

# 2025 East Coast Regional Mid-Year Meeting

February 07-09, 2025 Virginia Beach, VA Hosted by FRA Branch 99 and LAFRA Unit 99



Holiday Inn® Virginia Beach Norfolk hotel offers an upscale experience & a central location. Our hotel's guests in Virginia Beach are 12 miles from the beaches of Virginia, five miles from Norfolk International Airport & downtown Norfolk, VA.

Our hotel's guests can shop in Virginia Beach Town Center, see a free outdoor concert, or catch a performance at the Sandler Center. Topgolf Virginia Beach, Princess Anne Athletic Complex, Hampton Roads Soccer Complex & US Field Hockey Center are nearby.

Are we heading to the area for government travel? Naval Station Norfolk, Little Creek Amphibious Naval Base, Fort Story & NAS Oceana are nearby. Corporate guests like being near Interstate Corporate Center, Sentara Leigh & Norfolk International Airport. Our

hotel's complimentary airport shuttle is available daily fi om 5 am to midnight. Free Wi-Fi access, a complimentary high-tech Business Center, a 24-Hour Corner Market & 22,000 sq ft ofbanquet & meeting space make us the best choice for conference, meeting, event, and wedding planners.

From a soaring six-story atrium lobby with a welcoming stone fireplace & water features to the cool BLU Bar, our hotel's guests in Virginia Beach enjoy the latest hospitality trends. Visit Ashley's Bistro for full-service dining. Recharge in our Fitness Center & relax at our outdoor pool.

Holiday Inn Virginia Beach- Norfolk Hotel & Conferance Center 5655 Greenwich Road •Virginia Beach, VA 23462•Tel: (757) 499-4400•Fax: (757) 226-9155

Website: www.hivabeachnorfolk.com

Book your room online or call 800-567-3856. Group booking code is FRA.

Fleet Reserve Association

## Room Rates: \$99.00 plus tax per night

The above room rates are subject to a 15% sales tax plus \$2.00 per night per room lodging tax in effect at check-in time. Hotel check-in is after 3:00 p.m. and check-out time is 12:00 p.m

### The Reservation Deadline is January 08, 2025

#### Schedule of events:

Friday, February 07, 2025 – Hospitality Room (1800)
Saturday, February 08, 2025 - Regional Meetings (0900) (As Scheduled by RPEC FRA/LAFRA)

- Dinner (1800) (on your own)
- Hospitality Room (1800-2300)

### Hospitality Room Friday and Saturday





HOLIDAY INN VIRGINIA BEACH - NORFOLK

# **Dining**

Enjoy breakfast, lunch, and dinner in Ashley's Bistro and Lounge at the Holiday Inn Virginia Beach - Norfolk Hotel & Conference

Center, or kick back and unwind in our famous BLU Lobby Bar! Both offer dinner and happy hour specials during the workweek!







Breakfast
Start the morning with our breakfast served daily, featuring a range of delicious hot and cold items sure to please everyone.

Call +1-757-4994400





### The Corner Bar and Grill

Greenwich Corner Bar and Grill Cuisine: american

Location: Lobby Level

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Restaurant phone: 1-757-4976345

Greenwich Corner Bar and Grill serves breakfast and dinner daily. Our warm décor creates a relaxing atmosphere and our delectable menu offers the perfect choices. Greenwich Corner Bar and Grill is open for breakfast Monday through Friday from 6:30am to 10:00am and Saturday and Sunday's from 7am to 10:30am. Dinner hours vary. We are not open for Lunch service.

**BLU Bar** 

Location: Hotel Lobby

Bar phone: 1-757-4994400(790)

BLU Bar is the perfect place to end your day! This unique lobby bar & lounge provides the perfect contemporary atmosphere for cocktails & conversation, with bar seating, a lounge with tables and comfortable chairs and a large upper level mezzanine. Make sure you ask about our BLU Plate Specials! Before heading to your room relax and unwind with us at BLU Bar located in the hotel lobby and opened daily from 4PM - 9PM!





