JAX
HealthCare Foundation

JAXTALK

A newsletter by JAX HealthCare Foundation

INTERNATIONAL STUDENT ORGANISATION

JAX HEALTHCARE FOUNDATION

About JAX

JAX HealthCare Foundation is a student body including individuals from National and International Universities who are working for the cancer awareness and believe that all people living with cancer have the right to access the best treatment and support. Through personalized access to services, quality training and education, we aim to help the forbearing by providing them with the essentials and work opportunities to live their life with utmost dignity and hope. Our services are global and multifaceted. Our partnerships and associations with numerous industries, non-governmental agencies, health care providers and various cancer organizations across the globe help us support the masses, providing them with effective solutions for access to treatment.

"Our vision is to have a cancer free world and outreach the masses leaving no stone left unturned, especially the poor people who cannot afford the expensive treatment of cancer."

-Akanksha Negi

What is JAX?

J for Juvenescent (Being Youthful)

A for Awareness

X for Xenodochia (Hospitals for Strangers)

The Jax foundation has been founded by Mr. Jitendra Kumar who is currently pursuing MSc in immunology. The founder was deeply touched by the death of a closely related kin, who was diagnosed with Lung Cancer (Bronchogenic Carcinomas). His death struck him very hard as he could not provide any sort of assistance to his family member. He came up with the idea of Jax Healthcare Foundation to cease the suffering of many who were going through similar situations. He approached his friends and together they built the pillars of the foundation. They slowly gathered more people to help them set up the whole Jax Healthcare Foundation. The foundation grew with his hard work and support from the members. The foundation is slowly spreading its roots and will soon turn into an established organization if it progresses at the same pace. The founder gives just one advice to his co -workers never settle and that is just enough to keep up their spirits. Since then we have been organizing events, gathering people to support us in this noble cause. Amity University has been a constant supporter and became the basic platform for us to start and we gathered our volunteers who slowly spread word to other national and international universities.

Contact Us_____

The Jax Foundation is a global non-profit health organization which believes that all people surviving with cancer have the right to access the best medical aid, guidance and support.

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Other Services

HEALTH & EDUCATION

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Our Members

Advisors

- *Dr. NARAYN RISHI (Advisor, Amity University*
- *Dr. Abhishek Srivastava (Prof. Amity University)*

- *Dr. K. Bala (Prof. Amity University)*
- *Dr. Bhaskar Sen Gupta (Heriot-Watt University, ETHOPIA)*
- *Ms. Purnima Anand (President, BRICS Form)*
- *Dr. Devender Toor (Prof. Amity University)*
- *Dr. S.S PAI (Prof. Amity University)*
- *Simeon J. Simoff (Dean, Western Sydney University, Australia)*
- *RAJKUMAR SHARMA (Virat Kohli, Coach)*
- *Dr (Prof.) Rosario Michael Piro (Freie Universität Berlin)*
- *Dr. Balkrishna Jha ((PATNA, High Court Judge)*

Our Student Team

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Sarthak Yadav

Chief Executive Officer

Ms. Nitya Sharma (PhD)

Secretory

Ms. Palak Malhotra (M.Sc.)

Director

Manish Kumar –

Industry

Yash Sharma - R&D

Pleza Rani - HR

Executive Director

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2. **Vijay Bharath - Media**
3. **Tushar Singh - IT and Technical**
4. **Kriti Singhal - Administration**
5. **Mohini Agarwal - Quality Assurance**
6. **Priyanka Gupta- Marketing**
7. **Suhaib Shah - Finance & Fundraising**
8. **Smriti Sikri - R&D**
9. **Arman Farshori -IT and Technical**

Youth Ambassador

Ms. Sushmita Yadav

(Swansea University, U.K)

FOUNDER

JITENDRA KUMAR

OUR ACTIVITIES

- **Hospital Visits**
- **Slum Visits**
- **School Visits**
- **Special School Visits**
- **Blood Donation Camp**
- **Health Awareness Program**
- **Tree Plantation**
- **Women Empowerment**
- **Community Health Checkup Camp**
- **Free Legal Aid Service**
- **Digital skills and Scholarship program**
- **International internship Program**
- **BRICS quiz, Government scheme program**

Hospital Visits

We have been frequently visiting the All India Institute of Medical Sciences (AIIMS) and other such government hospitals, to help the people in need of finance and care for a better live. There have been many instances where we all have gathered donation and have financed the medical procedures for patients lacking it.

