



OUR LADY OF DOLOURS SERVITE CHURCH

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3RD SUNDAY OF LENT YR. A 8TH MARCH 2026

Sunday Reflection

The readings for the 3rd Sunday of Lent, Year A, remind us that God comes to us in our moments of need, responding to our thirst both physical and spiritual, with the gift of life.

The 1st reading from Exodus 17:3-7, we find the Israelites in the desert, grumbling in their thirst. They question Moses, wondering if God is with them. In their thirst for water, they are reminded of their vulnerability and their need for God's sustenance.

The 2nd reading from the letter of St. Paul to the Romans, reassures us that through faith, we have peace with God. This faith is not built on strong human resolve, but rather on God's astonishing love for us, demonstrated through Christ, who died while we were still sinners. It reminds us that we are never alone in our struggles; God's grace exceeds our fears and failures.

The Gospel is taken from St. John 4:5-42, it brings us to the well of Jacob, where Jesus meets the Samaritan woman. Here, we witness a transformative encounter, Jesus seeks her out, breaking social norms and offering her "living water" that quenches her deepest thirst. This living water symbolizes the grace that Jesus freely gives, a gift that brings eternal life and satisfaction to all who believe.

As we journey through Lent, we are invited to acknowledge our thirst, not just for physical sustenance but also for spiritual nourishment.



First Holy Communion – A soft reminder that the next Session will be on 22nd March 2026 (Sunday) at 9:30 am prompt at the School Hall. Make sure that your child will come before the time please.

Confirmation – The 5th session will be on 15th March 2026 (Sunday) 5:30 PM at Founders Room and 6:30 PM Mass at the church.

The Stations of the Cross – Every Friday of Lent after the 6:30 PM Mass.

Lenten Penance Service – will be on 26th March 2026 (Thursday) at 7:30 PM.

St. Patrick's Night Party – will be on Saturday 14th March at 6pm. Tickets on sale for £5 in the Parish Office (Limited Number). Please bring drinks for share table.

Appeal for the Lighting System – Our parish church had made a major repair to the electrical lighting system that costs £40,000. We sincerely appeal for your generous support. Thank you for your kindness and generosity.

Mass Collections (28th February & 1st March 2026) – £1,290 was received in the main collection, and £394 in the second collection for Church Restoration. Thank you for your faithful kindness and wholehearted support.

Mass Times

Vigil Mass: Sat 6.30 pm
Sunday 9.30 am
11.00 am
Spanish Mass 12.30 pm
6.30 pm
Mon to Sat 10am & 6.30 pm

Sacrament of Confession

Saturday 10.45 – 11.15 am
6.00 – 6.30 pm
Mon – Fri 6:15 – 6:30 pm

Parish Office Opening Hrs

Mon – Fri 9am to 5pm
(Lunch from 1.30pm to 2.30pm)

Rosary

Every Wednesday after
10am Mass followed by Tea
in the Founders Room.

- Rosary also held
on Sundays at 3pm
in the Colonnade.

Legion of Mary

Every Tuesday at 7pm in the
Parlour.

Holy Hour

1st Friday of every month after
10am Mass. The hour will include
Rosary, Litany Divine Mercy &
Benediction.

Saints Days

Mon 9th – St. Frances of Rome
Tue 10th – St. Dominic Savio
Wed 11th – St. John Ogilvie
Thu 12th – Bl. Angela Salawa
Fri 13th – St. Leander of Seville
Sat 14th – St. Maximilian



St. Peregrine Mass of Healing

Our next St. Peregrine Mass of
Healing is on 25th March at
6.30pm.

Relic of St. Carlo Acutis

Exposition of this Relic on every
Monday after our 10am Mass.

St. Carlo Acutis, Pray for us.

Direct, O Lord, we pray, the hearts of your faithful, and in your kindness grant your servants this grace: that, abiding in the love of you and their neighbour, they may fulfil the whole of your commands. Through Christ our Lord. AMEN

FIRST READING

A reading from the book of Exodus

17:3-7

In those days: The people thirsted for water, and the people grumbled against Moses and said, 'Why did you bring us up out of Egypt, to kill us and our children and our livestock with thirst?' So Moses cried to the Lord, 'What shall I do with this people? They are almost ready to stone me.' And the Lord said to Moses, 'Pass on before the people, taking with you some of the elders of Israel, and take in your hand the staff with which you struck the Nile, and go. Behold, I will stand before you there on the rock at Horeb, and you shall strike the rock, and water shall come out of it, and the people will drink.' And Moses did so, in the sight of the elders of Israel. And he called the name of the place Massah and Meribah, because of the quarrelling of the people of Israel, and because they tested the Lord by saying, 'Is the Lord among us or not?'



The word of the Lord.
All: Thanks be to God.

RESPONSORIAL

Ps 95(94):1-2. 6-7b. 7c-9. R7c, 8a

R. O that today you would listen to his voice!
'Harden not your hearts.'

1. Come, let us ring out our joy to the Lord; hail the rock who saves us.
Let us come into his presence, giving thanks;
let us hail him with a song of praise. **R**
2. O come; let us bow and bend low.
Let us kneel before the Lord who made us,
for he is our God, and we the people,
the people of his pasture, the flock of his hand. **R**
3. O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your forebears put me to the test;
when they tried me, though they saw my work.' **R**

3rd Sunday of Lent (Year A) 8th March 2026

(For his disciples had gone away into the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask for a drink from me, a woman of Samaria?' (For Jews have no dealings with Samaritans.) Jesus

answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water? Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock.' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life.' The woman said to him, 'Sir, give me this water, so that I will not be thirsty or have to come here to draw water. Sir, I perceive that you are a prophet. Our fathers worshipped on this mountain, but you say that in Jerusalem is the place where people ought to worship.' Jesus said to her, 'Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming — he who is called Christ. When he comes, he will tell us all things.' Jesus said to her, 'I who speak to you am he.'

Many Samaritans from that town believed in him. So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is indeed the Saviour of the world.'



The Gospel of the Lord.

All: Glory to you, Lord, Jesus Christ.

NICENE CREED — See Laudate 479 (205)

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (All bow for following three lines) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the Prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.