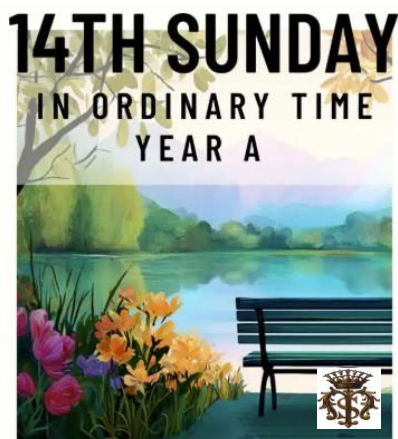




OUR LADY OF DOLOURS SERVITE CHURCH

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14TH SUNDAY IN ORDINARY TIME YR. A 5TH JULY 2026

Reflection

The readings for the Fourteenth Sunday in Ordinary Time, Year A, invite us to reflect on the theme of humility and the gentle power of God's love.

The 1st reading from the prophet Zechariah 9:9-10, we are presented with a beautiful image of a king who comes to us, not in strength or military might, but humble and riding on a donkey. This is a profound testament to the nature of God's kingdom: it does not conform to worldly expectations.

The 2nd reading from the letter of St. Paul to the Romans 8:9, 11-13, reminds us that the Spirit of God dwells within us, leading us to live according to His ways. We are called to live according to the Spirit, which signifies a transformation from the old self to a new self in Christ. An invitation to let go of our burdens and embrace the life God has in store for us.

The Gospel is taken from St. Matthew 11:25-30, Jesus extends a beautiful invitation: "Come to me, all you who are weary and overburdened, and I will give you rest (Mat. 11-28). In our busy lives, we often carry many burdens such as stress, anxiety, and the weight of our responsibilities. But here is the promise of Christ. He offers us rest. His yoke is easy, and His burden is light. By surrendering our struggles to Him, we find not just relief, but the strength to carry on, guided by His love.

In this Eucharistic celebration, let us open our hearts to accept Jesus' invitation.



Week Silent Retreat at the Verbum Dei Retreat Centre on the Isle of Wight - 21st - 28th August 2026. Time to be renewed, empowered, re-energised by being with and listening to God. "Come to Me and you will live..." (Is.55:3) For more info, please, contact us: verbumdei.iow@gmail.com or www.uk.verbumdei.org.

Appeal for the Lighting System – We are deeply grateful to two generous parishioners who have donated £10,000 (which will increase to £12,500 through Gift Aid) and £5,000 towards the repair and upgrade of our church lighting system. We prayerfully invite other parishioners and friends of the parish to help us meet the remaining cost. Every donation, large or small, is greatly appreciated. Thank you for your kindness and generous support. May God bless you abundantly.

Mass Collections (27th & 28th June 2026) – £1,264 was received in the main collection, and £442 in the second collection for Peter's Pence. Thank you for your faithful kindness and wholehearted support.

YOUR GIVING BUILDS THE PARISH

Through Gift Aid, every £1 you donate becomes £1.25 for the parish. Gift Aid increases your donation by 25% — and it costs you nothing. Come and visit the parish office for further information.

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Mass Times

Vigil Mass: Sat 6.30 pm
Sunday 9.30 am
11.00 am
Spanish Mass 12.30 pm
6.30 pm
Mon to Sat 10am & 6.30 pm

Sacrament of Confession

Saturday 10.45 – 11.15 am
6.00 – 6.30 pm
Mon – Fri 6:15 – 6:30 pm

Parish Office Opening Hrs

Mon – Fri 9am to 5pm
(Lunch from 1.30pm to 2.30pm)

Rosary

Every Wednesday after
10am Mass followed by Tea
in the Founders Room.

- Rosary also held on Sundays
at 3pm in the Colonnade.

Legion of Mary

Every Tuesday at 7pm in the
Parlour.

Holy Hour

1st Friday of every month after
10am Mass. The hour will include
Rosary, Litany Divine Mercy &
Benediction.

Saints Days

Mon 6th – St. Maria Goretti
Tue 7th – Bl. Emmanuel Ruiz
and Companions
Wed 8th – St. Gregory Grassi and
Companions
Thu 9th – St. Augustine Zhao
Rong and Companions
Fri 10th – St. Veronica Giuliani
Sat 11th – St. Benedict



St. Peregrine Mass of Healing

Our next St. Peregrine Mass of
Healing is on **29th July 2026** at
6.30pm.