The members of JAX Healthcare and foundation have been a part of many different Non-Governmental Organizations (NGOs) where we all collectively try to help the people suffering from Oncology and its treatment.

The foundation itself tries to bring awareness among all by uploading videos and photos of the hospitals visited. This thus helps all of us to be a part of it easily and help a person or two to live a better and healthy life.

Well the journey with JAX continues and so does the opportunities to help one to overcome their troubles in curing themselves. Indeed, we all have contributed to the betterment of many people, and we wish to continue to travel on this path for long. As JAX Healthcare and Foundation is committed to development and cure in all aspects of Cancer and its management, we are more than happy to be a part of the great path of development of human kind taken by the organization.

AIIMS, New Delhi 14/08/16

NAME: Mannu
AGE: 2 yrs
SUFFERING FROM: Leukemia (Blood Cancer)

On our AIIMs Visit, we met many families that can't afford the cancer treatment, one such child is Mannu. She is only two years old and has no idea what is wrong with her. She fell from the stairs and when her parents took her to the doctor they detected cancer.

What is even more heartbreaking is that when we went in to see her she was constantly vomiting out blood and was feeling uneasy.

Punya's story

NAME: Punya
AGE : 5 years old
SUFFERING FROM: Blood Cancer

While we were distributing refreshments to the patients her mother said "we don't need these ,please give them to the more needy ones" so we moved on, then she went to her mother and said "Bhaiya sabko juice de rahe hain, hame nahi milega kya?" so we went up to her and gave her two packets and she gave us the biggest smile and taught us that no matter what the circumstances are we can always find happiness in little things and we should appreciate life's giving's.

Slum Visits

The JAX Foundation has a socio-cultural group called **'Kalpana'** which works towards making this society a brighter and happier place to live in. They arrange monthly medical camps, old clothes donation drives, movie screenings, stage street plays and hold discussions on various diverse topics in slum areas. Just one trip to the slums with them and you'll never be the same.

It's so strange that a place just a few kilometres from our University seems like a completely different world. There is this strange line that divides **US** and **THEM**. The fact that a metro line could even take me to such a place, showing me what disparity actually is and how lucky I am, was astonishing.

A handful of students from DU went down to some slums in **Lalbagh** and helped in setting up a medical camp there. First step into those slums and it was like entering another portal. Sights such as dirty stagnant water, clogged drains, narrow lanes, cramped houses and heaps of garbage welcomed us. Seeing us (maybe we seemed as strange to them as they seemed to us), the residents gathered all around us telling us about their grievances. We tried telling them that we are just a bunch of students who can only try making their voices be heard by the right people.

Water! First problem they talked about was of water. Being the rainy season there was standing water everywhere, spreading all kinds of water borne diseases. People didn't have clean drinking water. The toilets there were in pathetic conditions. Half of them had no doors and the ones that had doors had no latches. Little kids had to go to the roadside public toilets which are equally bad and the one decent looking public toilet in the slums is still locked because of some government problem. The living conditions of the houses were equally bad. A family of six people lived in a cramped room. It was so small that you can't even imagine how six people could possibly fit in there. Down at the Government ration store there was a line of customers all echoing the same complaint about how they are duped by the storekeepers. According to Government rules they are supposed to get 35 kg of wheat but get only 20 kg. Same is the story of rice, sugar and oil rations.

Seeing small kids living in those conditions was heart breaking. When I asked them whether they went to school, they proudly said **yes** and took me to their school. The school was just a small structure and classrooms had no desks. There was no ground for the kids to play in. A liquor shop works right next to the school and on Sundays, when the school is closed, men use the building to play cards and gamble.

Just a few hours in those slums made me feel suffocated. Imagine people spending their whole lives there. We may have criticised **Slumdog Millionaire**, a lot about how it showed just the bad side of India, but aren't we just trying to cover the reality that the bad side does exist? development needs to work on a better level. Government has taken some steps but they need to be implemented well. It's up to people like us to help the poor and voice their laments. It's up to us to blur the lines between US and THEM.

