Point-of-Care Ultrasound Windows

POCUS SCANNING WINDOWS

Focused Assessed Sonography for Trauma (FAST)

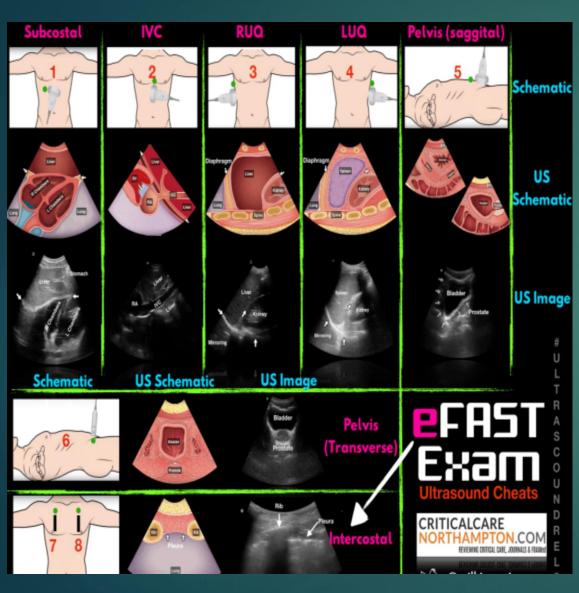
Right Upper

Quadrant

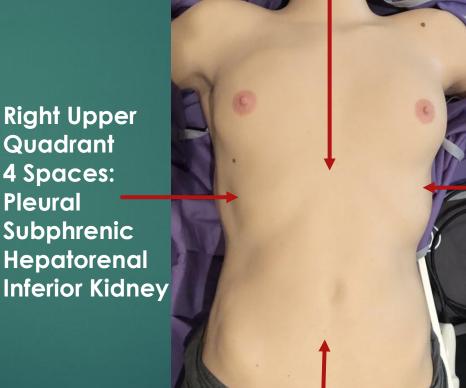
4 Spaces:

Subphrenic

Pleural



Subxiphoid 1 Space: Pericardial

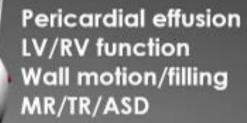


Left Upper Quadrant 4 Spaces: **Pleural** Subphrenic **Splenorenal Inferior Kidney**

Suprapubic: 1 Space:

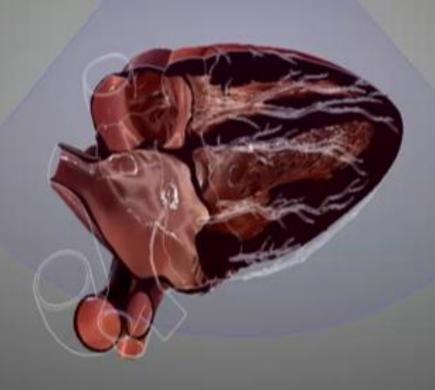
Rectovesicular/Rectouterine Space





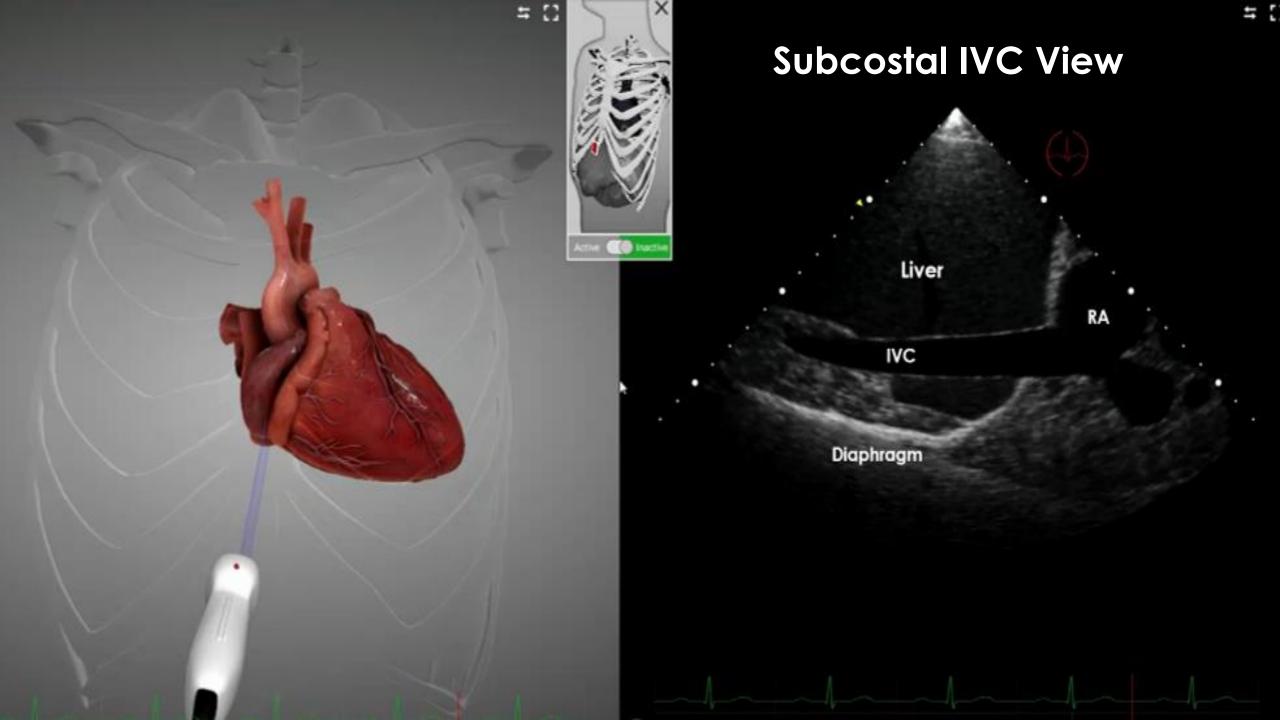


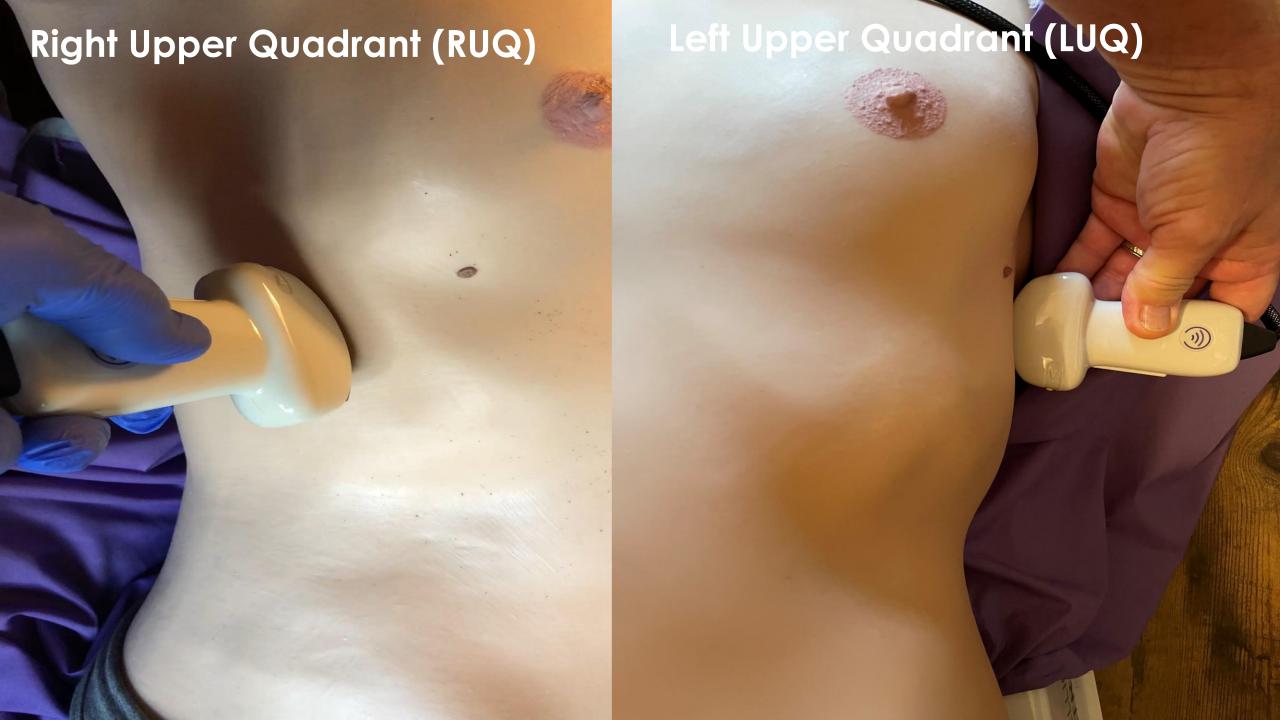
Subcostal Four Chamber (SC 4)

