**POCUS Checklist (Simulator)**

**eFAST/Limited RUSH Views**

SC Four Chamber \_\_\_\_

SC IVC \_\_\_\_

PS SAX \_\_\_\_

PS LAX \_\_\_\_

Apical View (optional) \_\_\_\_

RUQ (standard) \_\_\_\_

RUQ (to PC Gutter) \_\_\_\_

LUQ (Standard) \_\_\_\_

LUQ (to PC Gutter) \_\_\_\_

Pelvic (Sagittal) \_\_\_\_

Pelvic (Transverse) \_\_\_\_

Right Anterior Thorax \_\_\_\_

Left Anterior Thorax \_\_\_\_

Abdominal Aorta (4 regions) \_\_\_\_

**eFAST/Limited RUSH Pathologies**

LV Failure \_\_\_\_

RV Failure \_\_\_\_

Mitral Regurgitation \_\_\_\_

Hypovolemia \_\_\_\_

Tamponade \_\_\_\_

Pulmonary Embolism \_\_\_\_

Right Subphrenic Fluid \_\_\_\_

Right Pleural Effusion \_\_\_\_

Morison’s Pouch Fluid \_\_\_\_

Right Kidney Stone \_\_\_\_

Left Subphrenic Fluid \_\_\_\_

Left Pleural Effusion \_\_\_\_

Left Kidney Stone \_\_\_\_

Pouch of Douglas Fluid \_\_\_\_

Ruptured Ectopic Preg \_\_\_\_

IUP 11 weeks \_\_\_\_

Pelvic Mass \_\_\_\_

Pneumothorax Severe \_\_\_\_

Pneumothorax Lung Point \_\_\_\_

Pulmonary Edema \_\_\_\_

Lung Consolidation \_\_\_\_

Small to Large AAA \_\_\_\_

Dissecting AAA \_\_\_\_

Gall Stones \_\_\_\_

**Focused Assessed TTE (FATE)**

Parasternal SAX \_\_\_\_

Parasternal LAX \_\_\_\_

Apical Four Chamber \_\_\_\_

Apical Three Chamber \_\_\_\_

Subcostal Four \_\_\_\_

Subcostal IVC \_\_\_\_

Left and Right Pleural \_\_\_\_

Suprasternal View \_\_\_\_

**Rescue TEE**

Midesophageal Four Chamber \_\_\_\_

Midesophageal Long Axis \_\_\_\_

Transgastric Short Axis \_\_\_\_

**TTE Pathologies**

LV Dysfunction \_\_\_\_

RV Dysfunction \_\_\_\_

Hypovolemia \_\_\_\_

LV Wall Motion \_\_\_\_

Aortic Stenosis \_\_\_\_

Aortic Regurgitation \_\_\_\_

Mechanical AV \_\_\_\_

Mitral Regurgitation \_\_\_\_

Mitral Stenosis \_\_\_\_

Atrial Septal Defect \_\_\_\_

Pulmonary Embolism \_\_\_\_

Ascend Aorta Dissection \_\_\_\_

Descend Aorta Dissection \_\_\_\_

Tamponade \_\_\_\_

HOCM \_\_\_\_

**TEE Pathologies**

LV Failure \_\_\_\_

RV Failure \_\_\_\_

Hypovolemia \_\_\_\_

Tamponade \_\_\_\_

Pulmonary Embolism \_\_\_\_

Aortic Stenosis \_\_\_\_

**Artery and Vein Cannulation**

Radial/Brachial Artery \_\_\_\_

Peripheral IV with US \_\_\_\_

**POCUS Checklist (Live Scanning)**

**eFAST/RUSH Views**

SC Four Chamber \_\_\_\_

SC IVC \_\_\_\_

PS SAX \_\_\_\_

PS LAX \_\_\_\_

Apical View (optional) \_\_\_\_

RUQ (standard) \_\_\_\_

RUQ (to PC Gutter) \_\_\_\_

LUQ (Standard) \_\_\_\_

LUQ (to PC Gutter) \_\_\_\_

Pelvic (Sagittal) \_\_\_\_

Pelvic (Transverse) \_\_\_\_

Right Anterior Thorax \_\_\_\_

Left Anterior Thorax \_\_\_\_

Abdominal Aorta (4 regions) \_\_\_\_

Femoral Artery and Vein \_\_\_\_

Internal Jugular and Carotid \_\_\_\_

**Focused Assessed TTE (FATE)**

Parasternal SAX \_\_\_\_

Parasternal LAX \_\_\_\_

Apical Four Chamber \_\_\_\_

Apical Three Chamber \_\_\_\_

Subcostal Four \_\_\_\_

Subcostal IVC \_\_\_\_

Left and Right Pleural \_\_\_\_

Suprasternal View \_\_\_\_

**Gastric Assessment**

Gastric Antrum/Body \_\_\_\_

Content Assessment \_\_\_\_

Antrum CSA \_\_\_\_

**Abdominal Assessment**

Gall Bladder \_\_\_\_

Kidney \_\_\_\_

**Vascular Assessment**

Radial/Brachial Artery \_\_\_\_\_

Peripheral Vein \_\_\_\_\_

**Airway Ultrasound**

Thyroid to Mentum Distance \_\_\_\_\_

Tongue Dimensions \_\_\_\_\_

Tracheal Dimensions \_\_\_\_\_

Esophagus (swallow) \_\_\_\_\_

Vocal Cord Assessment (“e”) \_\_\_\_\_

Thyroid Cartilage \_\_\_\_\_

Cricoid Cartilage \_\_\_\_\_

Tracheal Cartilage (“SOP”) \_\_\_\_\_

Cricothyroid Membrane (CTM) \_\_\_\_\_

**Pulmonary Ultrasound**

Zone 1 Scan \_\_\_\_\_

Zone 2 Scan \_\_\_\_\_

Zone 3 Scan \_\_\_\_\_

Zone 4 Scan \_\_\_\_\_

Bat Sign \_\_\_\_\_

“A” Lines \_\_\_\_\_

“Lung Sliding” \_\_\_\_\_

Diaphragm \_\_\_\_\_