The lives we all live will seem to be much better if you look at the life of a slum dweller. For the record, a slum, as defined by the United Nations agency UN-HABITAT, is a run-down area of a city characterized by substandard housing and squalor and lacking in tenure security. According to the United Nations, the proportion of urban dwellers living in slums decreased from 47 percent to 37 percent in the developing world between 1990 and 2005. However, due to rising population, the number of slum dwellers is rising. One billion people worldwide live in slums and the figure will likely grow to 2 billion by 2030.

India has a whopping 62 million slum dwellers, but it aims to be free of shanties through a slew of schemes such as earmarking of 20 percent of developed land in all housing projects for this category.

Much has been talked and said about slum dwellers, but even today, the slum dwellers are the poorest. The very definition of slums points at the acute drinking water and sanitation crisis for the slum dwellers.

Awareness at Mansarobar slum, Delhi

In the slums of Delhi, polluted by waste, people live in urban poverty but despite their unfavorable living conditions they are rich with happiness, of faith , of love. This is beauty in it's true sense.

There we told children about cancer and it's horrors and made them realise that adopting a healthy lifestyle is so important.
Our visit bought some joy and fun to them and it made them smile.

This visit showed us the closeness of community, and the warmth and hospitality of people with so little.

SLUM VISIT: Everything Has Beauty But Not Everyone Sees It

School Visits

Seeing the schools in Raipur and other villages nearby was the favorite part of my time with JAX. Our school visits were unannounced, like the house visits, so we were able to see a real school day in progress, and we were able to check on the students' progress.

Another reason JAX came to the schools was to see how, if at all, classrooms were utilizing their kits. These kits contain educational resources for mathematics and English classes, such as counting mats and blocks and conversation sheets, that seem as if they should be standard in every classroom – especially the math tools. These are tools that helped me, as a younger student, visualize operations like addition and subtraction. They helped many of us learn when we were starting our primary education, so it made us optimistic to see the students in Mundargi and Kushtagi using the same tools so effectively.

When we initially arrived at the schools, the first thing that I noticed was the resourcefulness. The same resourcefulness that I saw in the residential areas is found in schools; class bells are made from small hammers tied to thick metal trays, small pillows are attached to blackboards by string to create erasers. Making do with what you have is a concept that has grown increasingly rare in countries like the U.S. and big cities, where shortage of resources is rarely felt.

One area where this scarcity is not felt, however, is in style. By this, I mean the uniforms and book bags each student was equipped with, provided by the state government.

A visit to the blind school and interaction with the students.

Ek kadam uske liye, jiski dunia andhere mein guzarti hai.

Blind School Visit

We had gone to this blind school with a motto to inspire these children, and put smiles to their faces but the irony is that they in return lit our faces with 1000 watts of smile and inspired us and taught us how to cherish everything in life.

We spent the day with them, talked to them, danced with them and clicked photos with them as they continued to cheer us up and spread their magic. They picked up all the words of advice rendered by the team to appraise them about importance of healthy lifestyle, cancer and it's causes

They knew that nobody can take their happiness from them.

Jax healthcare foundation has reached a few milestones that we are proud to report. Free healthcare and medical facilities are made available to the underprivileged and poor cancer patients. Further we reached out the goal of helping the cancer patients by providing basic facilities to some extent.

What next for Jax healthcare foundation? With your continued efforts, sky is limit.
The Jax Foundation organizes various events to educate people about cancer and spread awareness. Through the activities of Jax Foundation we try to bridge the gap that exists in cancer public health, education, human resource development, cancer survivor issues etc.

One such event was organised in the slum areas of Mansarovar Park, Delhi. A drama was performed by our volunteers which addressed the topic the hazards of smoking, followed by an active question-answer session with the children and people present there.

Our volunteers also went for various hospital visits to meet the patients suffering from cancer and helped them in every possible way. The foundation has also raised funds for the treatment of patients below the poverty line.

Our Foundation comprises of various departments dealing with office work, cultural events, counselling etc.