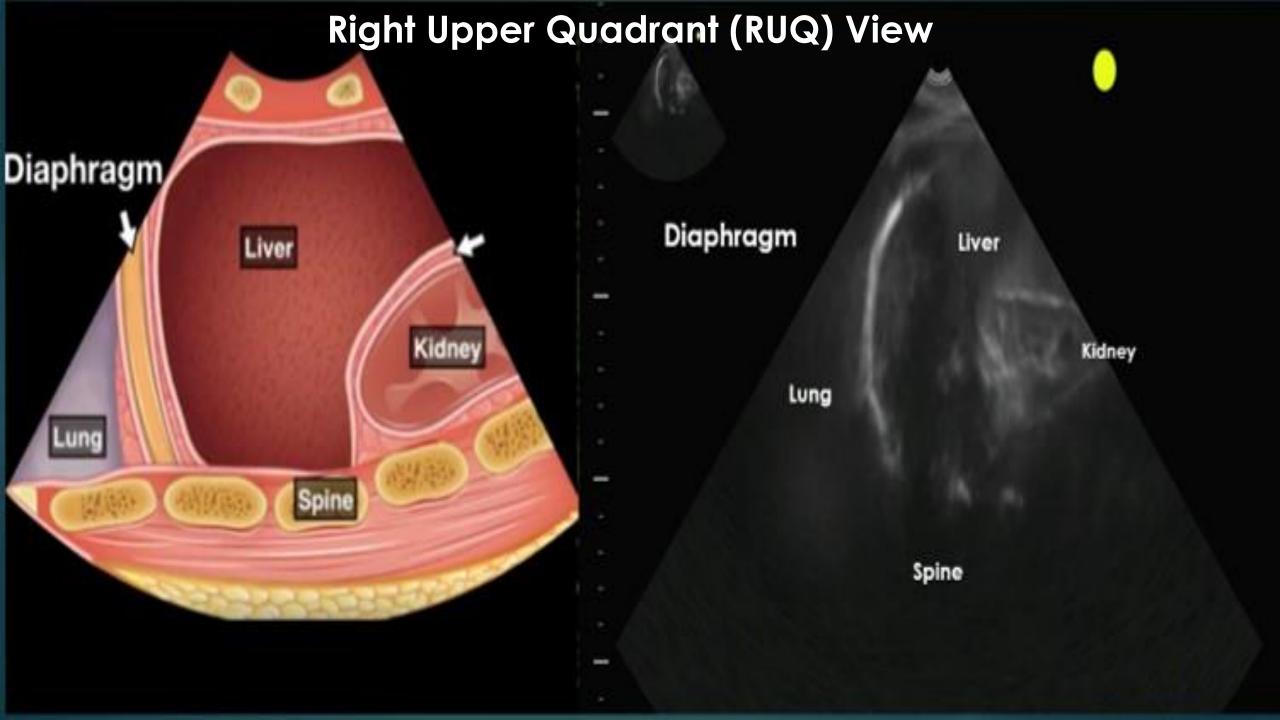


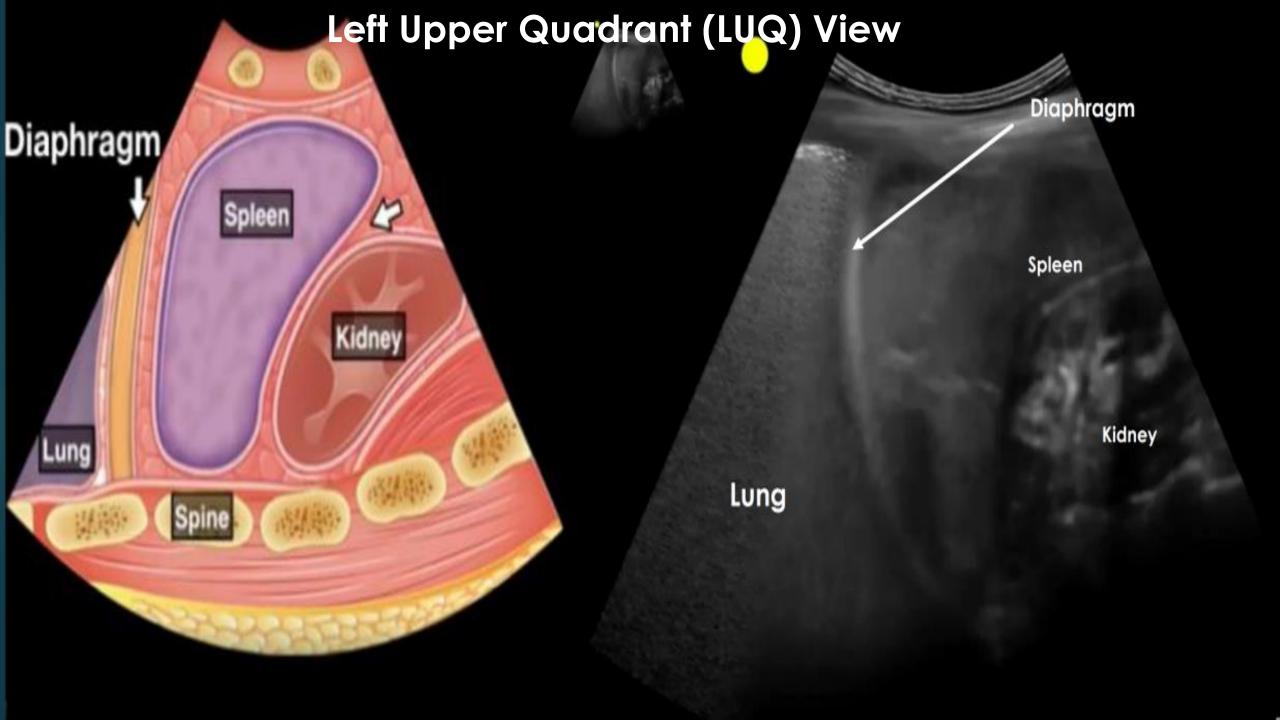




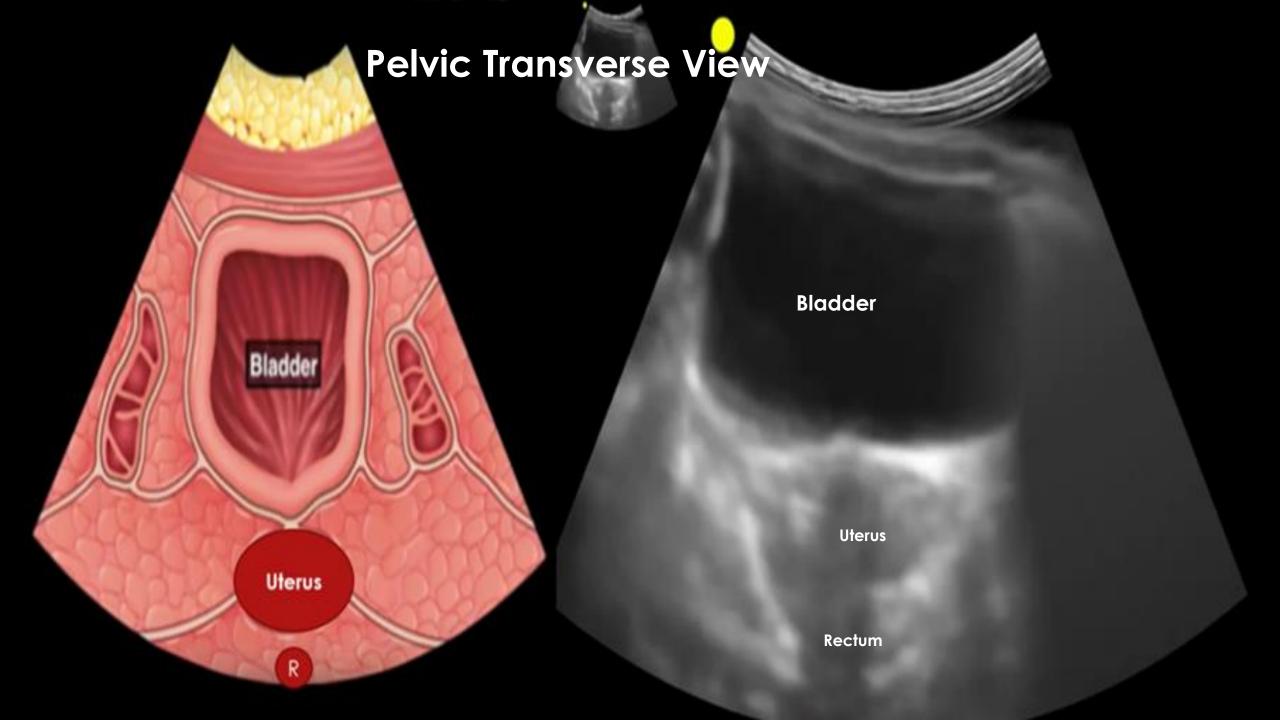


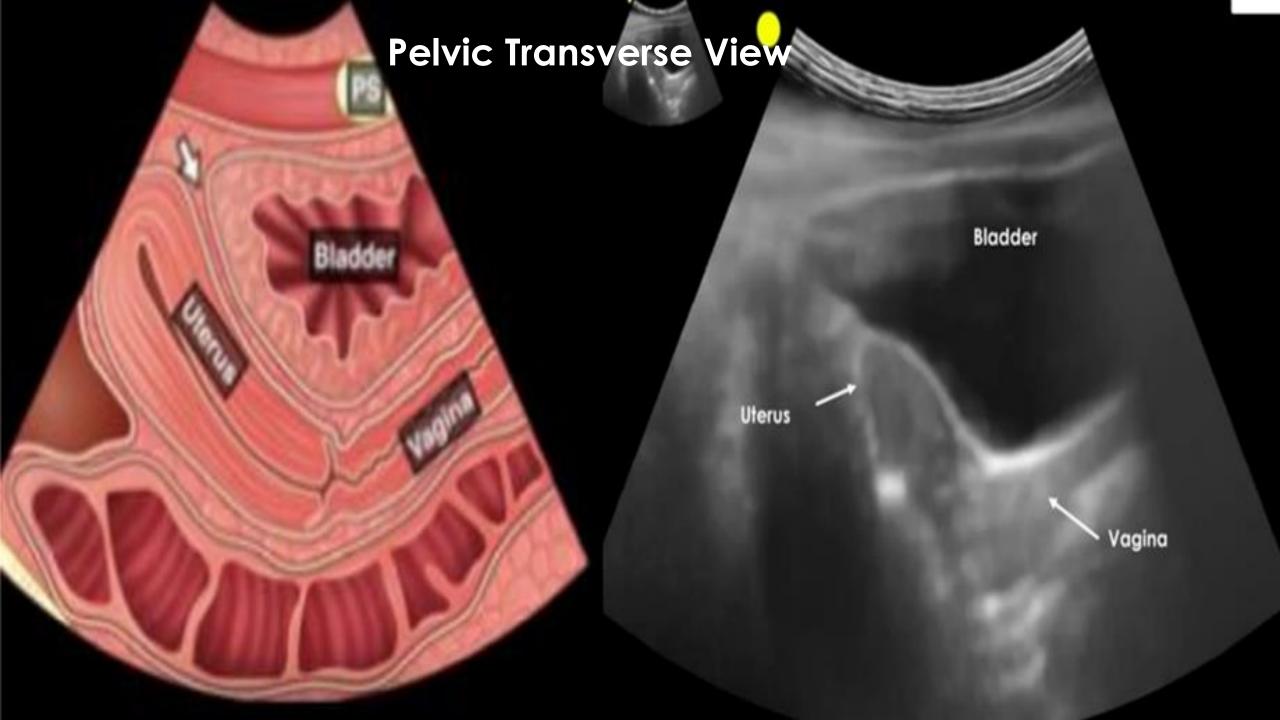


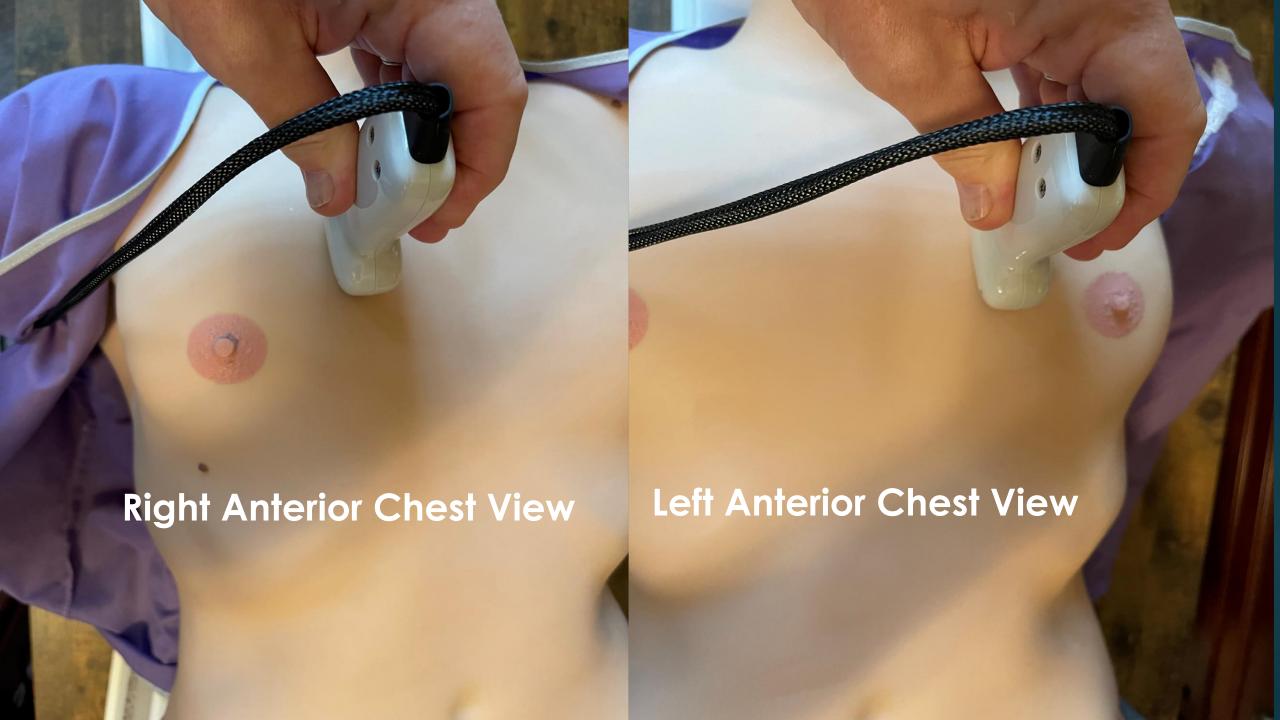