Relic of St. Carlo Acutis

Exposition of this Relic on every
Monday after our 10am Mass.

St. Carlo Acutis, Pray for us.

FIRST READING

**A reading from the book of
Zechariah**

9:9-10

Thus says the Lord: Rejoice greatly, O daughter of Sion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey. I will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall speak peace to the nations; his rule shall be from sea to sea, and from the River to the ends of the earth.



The word of the Lord.

All: Thanks be to God.

RESPONSORIAL PSALM

Ps 145(144):1-2. 8-9. 10-11. 13c-14. R cf. 1

**R. I will bless your name for ever, my
God and king.**

1. I will extol you, my God and king,
and bless your name for ever and
ever. I will bless you day after day,
and praise your name for ever and
ever. **R.**

2. The Lord is kind and full of
compassion, slow to anger,
abounding in mercy. How good is the
Lord to all, compassionate to all his
creatures. **R.**

14th Sunday in Ordinary Time

3. All your works shall thank you, O
Lord, and all your faithful ones bless
you. They shall speak of the glory of
your reign, and declare your mighty
deeds. **R.**

4. The Lord is faithful in all his words,
and holy in all his deeds. The Lord
supports all who fall, and raises up all
who are bowed down. **R.**

SECOND READING

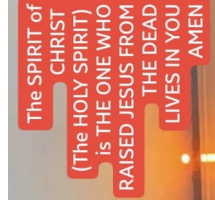
A reading from the second letter of

St. Paul to the Romans 8:9, 11-13

Brothers and Sisters: You are not in the
flesh but in the Spirit, if in fact the Spirit
of God dwells in you. Anyone who does
not have the Spirit of Christ does not
belong to him. If the Spirit of him who
raised Jesus from the dead dwells in
you, he who raised Christ Jesus from
the dead will also give life to your
mortal bodies through his Spirit who
dwells in you. So then, brothers and
sisters, we are debtors, not to the flesh,
to live according to the flesh. For if you
live according to the flesh you will die,
but if by the Spirit you put to death the
deeds of the body, you will live.

The word of the Lord.

All: Thanks be to God.



(Year A) 5th July 2026

Gospel Acclamation

Alleluia, alleluia!

*I thank you, Father, Lord of heaven and
earth, you have revealed the secrets of the
kingdom to little children.*

Alleluia, alleluia!



GOSPEL

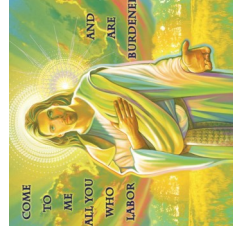
**A reading from the holy Gospel
according to Matthew 11:25-30**

All: Glory to you, O Lord.

At that time Jesus declared, 'I thank you,
Father, Lord of heaven and earth, that you
have hidden these things from the wise
and understanding and revealed them to
little children; yes, Father, for such was
your gracious will. All things have been
handed over to me by my Father, and no
one knows the Son except the Father, and
no one knows the Father except the Son
and anyone to whom the Son chooses to
reveal him. Come to me, all who labour
and are heavy laden, and I will give you
rest. Take my yoke upon you, and learn
from me, for I am gentle and lowly in
heart, and you will find rest for your souls.
For my yoke is easy, and my burden is
light.'

The Gospel of the Lord.

**All: Praise to you,
Lord Jesus Christ.**



NICENE CREED—See Laudate 479 (205)

I believe in one God, the Father
almighty, maker of heaven and
earth, of all things visible and
invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten,
not made, consubstantial with the
Father; through him all things were
made. For us men and for our
salvation he came down from heaven,
(*All bow for following three lines*)

and by the Holy Spirit was incarnate
of the Virgin Mary and became man.
For our sake he was crucified
under Pontius Pilate, He suffered
death and was buried, and rose
again on the third day in accordance
with the Scriptures. He ascended
into heaven and is seated at the right
hand of the Father. He will come
again in glory to judge the living and
the dead and his kingdom will have
no end.

I believe in the Holy Spirit, the Lord
the giver of life, who proceeds from
the Father and the Son, who with
the Father and the Son is adored and
glorified, who has spoken through
the Prophets.

I believe in one, holy, catholic and
apostolic Church. I confess one
Baptism for the forgiveness of sins
and I look forward to the
resurrection of the dead and the life
of the world to come.
Amen.