Sugaring Aftercare Advice

It is important for you to take extra care of your sugared

areas for the next 24 hours. It will help protect your skin

from infection.

Avoid friction from nylon material, or tight clothes.

Avoid using perfumed body lotions and creams.

No deodorant, perfume, make-up or tanning products.

No aerobics or exercise.

No sunbathing, sun beds, saunas, & very hot baths

for 48 hours as your skin will be sensitive to heat.

Use a soothing antiseptic lotion for the next 3 to 4 days

to minimise any risk of infection. Always wash your hands

before applying lotion.

Regularly use an exfoliating mitt to remove dead skin cells

to avoid in growing hairs and then moisturise.

If you experience persistent redness or discomfort

consult your doctor.