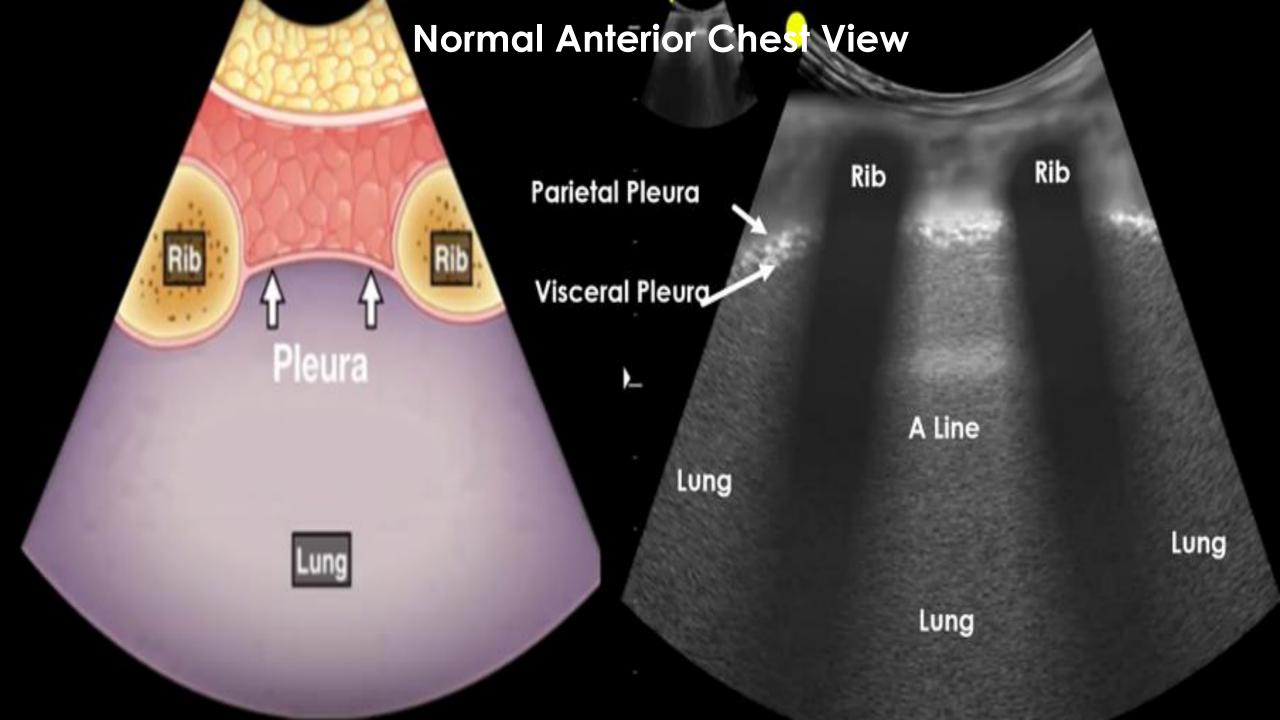




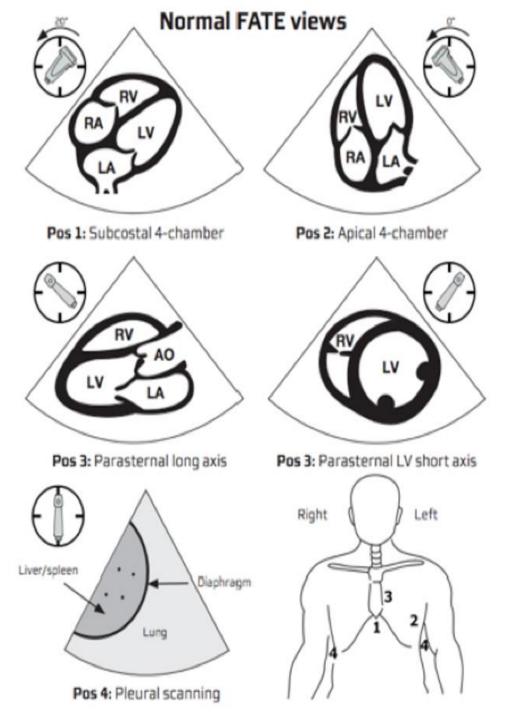


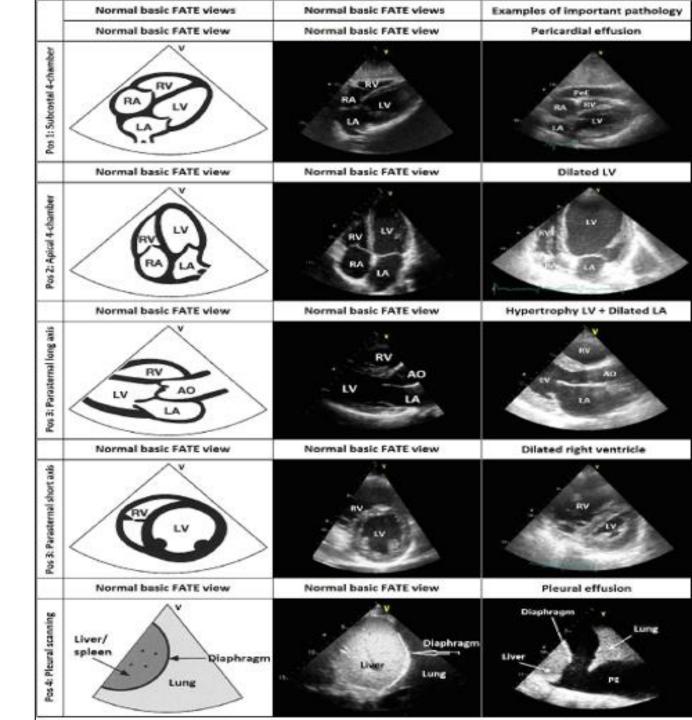


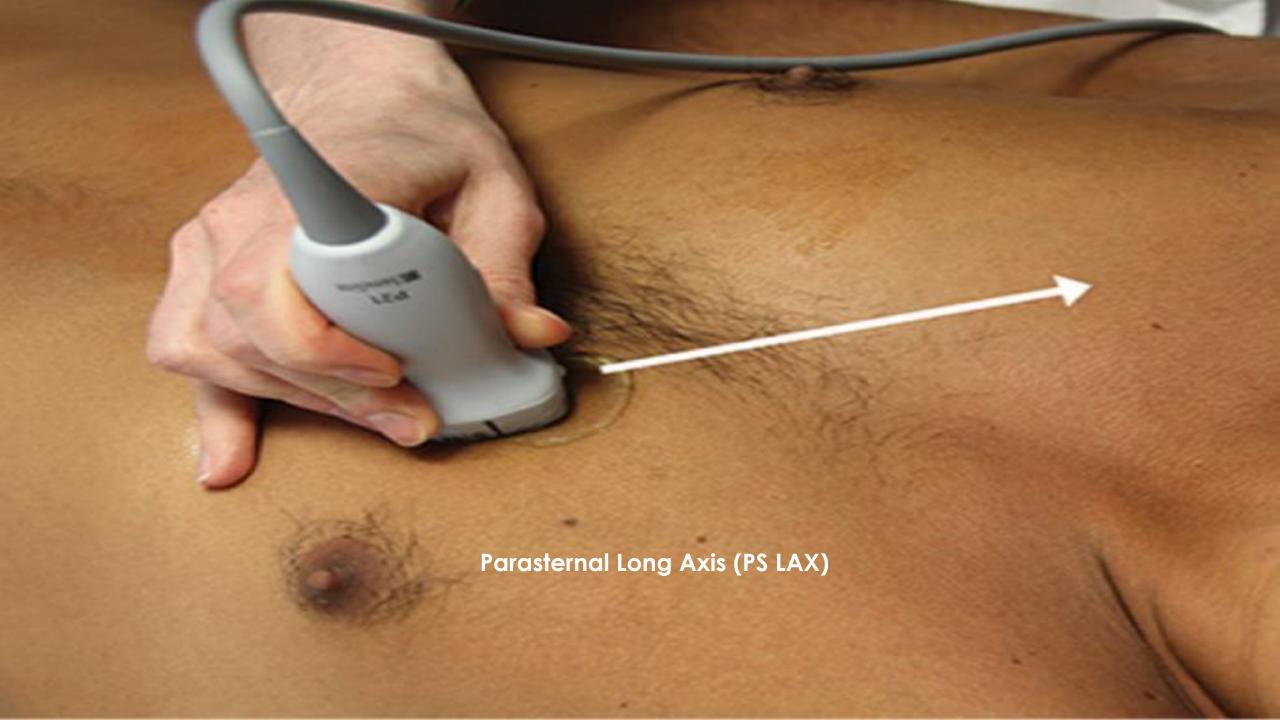


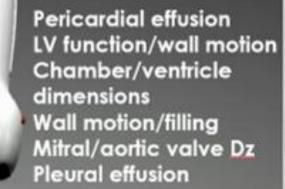




