and give medals & certificates to children.



Sports and Storytelling

Sahyog Foundation conducts sports and storytelling in villages with a focus on children in 5-14 years, for enhancing their life skills and creativity. Sports like Running, Long jump, Kabaddi and Kho-Kho are played daily basis. Storytelling and creative activity are performed every sunday.



Sports and storytelling help children to develop their self-esteem, confidence, teaming, perseverance, communication skill, imagination, memory, concentration, resilience, comradery, discipline and empathy



Quarterly Sports Competition

Sahyog Foundation conducted quarterly sports competition Samanthakottai (3rd June'18), Maniyambadi (17th June'18), Sapranapalli (25th November'18) , and in Periyaboodhakottai (17th February'19), four villages of our Innovation Hub in Sandanapalli.



The quarterly sports events include Running, Long Jump, Kho-Kho and Kabaddi. Parents and elders of the village gathers and cheer the children. This increases self-esteem of children and they are more enthusiastic to extra-curricular activities. Winners are awarded certificates and medals.



Community Participation

Sahyog Foundation ensures community participation during quarterly sports competition. Games like Tug of war, Musical chair for men and women and Rangoli are conducted.

Rangoli competition



Tug of War



Certificates, gifts and medals are distributed to winners by local community leaders.

Imbibing Good Practices

Sahyog Foundation is giving opportunity to children learn good practices in their daily life. Sports and storytelling are the occasion to know more about the values and culture of our society. We are teaching them to behave decently, follow health and hygienic practices and respect their surroundings.



Children are doing warm up exercises
before going to play



Children shaking hands to opponent team members before and after play



Star of the Month (SoM)

From February 2019, we have started giving Star of the Month award to best boy and best girl in each of the village. The best child has to follow certain criteria like punctuality, discipline, respect, initiative, teaming and responsible in order to acquire his dream award. Village coordinator and Area facilitator distribute the award in front of children and community members.



Community Support

From November 2018, we have started reaching out to the community members at taluk level to support quarterly sports competition. We are very thankful that we have received lot of appreciation and support from community members. Community members are supporting quarterly sports events by giving both cash and kinds including buttermilk pouches and biscuits. Dr Anbarasu, Founder of Jeevan Hospital has offered to hold free health camps for children and community members in the village where we will hold quarterly sports event. We are also thankful to Dr. Anbarasu for offering to replenish medicines in the first aid kits we provide in the villages during conduct of sports.

Village children are making paintings and these paintings have been framed and given to donors as token of thanks in appreciation of their support.

COMMUNITY DONORS FOR QUARTERLY SPORTS EVENT



- S.Ramaprakash, Advocate and Social Worker
- Mr. Paras., State President of Patanjali Yoga Samiti, Tamil Nadu
- Dr. Shankar., Mythri Hospital, Denkinikottai.
- Dr. Ashok., Ashok Hospital, Denkinikottai.
- Dr. Srinath., Ashok Hospital, Denkinikottai
- Dr. Rangan
- Dr. Anbarasu, Jeevan Hospital, Denkinikottai.
- Mr. Suresh., Holy Cross School.
- Mr. Rajesh, President of Vasavi Club
- Ms. Gayathri., President of Vanitha Club
- Ms. Mamitha
- Mr. Murali Mohan Krishnan
- Mr. C Nagesh

Feed Back on Impact

Feed Back from Teachers



Teacher from Bogasandiram school

“Students are active and enthusiastic now. They have learned teaming from their sports and other activities. Storytelling is helping them to figure out the good and bad things in our society. Children are learning moral values through stories. We are so happy to see this changes”



Head Master from Bogasandiram school.

“ The main change that I have seen in children from previous years is that they are making a good relationship with their peer group. Earlier they were roaming here and there after their school and fighting with peers without any reason. Now all of them have specified time for playing and studying. Sahyog foundation made them like what we expect.



Head Mistress from Samanthakottai Middle school

“I can see the unity and resilience among my students. They are showing empathy towards their opposite team and playing together. Students seem to be more energetic and healthy. Storytelling increases their confidence to ask questions in class, they are so curious to know their academic matters also”



Head Master from PUP School Eniathikottai

“Children are playing really well. They know all rules and regulations of Kabaddi and Kho-Kho. They have good rapport with their peer groups and teachers also. We are very proud of them”

Feed Back from Parent



Mother of Kumar from Samanthakottai

“ My son was not active in play and studies. But I can see the sudden changes in his behavior. He is very happy and active both in his studies and sports. He is playing Kabaddi really well. I wish him to be a state player in future.”

OUR PARTNERS

Pratham Books

In collaboration with Pratham Books, in May 2018, we crowd funded 30000 worth story books in Tamil, Kannada and Telugu for our children in incubation hub



Sankar Mahadevan Academy (SMA)

Sahyog Foundation signed MoU with SMA in December 2018 to implement DoL (Design of Life) initiative of SMA in villages where Sahyog Foundation has its presence. SMA will also design and implement programme based on the suggestions from Sahyog Foundation about the real-life situations in villages.

Bangalore Effective Education Task Force (BEETF)

Timely support from BEETF and Ms Meena Gupta, Sahyog Foundation supplied 270+ books in Tamil from National Book Trust for village children

The Titan School, Mathigiri



The Titan school, part of Titan township is 22 km away from our innovation hub. In February 2019, Ms. Sajeetha Barathi, principal of The Titan school confirmed to support initiative

of Sahyog Foundation by sending teachers to augment the sports and storytelling sessions.

Vishwa Sewa Education Trust (VSET)

Sahyog Foundation and VSET have agreed to rollout Emotional Intelligence program for children in the villages in the coming financial year.



Innovation & Science Promotion Foundation (ISPF)

In collaborative with ISPF, Sahyog Foundation plans to develop Experiential Learning and Critical Thinking among children.

Bangalore Storytelling Society

Thankful to Mr. Sridhar, co-founder of Bangalore Storytelling Society for having agree to periodically conduct storytelling workshops and training to our village coordinators.

TEAM SAHYOG

❖ Our Village Coordinators



Village coordinators with co-founder of Bangalore Storytelling Society



Paritosh Segal
Co-Founder



Aparna K P
Program leader



B Sridhar
Team Leader



Susila
Area Facilitator

❖ Our Mentor and Advisor



Dr. Sudhakar Varanasi

OUR DONORS

Accel



Manford Allianz Pvt Limited

Mr Rao Malli Varanasi

Mr. Rakesh Rawal

Mr Manu Parpia

Mr Sudhakar Varanasi

We are very grateful to our donors for their continued trust and support of Sahyog Foundation's initiative

CONTACT DETAILS

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