We involved different types of support and tasks which was a lot more than charity, which was, a feeling that was felt while helping. We had several ways to help and manage all the duties of a caregiver to help and coordinate with the cancer patients to provide effective care. Caring for a person with cancer seems complex and like too much to cope with at first, depending upon the person's need, the JAX foundation provided different types of support such as, emotional support, help with medical care, assist with financial issues, served as the communicator between the patient and the healthcare team.

Photo Gallery: Community Visit

We should not give up and we should not allow the problem to defeat us.
- Abdul Kalam

A chance to do something for society and awaken your soul and feel great. The joy and satisfaction of bringing smile to others through our organisation.

Registrations Open

TO REGISTER GIVE US A MISS CALL AT: **9555466000**

OR

https://goo.gl/forms/y2PoAGMDkQqfKdAB2

JAX FOUNDATION

Young Entrepreneur

Healthcare & NGO

IT & IVR

Social Awareness

Research & Innovation

Cultural Events

Blood Donation

Marketing & Business

Sport Events

Education & Training

सत्यमेव जयते

BRICS

WEBSITE: jaxhcf.org

Members from Esteemed Universities
University of Oxford, Stanford University, Amity University, King's college London, Insead University, MIT , Hardvard University , Yale University, AIIMS JNU, D.U, BHU, LNMU Boston University , Swansca University , University of Leeds More

Seize Opportunities to Develop
Leadership	Organizational
Communication	Marketing
Management	Team Building
Operational	Engagements
Organization	Skill Development
Resources	Enterpreneurship
Policy Framework	

Skills
Problem Solving	Critical Thinking
Adaptability	Self-Confidence
Collaboration	Multi Tasking
Strong Work Ethic	Leadership
Time Management	Creativity

Opportunities Provided for members
Corporate work & events
Part time work & events
National &International internships
Platform to develop skills
Work experience Certificate
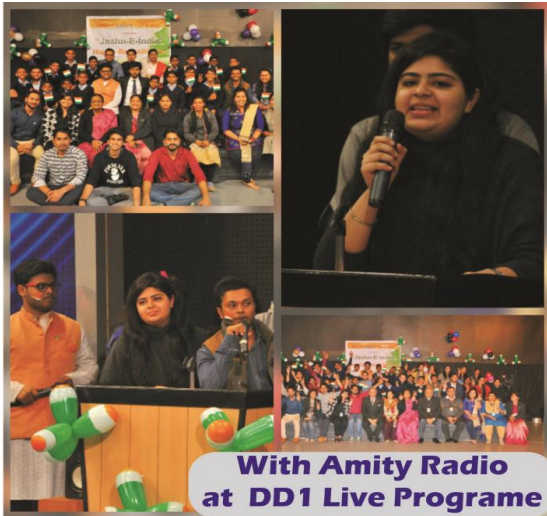Participating & Volunteering Certificate

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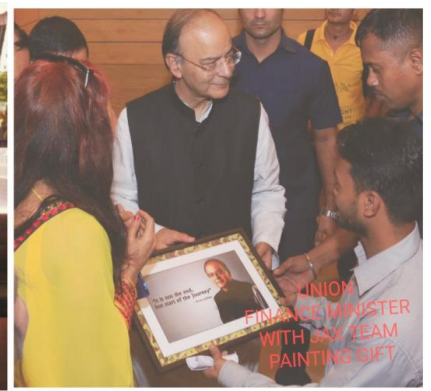
AWARD and FUNCTION