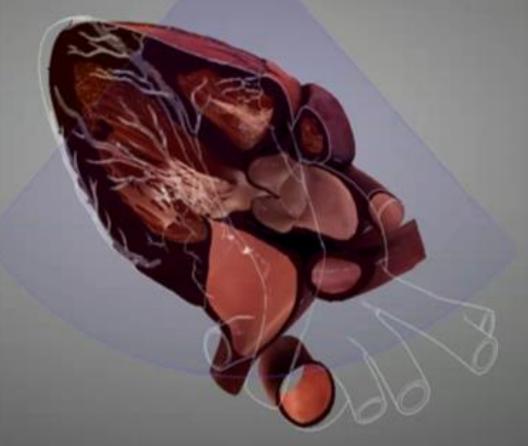






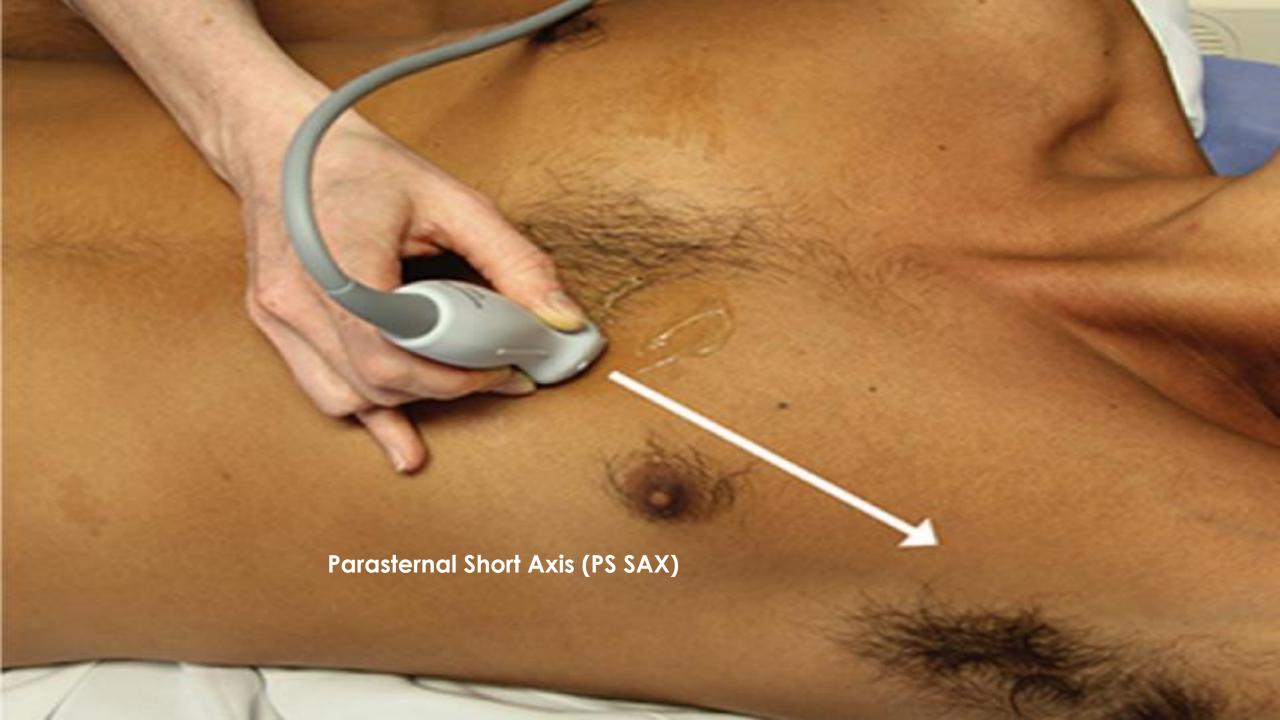


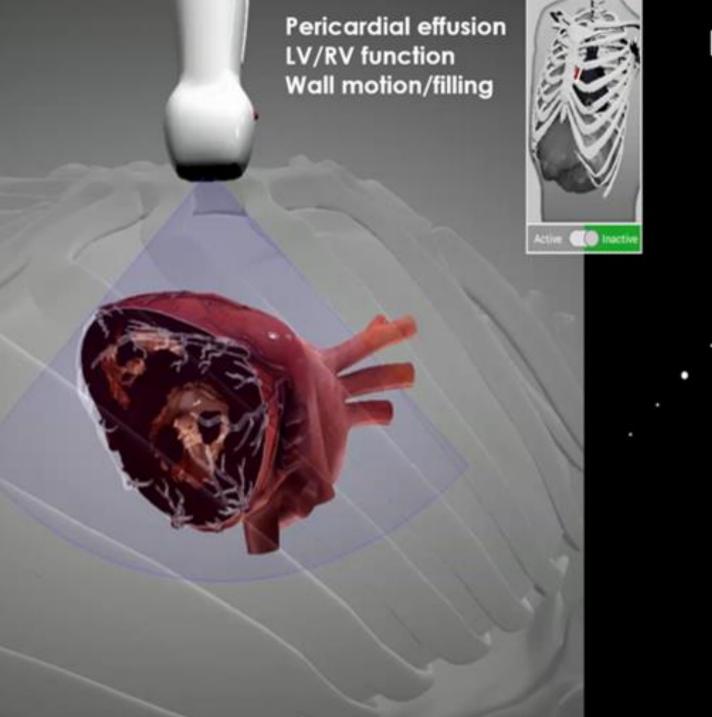




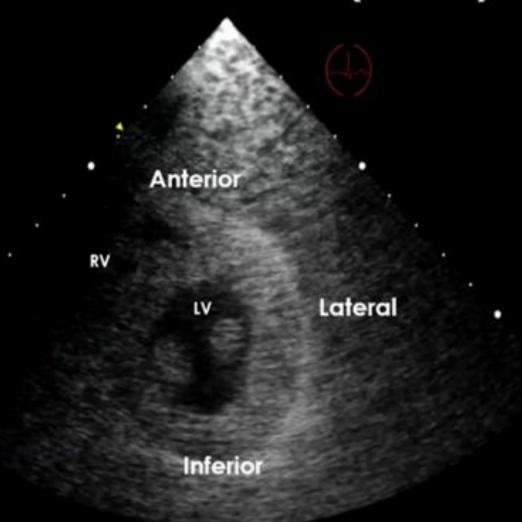
Parasternal Long Axis (PS LAX)

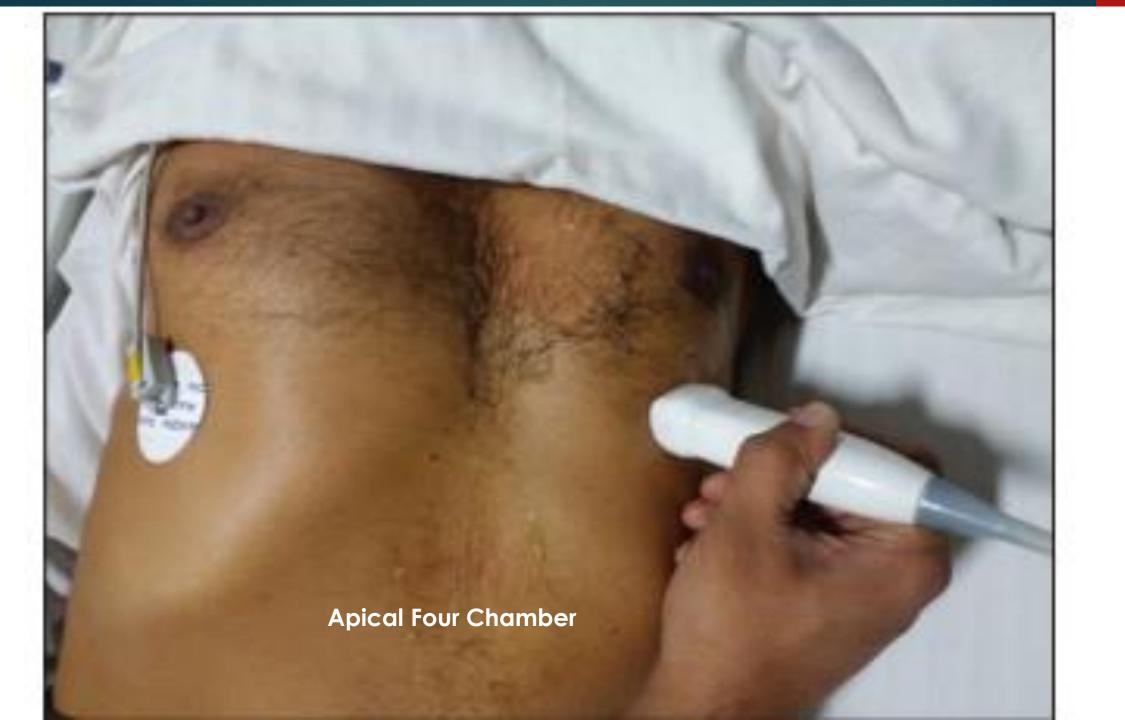


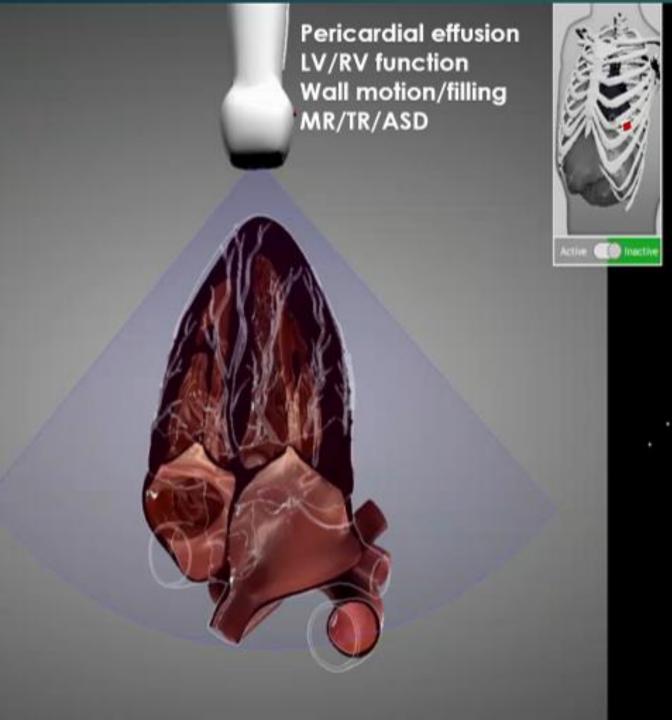




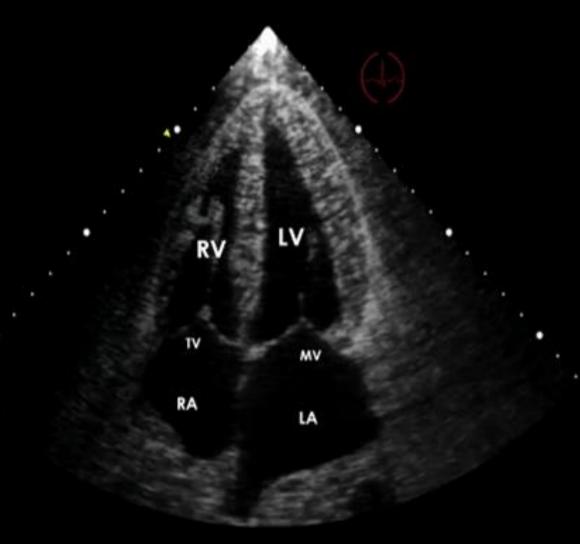
Parasternal Short Axis (PS SAX)



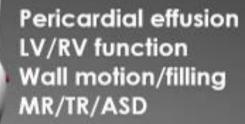






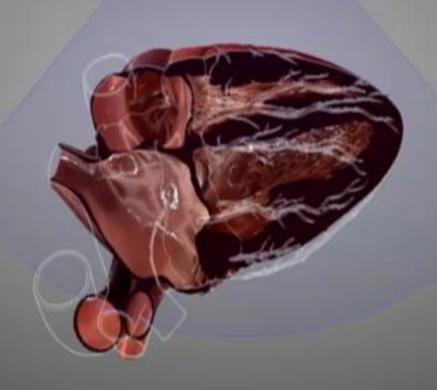


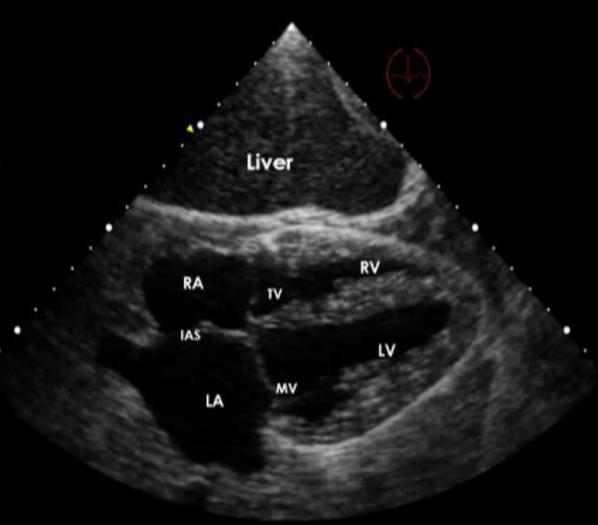




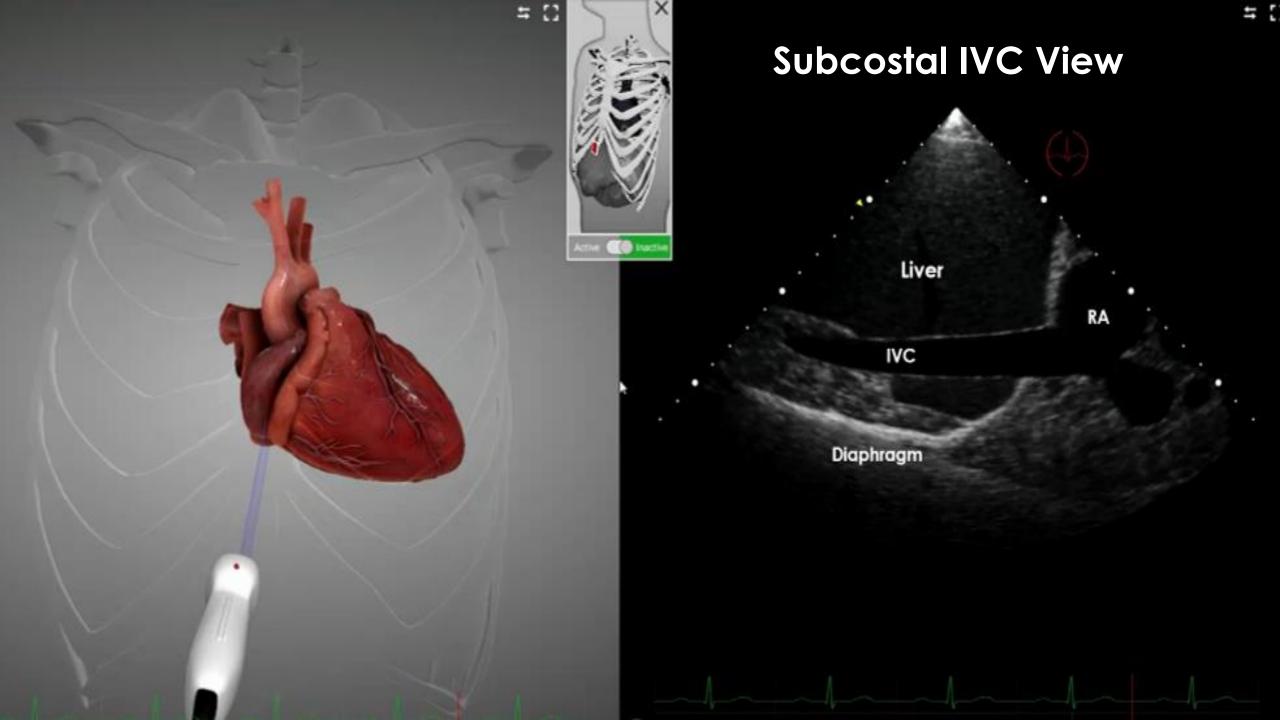


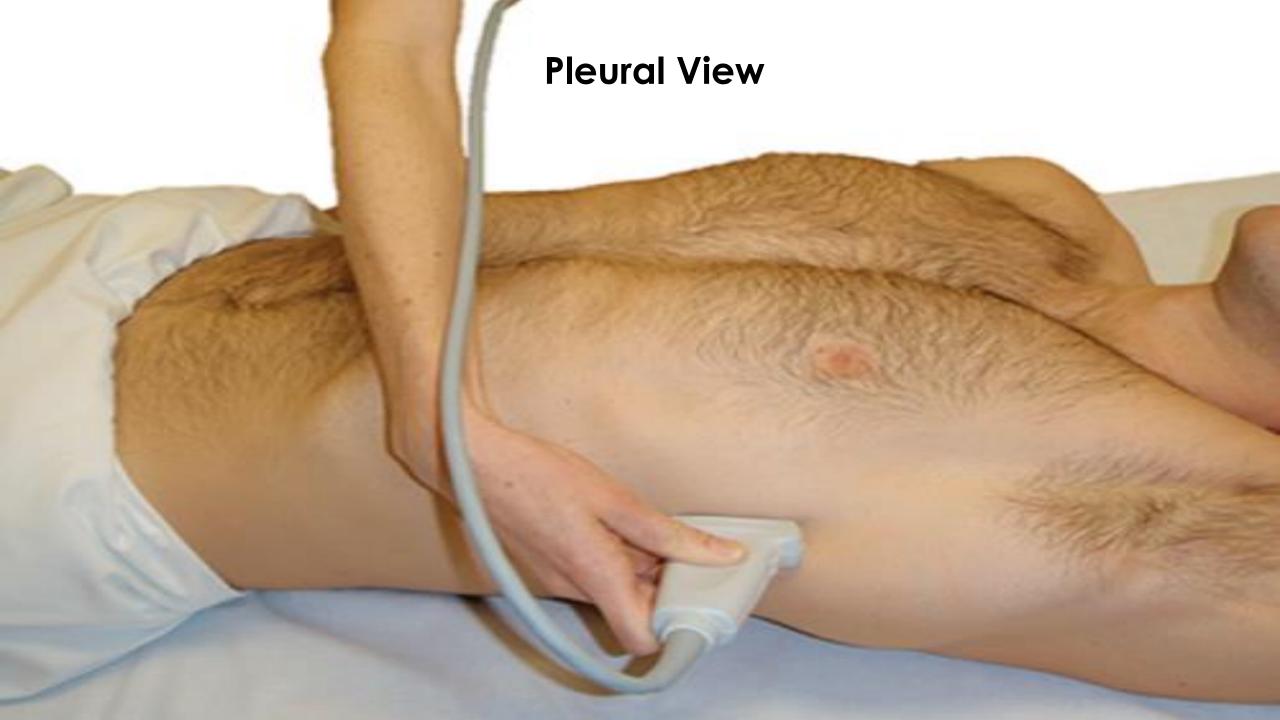
Subcostal Four Chamber (SC 4)