With Amity Radio at DD1 Live Program

vice chancellor of AMITY University with founder of JAX

UNION FINANCE MINISTER WITH JAX TEAM PAINTING GIFT
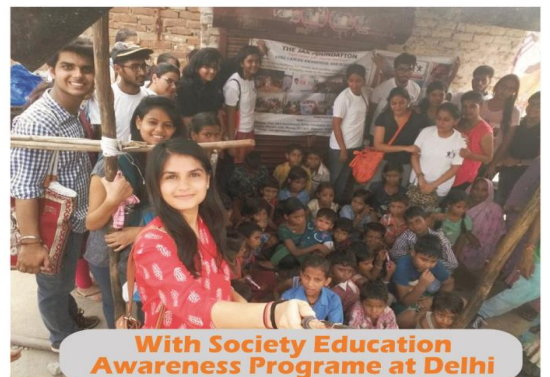

With Blind Students at Delhi

With Society Children Christmas Celebration at Noida

With Society Children Independence Day at Delhi

WELCOME-BRICS SOUTH AFRICA YOUTH PRESIDENT BY JAX

With Society Education Awareness Programe at Delhi

Crusade against cancer

We know there's apathy all around. We know we should do something. But how many of us get around to doing anything? If your emotions echo similar thoughts, time to take a cue from this group of passionate crusaders from AUUP, who have joined hands in the fight against 'cancer' with their non-profit 'JAX Healthcare Foundation'. *Tulika Banerji*, *GT Network* unfolds their heartwarming journey …

The dreaded big 'C' – Cancer – continues to send shivers down the spine, despite medical breakthroughs and widespread awareness. However, the sad truth is, escalating costs and the psychological and physical scars make treatment unaffordable for a large section of people. Spurred by their inherent instinct to reach out to those in need, a bunch of youngsters from Amity University, UP, began with a small group of like-minded volunteers, a group which has today grown into a 100-member strong organisation.

The JAX team at Andh Mahavidyalaya, New Delhi

With cancer patients at AIIMS

Interacting with blind students

Volunteers at Lady Harding Medical College & Hospital

Little steps, big dreams

"When my dad's best friend lost his battle with cancer, my dad was heartbroken and since I'm very close to him, I could feel his pain. That set me thinking; when people with a strong support system find it so difficult to cope, those without any would find it practically impossible to deal with it," shares Pleza Rani, one of the founding members. "That's when we decided to create a support group," chips in founder Jitendra Kumar, adding, "When we floated our idea, we didn't realise how quickly our tiny group of four would burgeon into a 100-member strong foundation!" 'Jax Healthcare Foundation' came into being with the motto of bringing joy and smiles on the faces of cancer patients. But what prompted such an unusual name? "Because we would be dealing with such a depressing disease, we wanted the name of our foundation to be a cheerful one. Hence we chose JAX – J for Juvenescent, A for Awareness and X for Xenodochial," a proud Pleza informs. "Jax Healthcare Foundation strongly believes that all people living with cancer have the right to the best treatment and support," apprises Pushmeet Kaur, another member of the team.

Mission and vision

With the vision to work towards a cancer free world and reach out to the underprivileged who cannot afford the expensive treatment of cancer, the mission of JAX is to generate awareness, identification of cancer patients, providing pre-eminent medical aid and facilitating guidance and counselling at all levels.

What JAX does

Sometimes, a helping hand is all it takes to save a life. Jitendra explains, "Through personalised access to services, quality training and education, JAX aims to provide the needy with essentials and work opportunities to live their life with dignity and hope." In the six months of their existence, the enterprising team has conducted several workshops at rehabilitation centres, collected funds worth Rs 50,000 and reached out to many patients at AIIMS, Andh Mahavishwavidyala, Lady Harding Medical College, etc.

Expanding network

The foundation's partnerships and associations with industries, non-governmental agencies, health care providers and cancer organizations across the globe helps them to provide effective solutions for access to treatment. JAX Global Network Partners include students, cancer foundations, research institutes, government and corporates, hospitals, etc. Its association entails participations of students from fields like biotechnology, pharmaceuticals, medical, etc.

Core members

Jitendra Kumar (Founder), Manish Kumar, Pleza Rani, Kriti Singhal, Sarthak Yadav, Armaan Farshori, Nitya Sharma, Pushmeet Kaur, Suhaib Shah, Priyanka Gupta, Somya Aggarwal, Erlina Thomas, Mohini Aggarwal, Mohana Shukla, Lovely Gupta, Tushar Singh, Ridhima Wadhwa, Yash Sharma, Kartik Tomar, Drepti Danielle Lawrence, Monis Khan, Natasha Khan, Arpit Vijay, Sanchi Kathpal, Sahil Makhwane, Shaifali Masand, Tripti Bansal, Avradeep Biswas & Palak Malhotra