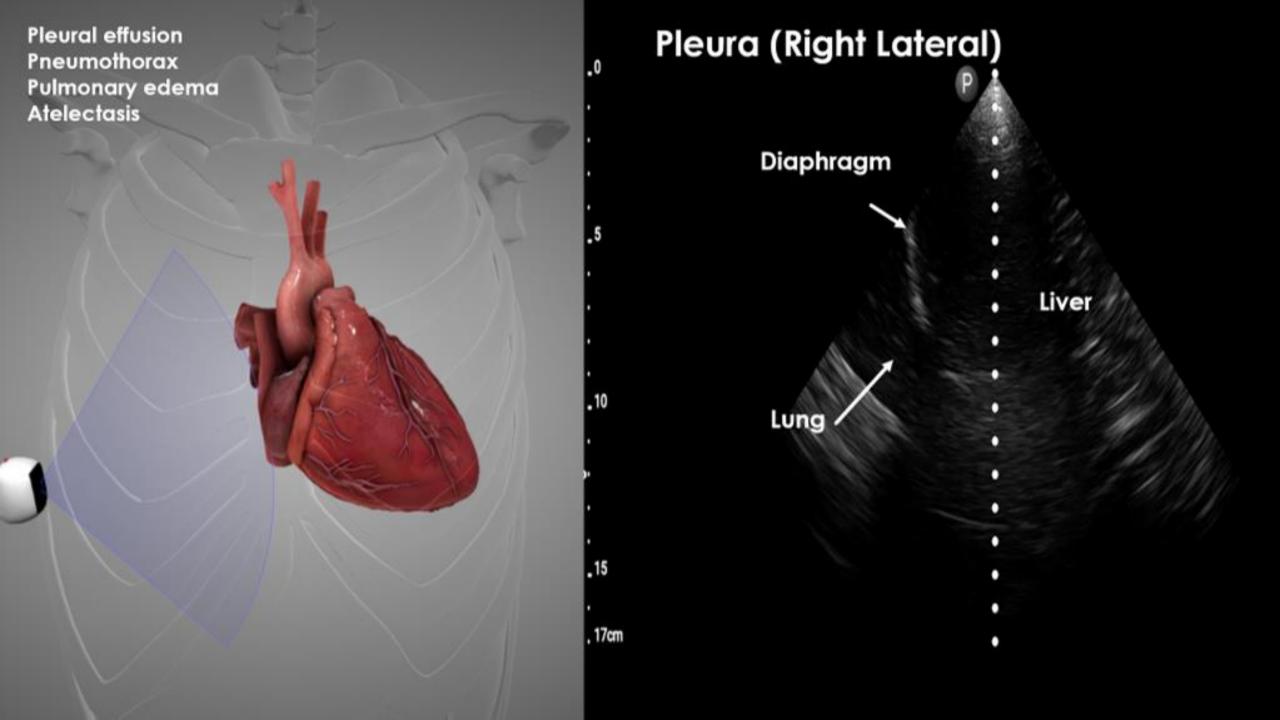










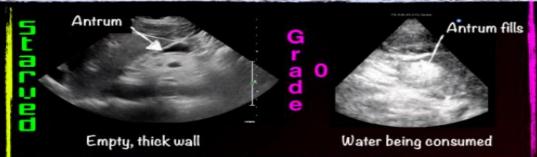


Relevant Anatomy



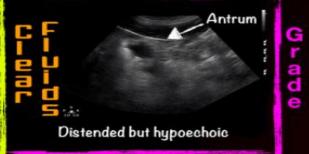
15 min

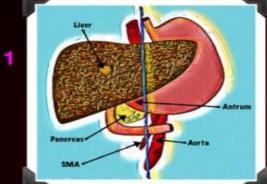
60 min



G











Antrum

Gastric
trasound
Ultrasound Cheats

Orade	Antrum	Volume	Aspiration Risk
•	Empty supine + RLP	Minimal	Low
1	Empty Sapine but clear fluid RLP!	<1.5ml/kg baseline gastric sceretion	Low
2	Clear fuld in both positions	>1.5ml/kg greater than baseline secretion	Righ

DIFECCOURDERIC

Hugely	distended, h	yperechoid
No. 200 510		





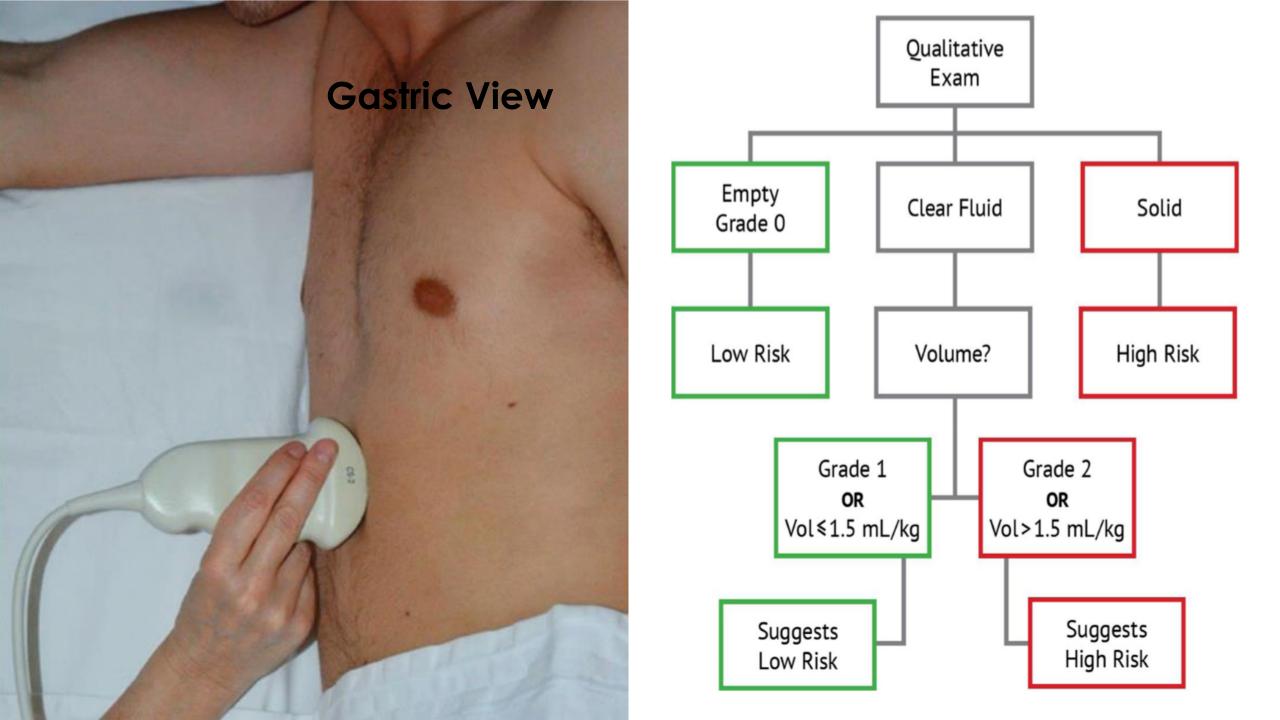
Gastric Volume Vol (ml) = 27 + 14.6 x RLD - CSA - 1.28 x age

CDITI	CALCARE	
CKIII	CALCARE	
NOPT	HAMPTON.COM	Л
NOK		-
	REVIEWING CRITICAL CARE, JOURNALS & FOAM	ded



@wilkinsonjonny

Grade	Shape	Wall	Content
Empty	Flat / Bullseye	Thick Layers Visible	None
Solid	Round / Pistended	Thin	Heterogeness / Particulate */- air
lear Fluid	Round / Pistended	Thin	Hyposchole
Milk	Round / Pistended	Thin	Hypereshole



TRANSVERSE VIEWS RICLUAY LILCASOUND





L10-5

Hyoid Bone

Hyothyroid Membrane

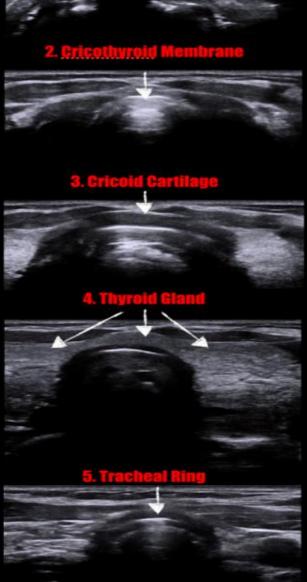
Thyroid Cartilage

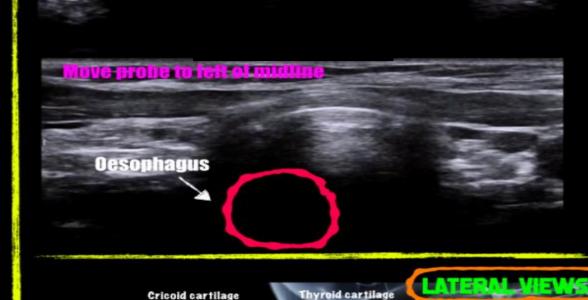
Cricothyroid Membrane

Cricoid Cartilage

Thyroid Gland

Tracheal Ring

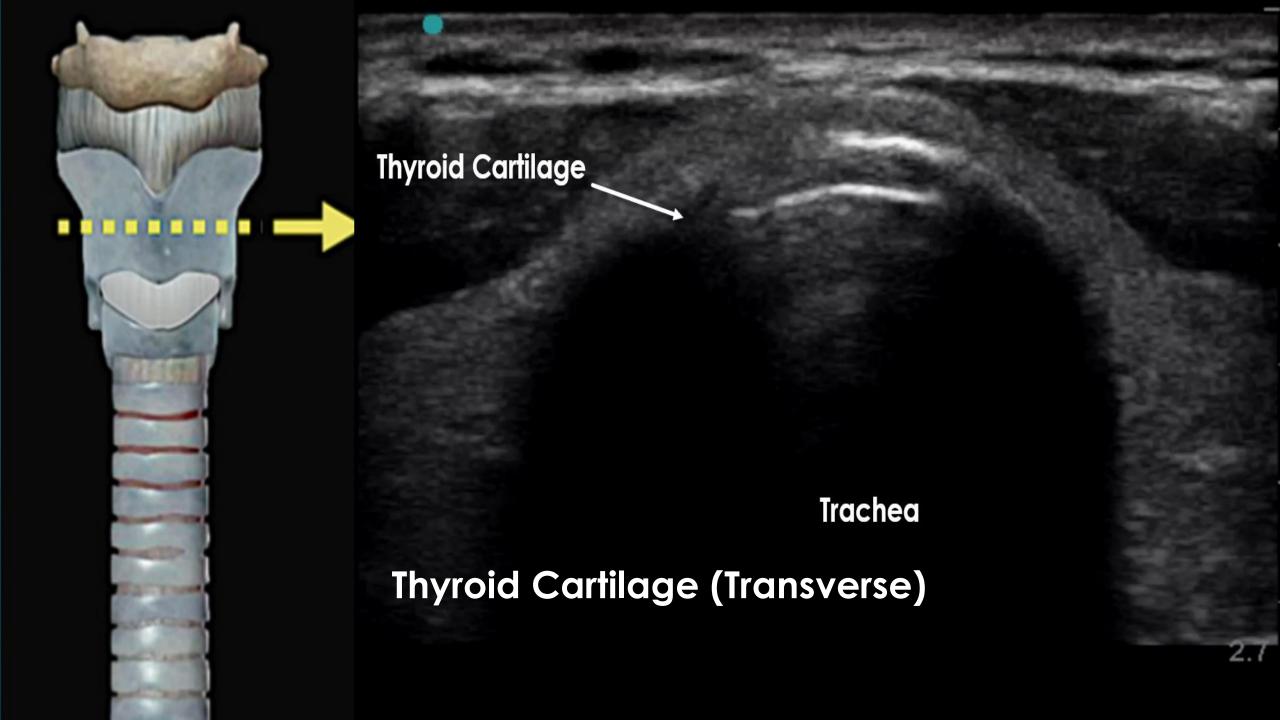


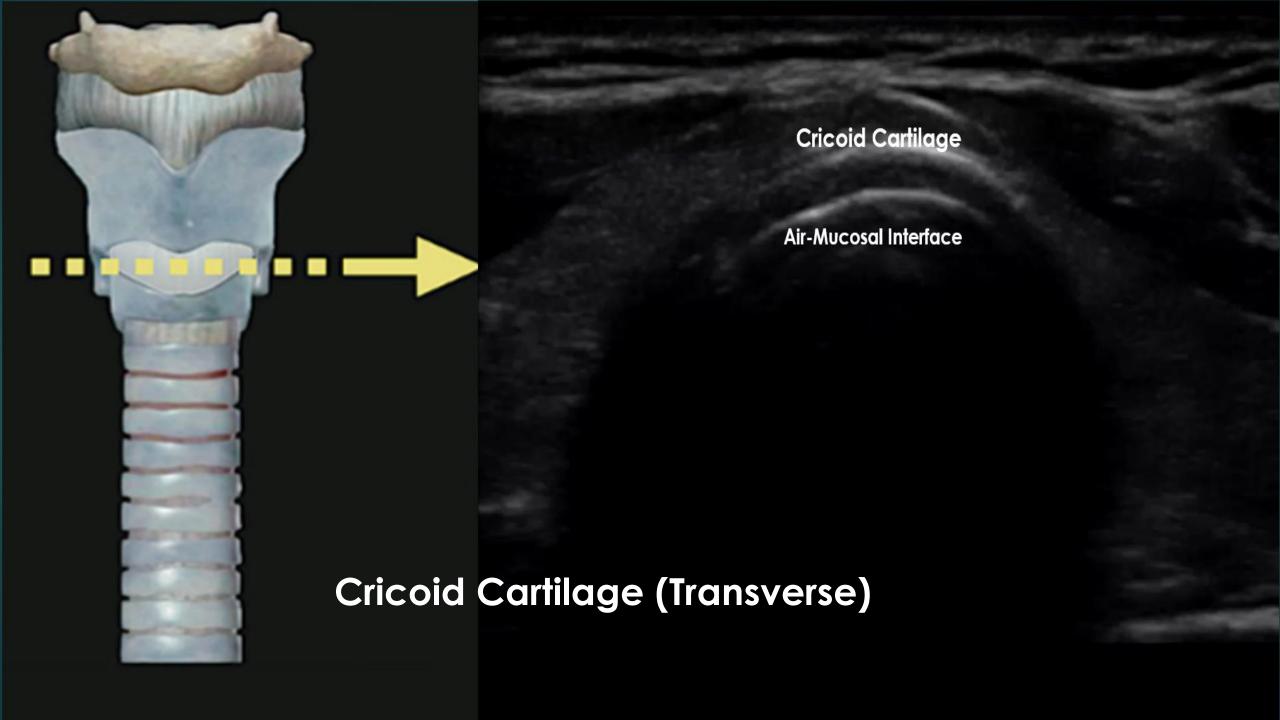


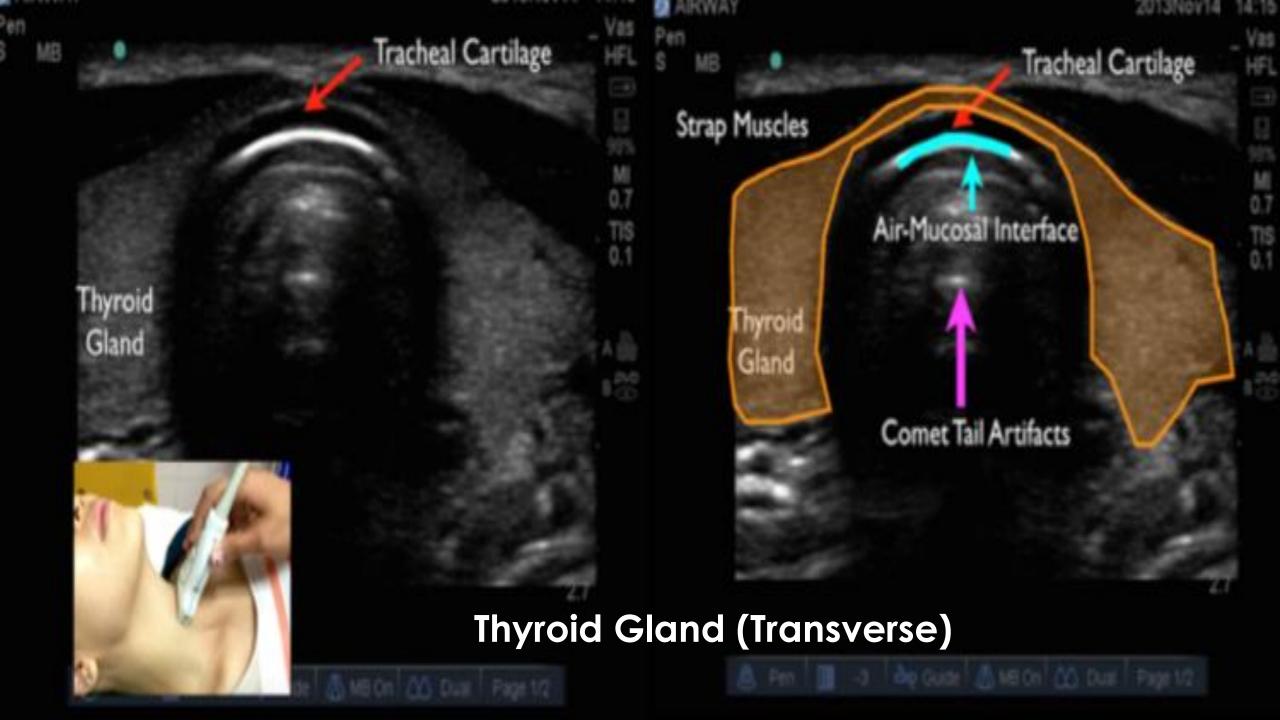
Cricothyroid Membrane

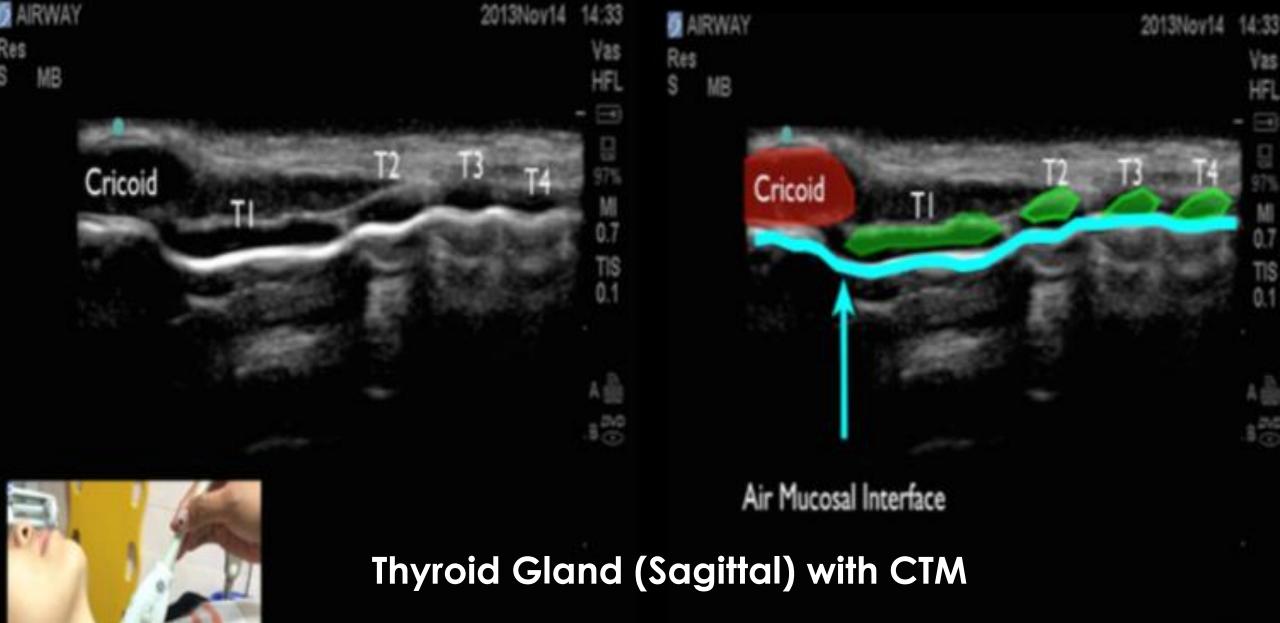
Tracheal Rings



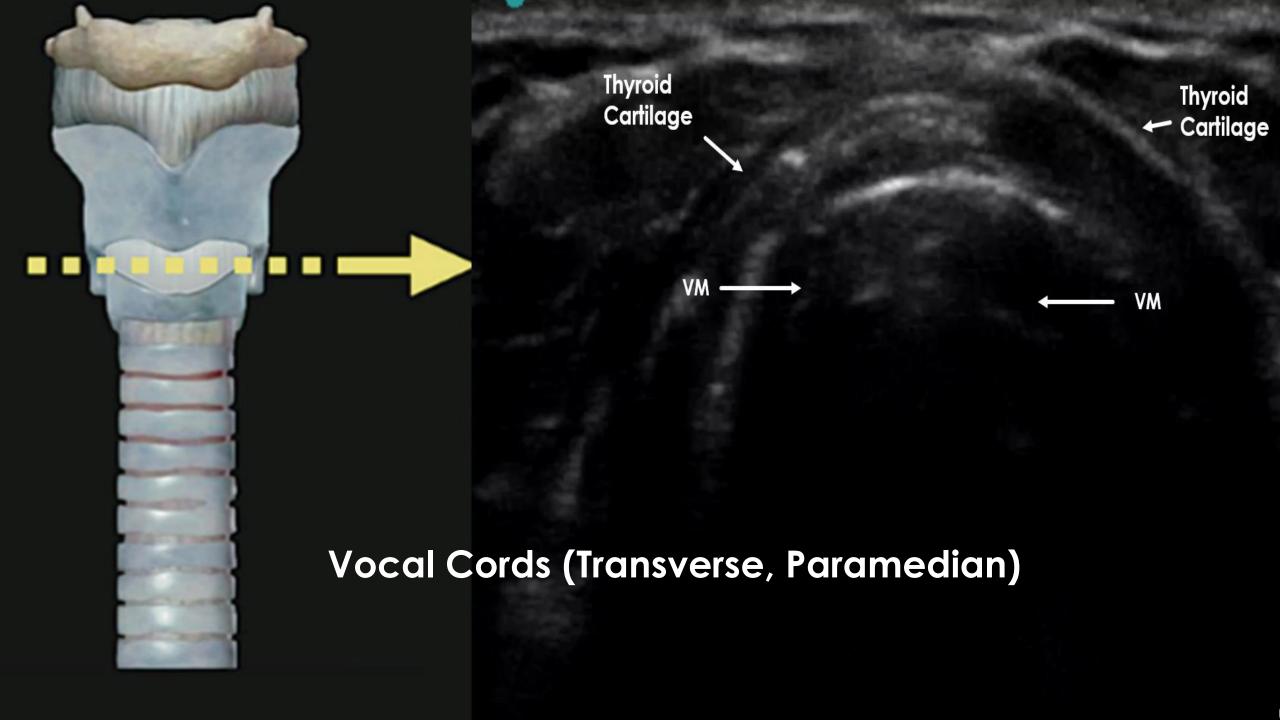


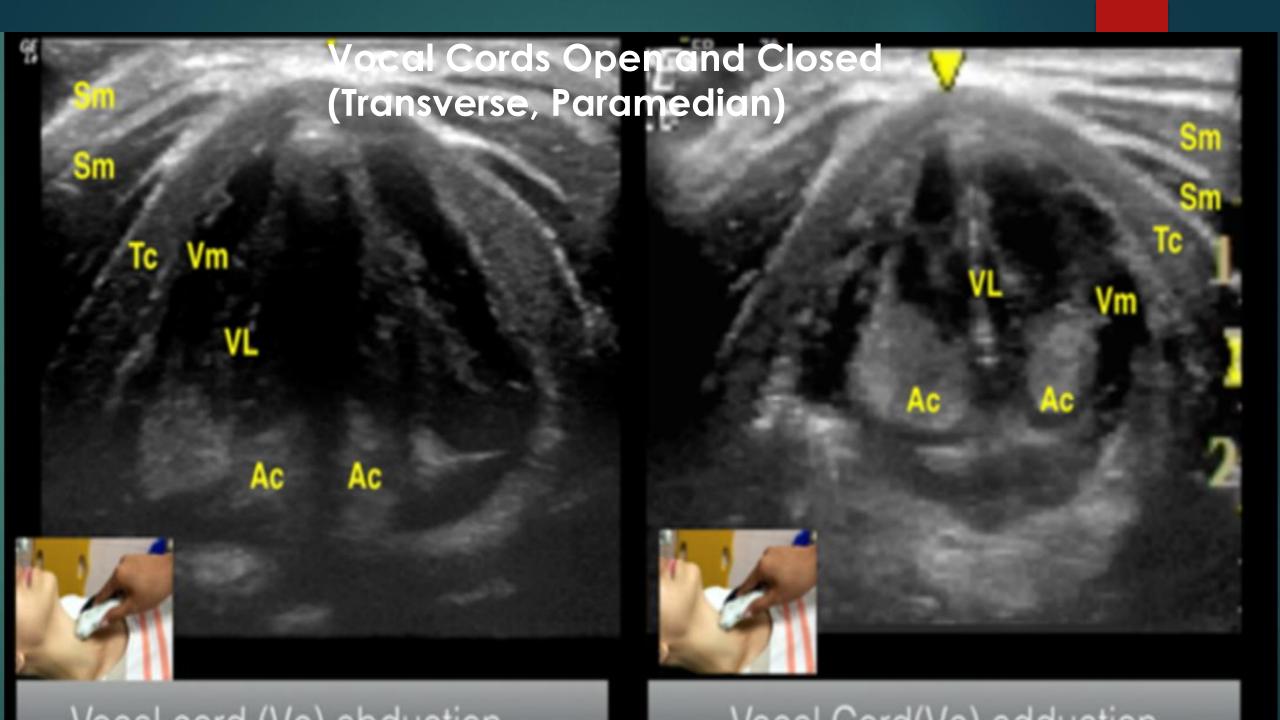


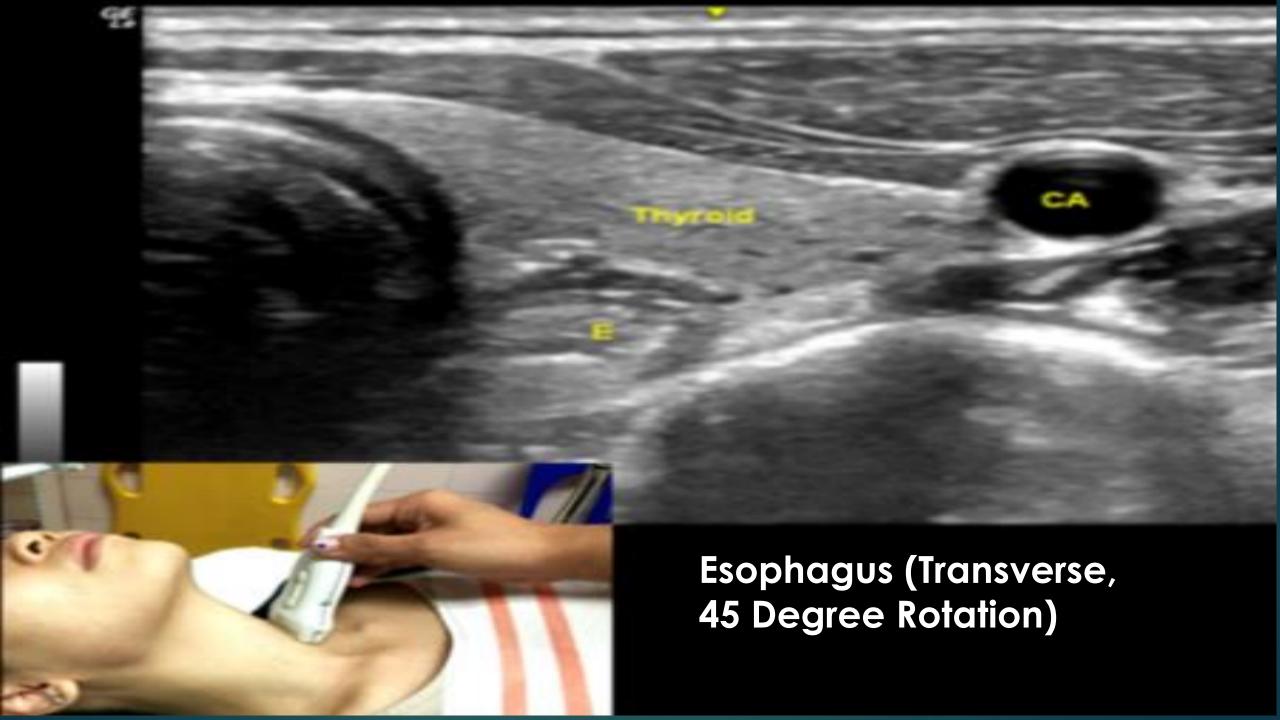




2.2







Lung Ultrasound Imaging Strategies

- ► Four chest areas per side for complete eight zone lung scan
- ► Parasternal line (PSL) is the border for areas 1 and 2
- Anterior axillary line (AAL) is the border between areas 1-3 and 2-4
- Posterior axillary line (PAL) marks the border for areas 3 and 4



